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*Not recommended for readers
below the age of fifteen*

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Introduction

Thanks to “Master of the Universe” for originally creating the Boot Camp, so that we all have a hope and a future in our success with women.

Editor: *Nicholas Hill*, me, who spent ages making all of this look nice and readable. If you like this book and appreciate all of the effort I have invested, then I take payment in terms of hot blondes. That’s a lot of blondes.

Articles: written by those named.

Course content: Mainly written by *Master of the Universe*. Remaining weeks created by *Walden*.

Last updated: December 2005, to fix errors

All articles written on the forums belong to *sosuave and its community*, and hence, this book belongs to *sosuave*. Legal problems? Talk to *sosuave*. (That’s a joke, by the way).

Dedicated to Walden whose effort inspired me to make it easier to follow the Boot Camp.

<http://www.sosuave.net/forum/showthread.php?s=&threadid=30105>

The best free resource for desperate guys, on the entire planet:

<http://www.sosuave.com>

Sosuave Forum

<http://www.sosuave.net>

The best of the best, categorised into sections on a single page:

<http://www.jbspencer.com/djb/>

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New material for 2006

Nicholas Hill, writes:

Well, guys, it has been a few years since the first version of this document!

Since then, many people have started and continued the tradition of starting boot camps all over the world. I even sense that there have been some ideas stolen for commercial purposes, but it would be silly to pay for a course that you can get for free, right here.

I have found and corrected several spelling mistakes, but more importantly, every link to source material should now work. All the .com's were changed to .net's, and vBulletin's changed to forum's.

This is a large book and significant work has gone into it to make sure it doesn't resemble the work of a commoner. You know what I mean, shorthand, bad grammar, awful spelling, and stuff that simply doesn't make sense. All of those things were painstakingly fixed for each and every included article.

Good luck in your endeavours,

Nicholas Hill
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Following the course

Nicholas Hill, writes:

"Master of the Universes"" text runs throughout this book. I have taken the liberty to insert the actual reference articles as part of each "week", correcting countless spelling and grammatical errors as the process continued. Someday, all DJs will learn how to spell.

His structure is pretty simple, MotU first of all discusses the prospect of setting up such a course, and you can read all about this in the following chapters. There are a total of eight weeks. Each week, you should read the next chapter and do the exercises. You'll have a hard time, but we all guarantee that if you complete it, you'll have the time of your life from that point on. For inspiration, read the following post, all of it, if possible:

<http://www.sosuave.net/forum/showthread.php?s=&threadid=30105>
(There's your inspiration.)

Once you have completed a week, or achieved something wonderful, report it to the "Response thread". The response thread is a place where you can log your success. Now, this is a list of terminology I will use:

DJ boot camp for the next week

Anything I, Nicholas Hill, want to say, will normally be included in these boxes. For each week, there is a box like this just before you start reading the course content.

General introduction

Master of the Universe will speak to you before you take part in the exercises. This part is his general introduction to the week in question.

Reading material

Article name

Description of article, and its source

Contents of the article

A quote in this article

Resuming the article

...etc, for all of the articles in this lesson

Music Picks

A list of selected songs for you to listen to before you perform the exercises.

Exercises

One or more actual, physical exercises you are expected to do. Failure to do these would nullify the entire point of the Boot Camp!

Original proposal – Classes starting soon!

The following text was written by *Master of the Universe*. I took the liberty to fix minor errors and reformat the article, as I did for all others.

Fellow DJs, as I stare at my computer finishing up my taxes before the midnight deadline (hmm.... Maybe an extension is in order... oh well), I had what I consider to be a divine inspiration.

Let me start from the beginning... Four months ago when I first came to this board, I was as AFC as an AFC can be (let's see, last date I was on before I came to this site, not only did I get the girl a teddy bear, but also red roses... On a first date! The next morning I had an e-mail from her telling me she wants to be friends).

But after digesting all the posts, and the holy *DJ Bible*... I finally understood all of my past mistakes, and how to become a DJ.

The only problem of course (and one that I've been noticing a lot of newbies, and not-so-newbies, making), is that it's one thing to know what to do, and another thing all together to actually **do** it.

So I made a curriculum for myself. Basically, I created an eight-week program based on the *DJ Bible* and a couple of other resources that would take me from nothing at all, to becoming the DJ that I've always wanted to become.

Now, one thing about me is that when I decide to do something, I go all the way. So I intentionally made my curriculum difficult, yet realistic. In essence, it was designed to get me to get way outside of my comfort zone.

After implementing my program for four weeks, I managed to acquire approximately 50 phone numbers, had two girls I was dating on a regular basis whom were giving me flowers, sending me gifts, and basically head-over-heels for me, and going out on dates on a more-or-less regular basis.

But even more importantly than that, was the fact that I was proud of the man in the mirror. I was becoming whom I wanted to be. Plus, it didn't take long before my reputation as a lady's man got around. Pretty soon, female friends and acquaintances were introducing me to their female friends, and everything was building upon itself. My confidence increased, I had more fun and excitement, and life was good.

The only thing though, was that after the four-week mark, I stopped following my program. I told myself that I was too busy with work (I work 70-80 hours/week). The truth though was that I had gotten too satisfied with the results, and became lazy.

Now, here's the idea I had...

If other members on this board are interested, I would be willing to put my program on the board, so that the rookies and the reforming AFC can implement it, and also become the DJs that they have the potential to become.

And I'm not going to lie... One of my motivations for creating this online DJ class is that it will force me to participate all the way to the eight-point mark.

Here are the basic items that will be covered...

- 1) Developing and conveying confidence
- 2) Becoming comfortable with talking to just about anyone... In just about any situation
- 3) Approaching girls
- 4) Acquiring phone numbers / closing for dates
- 5) What to do on initial dates (1-3 dates)
- 6) Increasing a girl's interest level
- 7) Becoming an Alpha Male... The guy everyone wants to hang around
- 8) Getting the girl into bed (maybe... haven't decided on this yet)

During this eight week program, the premise will be that participants will be able to actually see results in their lives, since the curriculum is based only 20% on reading or written material, and 80% on actually going into the field and doing "homework".

So here's the deal...

If I get ten members on this board tentatively agree to participate in this eight-week program, then in the next couple of days I will post a syllabus of what each week will cover. Then on each Saturday or Sunday, I will post the project(s) for the week.

During that week, it is the responsibility of all those who agreed to partake of this program (after tentatively agreeing to this post, and giving their ironclad promise to participate once they have seen the detailed syllabus), to post their results on the board, as well as to offer feedback to the other participants going through the program.

The culmination of this crash-course would be to go out into a social situation (several choices will be offered), create social proof even if you were to go by yourself, and become the guy that all the girls want to be around... And giving you the choice to select the girl(s) you want.

So what is the investment for participating in this program?

It is twofold...

- 1) You must actually follow through! I will tell you upfront that this will take you well out of your comfort zone, and will probably require an investment of 5-20 hours per week for you to accomplish the goals set for each week.
- 2) You must post a minimum of once a week detailing the results (good or bad) that you experienced while completing the weekly project. Your post should be detailed enough that we can all make suggestions to help you in the future (if results were not favourable), or if positive, it should be detailed enough so that the rest of the students understand exactly what you did so that they too can achieve similar results in similar situations.

Now, will this be guaranteed to work? Absolutely not! In fact, nothing will.

With that being said, I personally can't think of a better method for someone to actually be able to implement the DJ principals on this site, and to achieve the DJ goals they desire.

Plus, since all those participating will be working on similar aspects of their DJ training, we will be able to support each other, and look at the whole thing as a fun learning experience. In fact, I'm willing to bet we'll be as excited to tell each other how badly we bombed as telling each other how successful we were (well, almost as excited anyway).

So here's my challenge... I'm looking for ten guys who want to become the DJs they always knew they could become, if they only had a road map to follow. And this challenge isn't only to new guys, but also to DJs that have been around here for a long while. This crash-course is going to cover many aspects of becoming a DJ, so even if you are a Master or GrandMaster DJ, at least you will be able to brush up on many of your skills while helping those on the program that are just getting started.

Okay, here's the deal. If you are tentatively interested in joining this program, then post a message to this thread letting me know your intentions. If there is sufficient interest, then I will post the syllabus in the next couple of days, and based on that you can make your final determination as to your interest in participating.

Master of the Universe

P.S. Some might think that they can just follow the program without agreeing to participate or posting their results... I can almost guarantee that these guys will not follow through to the end of this program. So if you want to achieve results, you must be willing to make the commitment.

The above text and all respective responses can be viewed in its entirety here:
<http://www.sosuave.net/forum/showthread.php?s=&threadid=13639>

Course Description (class is now in session)

Once again, written by *Master of the Universe*. Its great to leave the original description as it is. Much like the previous chapter, this was taken from the messaging board. You can view the original copy and all responses here: <http://www.sosuave.net/forum/showthread.php?s=&threadid=12802>

Without a doubt, the knowledge contained within this board, and particularly within the *DJ Bible* is simply incredible. I know that personally, I have been able to acquire the necessary information to become a DJ... but as many here would tend to agree, knowledge is only half the battle.

In fact, the more difficult (and more important) aspects to becoming a DJ is to actually go out into the real world and put into action all that we learned from the *DJ Bible*.

However, this is the step where many people falter. I know I did at one time or another... and from looking at numerous posts on this site, I know that I am not alone.

To help myself out, I decided to create an eight week crash-course based on the *DJ Bible* and a couple of other resources that would force me to put into action what I had learned.

The results: after going through my program for four weeks, I was able to acquire approximately 50 phone numbers, go out on many dates, and am now dating two girls on a regular basis, and whom are head over feet about me.

Unfortunately, I became too sated with my results, and became lazy after the four-week point.

At this point, I posted a thread on this site offering to share my eight-week program, and there were many interested members. As such, here is the course outline for the DJ Boot Camp... Eight Weeks That Will Change Your Life (what can I say, I'm a marketing guy... sometimes I can't help my headlines!)

DJ Boot Camp - Overview

The purpose of this intense eight-week program is to take a reforming average frustrated chump (RAFC) and turn him into a DJ.

Stages of DJ development:

WBAFC (Way below the average. As bad as you can get)

BAFC (Below average. Normally, WBs become Bs before becoming even "average")

AFC (Average Frustrated Chump)

RAFC (Recovering AFC, a person who realises he has a problem and is taking steps to remedy the situation)

DJ (Person who can "switch on" his confidence and talk to girls in most contexts and gets what he wants as a man.)

MDJ (Master Don Juan. Someone who is really good at it.)

Normally, this is a process that can take months or even years, so in order to compress this into a period of eight weeks, the participants must be willing to put their ego, fear, and habits aside, and be willing to go well beyond their normal comfort zones.

However, the possible rewards do outweigh the negatives. Imagine the wonderful feeling of no longer fearing approaching girls, knowing that you can start a conversation with her, get her number, and start dating her. No longer do you have to wonder why all your friends are getting all the girls, while you're just getting the short-end of the stick.

With that being said, however, I would like to give constructive notice that this is a live experiment. I cannot guarantee any results... all I know is that if you go through this Boot Camp, you will experience a truly memorable experience... and a wonderful opportunity to grow... regardless of results.

Another point that I would like to mention is that the purpose of this Boot Camp is to turn you into a *Don Juan*, and not necessarily a *Pick Up Artist*.

In my mind, at least, there is a big difference between the two. A *pickup artist*, by definition, is someone who has become an expert in picking up women, often by memorizing lines and scripts, and can usually get a girl in bed within a couple of dates, or else moves on.

In itself, I think being a pickup artist is much more desirable than being an AFC. But to me, being a DJ is much more than this. A DJ is a state of mind where you learn to control and eliminate negative emotions which serve no purpose, such as fear and worry (in most cases).

A DJ should be in control of himself and whatever situation he finds himself in. A perfect example would be James Bond. You never see James Bond wasting all his time getting girls... He has a lot more important things in his life (like saving the world!) YET, he always gets the girl!

In essence, a DJ has a handle on all parts of his life, among which are women.

But since what most of us feel they need to work on is their abilities to get girls, that is what this Boot Camp will be geared towards. However, the focus will not be on memorizing scripts or lines, but rather to develop your innate DJ capabilities, so that no matter what life throws at you... whether it be girls, business, etc., you will confidently rise to the challenge.

A DJ should be able to have a complete life... the ideal career, hobbies, relationship with family, and finally women. But since most of us wish to better handle the women situation, which is what the DJ Boot Camp is based on.

DJ Boot Camp - Procedures

During each of these eight weeks, a new lesson will be posted once each Saturday or Sunday, to its own separate thread (the first one will be posted this weekend).

The DJ boot camp originally took place on a forum. We recommend you start each lesson on a **Thursday** night and work until the following Thursday, then continue. The reason for starting on Thursday is so that you can gear yourself up for a Friday night if you wish, as well as the weekend. You would not immediately be forced into trying this stuff this way, as the weekend has not yet arrived, you get a bit of breathing room.

Each lesson will have two parts. The first part will be reading. This will be mostly posts from the *DJ Bible*. In the first few weeks, there will be approximately 2-3 hours worth of reading material per week. Even if you have read the *DJ Bible* ten times, you must read the required reading material as posted in the lesson, as it must be fresh in your mind when you are going through these lessons. Later on, the reading material will be about one hour per week.

The second part of this *Boot Camp*, and where this Boot Camp really stands out, is in the field exercises. Each week there will be different exercises that you will perform... out there in the real world.

The mentality you want to acquire is that this is an experiment. The whole purpose is just to complete the exercises while having fun, results are irrelevant... with the exception that you need to keep track of your progress (maybe by carrying around a pen and a pocket notepad and jotting down results), and post them to the thread dealing with that week's lesson.

And while you are encouraged to post interesting results - positive or negative, as you go through the lesson, it is your commitment to post final results no later than Sunday of each week for the preceding

week (e.g. If a lesson was started on Sunday, the 7th, then you must complete it and post results no later than Sunday the 14th).

From there, all participants will be able to share constructive criticism based on the results we have achieved, and to give each other suggestions for better results in the future. And of course in cases where you might have done a fantastic job, it's nice to toot your own horn once in a while!

Website addresses will be provided so that you can attach your results. When this book was finished, eight new threads were created, so when you post (after registering, of course), you can see other peoples' results.

DJ Boot Camp - Weekly lessons

Okay, this is the part most of you have been waiting for... what the hell do we have to do during these lessons?

Week #1 - Developing / Conveying Confidence

We all know that confidence is king when it comes to getting girls, and just about everything else in life... but how the heck do we become confident, and equally importantly, how do we convey confidence?

Well, besides some wonderful reading, exercises during this lesson include two, one-hour outings with the purpose of learning to establish and maintain eye contact (probably the number one way to display confidence) plus saying a brief hello to 50 strangers (girls, guys, old, young... don't matter).

- Expected time to complete reading and exercises: 5 - 10 Hours

Week #2 - Initiating Conversations with Strangers

In lesson 1, we learned how to convey confidence and approach strangers with a simple hi... Now we will practice small conversations (2-10 minutes) with ten strangers.

- Expected time to complete reading and exercises: 3 - 7 Hours

Week #3 - Approaching and Initiating Conversations with Girls

OK, during lessons 1 and 2, we got practice approaching and initiating conversations with strangers. By now your attitude and confidence have most likely improved, and you are now ready to approach girls you would like to date. The goal here is not to get their number, but rather to maintain a friendly 2 - 10 minute conversation with ten girls whom are strangers to you.

- Expected time to complete reading and exercises: 3 - 10 Hours

Week #4 - Handling Objections and Dealing with Rejections

Just like in certain martial art disciplines, where practitioners dig their hands through heated sand in order to build calluses and to kill off pain receptors on their hands, so too must we learn to build calluses against rejection and to stop rejections from causing us emotional pain.

As such, the purpose of this lesson is to go out, approach girls, and close for the phone numbers. But instead of the goal being to acquire the numbers, the goal is to actually collect a total of ten rejections.

After this lesson, you will have become immune to rejections, plus you will learn the difference between rejections and objections (and how to overcome objections).

This will be a long lesson, simply because, believe it or not, it is not easy to get rejected ten times, at least not without acquiring plenty of phone numbers in the process.

- Expected time to complete reading and exercises: 10 - 20 Hours

Week #5 - Setting Up Initial Date / What To Do On First Date

So now we have a pool of phone numbers that we acquired in lesson 4, now we experiment with different approaches to closing them on the phone and setting up dates. Plus, we will discuss what to do and not do on the first date so that to maintain a DJ persona, and to increase the girls' interest levels in us.

Based on the number of phone numbers you have acquired in lesson 4, you'll probably end up going on a couple of dates at this point.

Also, if you have less than ten phone numbers that are in the woodwork (e.g., girls that you haven't Nexted for blowing you off, or you are not interested in), then you will work on acquiring phone numbers. From this point on, until you have finished this Boot Camp, you will work on maintaining a minimum of ten active phone numbers (not necessarily dating ten girls, which would be too stressful in my opinion, but rather have their numbers but have not ruled them out yet).

- Expected time to complete reading and exercises: 5 - 15 Hours

Week #6 - Setting Up Subsequent Dates / Increasing Interest Level

At this point in the Boot Camp, you will have acquired phone numbers and went out on first dates. Now, you will learn to set up a subsequent dates, and learn what to do and not do on the second dates, plus ways to increase her interest level in you.

And if you have not done a kiss close in the first date, you will be doing it on this date. You'll also work on building up the kinesthetics from previous encounters, etc.

- Expected time to complete reading and exercises: 5 - 15 Hours

Week #7 - Building up Intimacy

I said intimacy, not romance. Romance is for relationships, intimacy is for building attraction.

At this point, you have already kiss closed the girls you are dating, and maybe even dropped one or two that you were not interested in. The fortunate remaining ones get to be rewarded with more kissing, and a move up on the intimate level.

Also, activities include trying out more date options, so as to help you determine where you enjoy going on dates. And if you happen to have dropped (or been dropped by) too many girls, you may need to go into the field and acquire more phone number, which by now is a much easier goal to achieve.

- Expected time to complete reading and exercises: 5 - 20 Hours

Week #8 - Becoming the Alpha Male

Alright... You've come a long way baby! You got out of your cocoon, developed and conveyed confidence, learned to approach and talk to strangers... you've initiated conversations with girls, got their numbers, and went out on dates! Wow!!!

Now it's time for the real test of a DJ. In this final lesson, your goal will be to go into a social situation, such as a party, wedding, meeting, club, etc., and become the dominant male.

You no longer have a fear of rejection, you are at ease approaching people, so the final aspect now is to put it all together and dominate the place!

- Expected time to complete reading and exercises: 10 - 20 Hours

DJ Boot Camp - Commitment

Well, now you know the basic outline for the DJ Boot Camp... the question is... are **you** ready to participate?

If you are ready to take charge of your DJ life, then post your commitment today!

The only condition that I have is that once you commit, you must go through every lesson in this Boot Camp. You cannot skip any (including the reading material, even if you've already read the *DJ Bible* in the past).

Plus, you must post your results on a timely basis, so that we all may be on the same level and learn from each other.

Well guys, here is the program... Who's in?

Master of the Universe

P.S. This invitation is not only for newbies, but also for Master DJs... We need to have a control group for this experiment, so I'm hoping advanced DJs will also participate and offer input to the participants of this Boot Camp.

DJ Boot Camp - Week #1

Theme: Developing and Conveying Confidence

Number of reading articles: 7

Number of music picks: 5

Number of exercises: 2

Response thread: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35201>

Introduction to week 1

All right recruits, as your Drill Sergeant, I want to welcome you to the DJ Boot Camp. For the next eight weeks, you will be official property of the *Don Juan Center*. You will be undergoing intense, highly effective, drills and exercises that will have you becoming the DJ you've always wanted to be.

Okay, let's begin...

During this first week, we will work on establishing the foundation for our inner DJ personas. And the foundation for this is creating and conveying confidence. Fortunately for us, confidence is not something you are born with, but rather a skill that anyone, willing to put in the effort, can develop.

Like all Boot Camp lessons, there are two parts to this week's lesson. The first part is the reading material, and the second part is the exercises. It is recommended that you read the articles first, and perform the exercises afterwards, since in many cases the exercises utilise ideas and strategies discussed in the reading material.

Purpose of this lesson: Our goal for this week is to initiate the process of developing confidence, and work on methods for conveying confidence (direct eye contact and saying Hi to strangers).

Reading material

Article 1 - Lazy = Masturbation (by bondjamesbond)

The title says it all. Read to find out the mentality between those who are lazy and complain... and those who go out and actually do something (like all of us for going through this Boot Camp)!

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16192>

Since today is Labour Day, I think a few words might be in order regarding the pathetic lack of effort some of you (and you know who you are) are guilty of where it concerns meeting new women.

You say you want to meet girls. OK. But how hard do you try? I mean **really** try? I believe some of you approach maybe one to two girls a month, get blown off, get discouraged, go home and pout about it, then beat your meat. Do you honestly expect any success for being so lazy?

People that are good at things are dedicated to being the best. They're constantly looking for improvements. Take Tiger Woods.... Do you think he just got up one day and discovered that he had a great golf swing? Not hardly! The kid eats, drinks, and sleeps golf. He hits over a thousand balls a day in practice. His dedication has paid off.... He's the best there is! Eddie Van Halen once told someone that he went to bed with his guitar so he could start playing it as soon as he woke up. I could go on and on, but I think you get the drift.

Meeting women is no different; it takes work, dedication, and patience to get results.

Most of you don't want to disrupt your "balance". You get up, go to work/school, come home, get on the PC or watch TV, eat some dinner, go for a stroll at a mall, never approach anybody, go back home, get a shower, then go to bed with Miss Rosey Palm.

Does this sound like you? If so, then don't complain about being so alone. It's your own fault!

There was a time during my twenties when I approached over **one hundred** women a month! I didn't spend my spare time doing nothing, I wouldn't go to one store a day, I'd go to thirty! I loved it! Every second of it! Hell, even getting blown off was fun, as I'd get with my buddies later and swap "war stories" with them. We'd laugh our as*es off!

I loved going out with / banging multiple chicks at the same time. I think all young guys should. When I met my (future) wife I was seeing something like six different girls!

Unless you live in some remote wilderness, you have no excuse. Available women aren't going to come to your door, you have to get out there and find them!

Remember guys, someday a nursing home attendant is going to have to help you get up to take a pi*s so go have a blast while you're young!!

Article 2 - Be a Man (by Pook)

What can I say about this post that hasn't been said before? Simply put... it's a work of art! This is the post that probably turned my whole foundation around when it came to becoming the DJ I always wanted to be. A definite must read as you begin your Boot Camp training!

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16903>

There is a prize to the person who correctly answers this question, "What is a Man?". When asked what they want in a guy, women say simply, "**a man!**" But, alas! Real men are becoming more and more sparse these days. Women are tired of the sensitive wimps who have no backbones. One woman even wrote a song about the subject, "Where have all the cowboys gone?"

So what is a Man? How should he act? Decades and centuries ago, the question was nonsense. But today in our feminised culture (this may be more in America than in other countries), most of us have been raised to believe that there is something inherently wrong with being a man and acting the way how a man should act. No wonder males don't know how to act around women! No wonder websites like these exist!

Indeed, I embarked on this mystery to find out the answer to this question. Several women were bunched up in a group, gossiping and yapping about cute boys, fashion, relationships ie nothing. This behaviour extends to all women of all cultures (and also different animal species. Cows group together and moo and gnaw on grass and take notice of bulls brave enough to approach the group).

I approach. *"How are you, ladies!! I am the Pook."*

A woman squeals. *"Oh! It's a Pook!"* The others squeal in unison.

Once the ladies calm themselves after being in the presence of a Pook, I ask them, *"Ladies! Do tell me, what do you define as a Man?"*

With devilish tongues, the women answer:

"A Man is someone sensitive to me."

"A Man is the guy who will take care of my needs."

"A Man is the one that is in tune with my feelings."

"A Man is one who doesn't have an ego."

"A Man is the guy who will sit and watch chick flicks all day with me."

"A Man is the guy who will go shopping with me."

"A Man is the guy who will share all his feelings with me."

Such are the common answers! The males listen and actualise what the women say. They are constantly declared 'sweet' and 'wonderful' and 'nice', oh 'so nice'. Mothers and older women are proud of them and tell them, *"If I were younger, I would go for you!"*

Poor Nice Guy! The women his own age avoid him like the plague and jump for the jerks. The Nice Guy becomes an emotional tampon to be used and discarded. The Nice Guy, being so nice and sweet, listens to the woman vomit her feelings about men and bleed her problems of her boyfriend on him. He listens with baited hope when he hears, *"Oh, why can't guys be like you! You listen and understand."* Then she turns around and gets abused by another jerk! The vicious cycle repeats again and again.

Why are women acting in this way?

They are simply acting as women do, as in their nature. The problem is not with them, it is with guys. We are afraid to embrace **our** nature, that of being a Man. Being in a culture that sees Manhood as predatory and oppressive and uncouth, we cover it up within

ourselves. By doing so, we hide our sexuality. (Sexuality! Do I mean rock hard abs and rippling muscles? That is not what women find sexy [it's a contributing factor, not the core]. A type of **personality** is what women are looking for. Someone they can depend on [has backbone], someone who will be successful [has ambition], and someone who is decisive [has charge]. Nice guys have no backbone because they think women are frail things that will break in confrontation; nice guys reveal no ambition because they fear being seen as arrogant to women; nice guys are afraid to be decisive for fear of being seen as 'oppressive'.)

Two poles of thought men drift into: the Nice Guy and the Jerk. Both blame the other.

"*You ruin the women with your lack of commitment and unappreciative nature,*" says the Nice Guy.

"*You spoil the women with your endless listening ear and stupid caring attitude,*" replies the Jerk.

The two endlessly war. Those on the sidelines have their own conclusions. One side says, "*The Jerk is the way to go. Ceaseless sex! Evolution demands it.*" The other side says, "*The Nice Guy is the way to go. Glorious relationship! Society demands it.*"

But the two still argue.

"*You cause the women to think they are in control,*" says the Jerk.

"*Ahh, but you cause the women to think all men are scum,*" replies the Nice Guy.

Is there not an end to the Nice Guy vs. Jerk debate? Are these the only choices?

The Cycle

The Nice Guy emerges. He is tenderised and wants to shout in every woman's ear "*I will not abuse you. I am sweet and good. Based on that alone you should date me.*" When the Nice Guy talks to the girl on a date, *poof*, the date turns into Oprah. "*Oh, my life has been SO downhill from here,*" the Nice Guy whines. "*My little girly car was slashed, I failed my classes, but because of you this day has been so much better.*" Then the Nice Guy goes, "*Let me tell you my life story. My birth was long, hard, and painful for my mother...*" Our culture has become so feminised that the Nice Guy thinks it is proper to vomit his feelings and emotions all over the place. (It's gross!) Women, rightfully, run for the hills when they hear your declarations of love.

The Metamorphosis comes. The Nice Guy eventually realises what all the ladies want, becomes bitter, and changes himself into a Jerk. His goal now is to sleep with as many women as possible and figure out all the tricks and tactics to do so. He focuses on calculation rather than natural joy. When a woman comes, he pulls out a chart of all the 'moves' and 'tactics' with arrows and patterns. He unleashes his laptop, accesses a Lay Guide, and reviews his strategy. Time passes and once was fun becomes meaningless.

Back to being nice. He sees it now as turning on Nice Guy or turning on Jerk. "Why can't I just be myself!?" he soon thunders at Reality.

Just be a Man! There is no need to reprogram yourself. You will have the interests you have, the hobbies you have, the body you have, but you can easily become a MAN. It is all simply in how you think and as you think you shall become. But what is Man? Shall we have the answer? Here it is:

A Man is a guy who is not scared of his testosterone!

A Man follows the passion in his life. Passion of women? Of course not. A Man has goals and desires that go above that of chasing chicks. After childhood, there are **true** winners and losers in life. A Man desires to be the winner. A Man **wants** to win in what he does. Because of his passion, a Man can sometimes come off as arrogant and egotistical. He does not apologise for this or for his desires.

"*It is your actions that cause the disgrace of Men,*" says the Nice Guy.

"*It is yours,*" replies the Jerk.

No, gentlemen, the disgrace of men is in not embracing your true nature: following your passion and, thus, loving life. Women are to enhance your life, not to be your life. So to the Nice Guy, stop placing your happiness on getting a girlfriend. To the Jerk, quit wasting your life on seduction. Don't **spend** your time chasing girls; **invest** it by putting it into your interests and desires, thus the whole of your life.

When you do this, all of a sudden you have what every woman wants: Ambition, charge, decisiveness, backbone, kindness, stableness, and confidence.

I want you to read what a women posted as what SHE thought was a great guy. (Focus on what I put in **bold**)

"Qualifications of a great guy"

1) Physical

A bit athletic so he's in shape and a good complexion (If he can help it). **Very focused, intelligent eyes** that pay attention to whoever deserves it. Hair that can be tossed, and a relaxed, but tidy wardrobe.

2) Emotional

His attitude has got to be mostly **deterministic and level-headed**. If crappy stuff happens to him...he should roll with the punches and **learn** from it. If he ends up doing crappy stuff then he should get up, brush off and **be a better guy** the next time round.

* **He must also have deep convictions: he should NEVER give up his ideals or morals for anything.**

* I know it sounds cheesy, but he must be **respectful** to his mother (it reflects character)...even if she is witchy like some moms these days.

* And of course: sense of humour, artistic, and an awesome boyfriend.

3) Social

A great guy is the one who offers the girls a chair, opens doors etc. (But isn't a total flirt--he just considers it his **duty**.)

* A guy should **clean up** his language around girls.

* He should **stand up** for people who are being bashed in conversations. That's important to us girls b/c backstabbing is common among us--and we *really* notice when somebody isn't a gossip.

* And my personal thing is that he should be the guy who "could" be the centre of attention...but he prefers to hang out with the few guys in the back who are his genuine friends.

Phew...I hope this helped a bit. Physique: as long as it's within the usual bounds is pretty much unimportant.

If you want to get a really great girl...start working on your **character and self-control** - (not because it's you, but because those two things are *really* uncommon these days) - because a great girl is one who's been working on that already and she'll recognize it in you.

A Man has character and deep convictions. He has **passion** in life about something. It is this passion that transforms his life, gives him confidence, and gives him joy. It is this **passion** that will give you that right mindset for you have goals and dreams that go beyond chicks.

Remember, if you cannot command respect, you cannot attract love. If you cannot be respected, women will ignore you and / or abuse you.

Once upon a time, there was a little boy who was scrawny, cried easily, and was a total wuss. At the age of ten, his father looked down at him disapprovingly. "You are such a wimp!" he scolded at his son. The boy cried but eventually discovered what was wrong with him. He worked out, studied, and utilised himself. He went around the world in the most ferocious quests. He became strong and powerful. He entered politics and became an unstoppable force. He would be shot when giving a speech, but he would pull himself back up to continue the speech!

He was President Teddy Roosevelt, one of the more significant characters in America. If that little wimpy boy could become such a character, anyone can be a Man.

What do guys today do? We try to hide our strength and express our 'femininity'. Take an example of guys: early on in a relationship, they will show how 'great' they are by cooking for the woman!

As *Anti-Dump* said:

Real men are not available. They are climbing mountains. They are swimming across rivers. What are **you** doing? Making spaghetti?!

A Man,

Does not go through life walking on eggshells.

Nice Guys think, "Does she like me? How do I get her to like me?" Good guys think, "Should I like her? Should I go for her?" The Good guy doesn't think about the girl's interest until they're dating. The Good guy looks at all the girls and **takes** what he wants.

Focuses on his dreams.

No, this does not include the chick. You must have passion for something in life, something you even want to do for the rest of your life. Your romantic life is an echo of your regular life.

Does not apologize for his testosterone, for his desires.

"Oh, I am so sorry, ladies! I am afflicted with this disease known as M.A.L.E. It is natural for me to glance at you, your oh so curvaceous body. I am sooooo sorry. Please, please *forgive me!*"

Would a WOMAN apologize for her feminine acts? So why should YOU apologize for your masculinity?

Tries to always win in what he does. (After childhood, there are real winners and losers in life.)

Men build towers; women build webs. If you aren't constructing your tower or aren't even planning it, why should she cast her web at you? If you want worthy chicks, you, yourself, must strive to become worthy.

Has deep convictions that allow him to be a possible leader.

This is crucial because one day you will become the leader of your own household. Yes, we talk of 50/50, of everything being equal, but Nature's laws surpass that of Humans. Women naturally submit and nurture, Men naturally lead and provide.

If you were a woman, would YOU want a Nice Guy in charge of your household? Or would you want A MAN?

Seeks to solve problems then to place blame.

If there is a problem, you solve it. You do not go, "Oh, BOO HOO! This was because of HIM." A woman naturally wants a guy who deals with problems, not pass them along. (Would you want that in your woman? Of course not!)

Sees failure as only a temporary setback to the inevitable.

Statistically, you're more likely to be REJECTED than to be ACCEPTED. So how do you become more and more accepted and have lots of girls? It is when you increase your trying so much that the acceptance rate satisfies you and you don't notice the rejections.

Napoleon Hill's book interviewing extremely successful people, these men of destiny did not let failure destroy them. Indeed, Napoleon concludes that Destiny puts out these trials and failures to **test** the men if they are proper and **fit** for their role in shaping history.

Knows where he is going in Life.

True seduction isn't calculation or painful discipline, it is the same as with everything that makes a success: A Passion for Life.

Never loses his passion, for that would be the death of his soul.

Nice Guys **hate** bachelorhood. They **hate, hate, hate** it so very much. Some even wish for the old days of arranged marriages so they wouldn't have to put up with all of the games.

Jerks **love** bachelorhood so much they can't see anything else in life. While women love guys that can get women, jerks offer nothing worthwhile in the long term.

Alas, the women always try to change the Jerk but never the Nice Guy. Why? Because a Man is **strength** and a Jerk displays strength on some level. Nice Guys never do.

Never feels he has to prove himself to anyone.

Flowers, candy, poetry all can be good additions to a relationship, but so many nice guys use them to **buy** the relationship as if they must prove themselves. They flood with the poor woman with gifts to show they mean it.

So away with the flowers, those dead plants as tokens of affection. Away with the chocolate, the candy, and sweets, those sugary pursuits to purchase love. Away with the poetry, those rotten verses of declarations of love. Away with the quest to prove **yourself** and let her prove **herself** to you for **you** are the Don Juan.

Be a Man! And with it, you will advance in your career, your social life, and even your dealings with women. Men are very rare these days so if you become one, you will be in HIGH demand. Your career will become better as people look at you as a leader. Life will re-develop before your eyes for you will obtain the most single quality that men, not trophy husbands, not nice guys, not tactful players, but men have a monopoly on: Respect.

YOU are the MAN! For if you don't STAND for something, you shall FALL for everything!

Article 3 - To Anyone Who Lacks Confidence (by Nine Breaker)

A practical discussion on how to generate confidence. A very useful read at this stage in the Boot Camp.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16193>

By now you will have heard that confidence is the single most important thing you need when you try to meet and keep a woman. You have heard it over and over, but you cannot find it in yourself. You are puzzled, and then you become sad. The one thing everyone says you need, you can't find. You know you need it. You scream out "Where can I find my confidence?!" Is it behind the fridge? Did I leave it on the bus?

You are asking the wrong questions.

What is confidence? **It is a belief in yourself that you are capable of doing what you want or need to do.** It is tightly tied with self-esteem and self-worth.

Now you know **what** it is, you can ask the **big** question you must have answered. "How do I get it?"

Confidence is an attractive trait to have, but many people doubt themselves. They think to themselves "I can't get confidence. I can't do anything right." They become less and less familiar with confidence and lose sight of the big picture. They think negative. If they can think positive then they can feel better about themselves, but their minds tell them they have no good things to think about, and that they never will. If these people try hard they can think of good things they have done in the past when they were very happy, and start to think positive. Then they begin to have faith in themselves, and they slowly gain confidence. **finally** they have a chance to go out and make more good things happen to themselves and feel even better and even more confident. Once you start to feel confident you have to use it straight away, or it will disappear before you can benefit from it.

Some people can't do it. They try and try, but can't find any happy memories. They begin to ask if there's another way - they ask "Do we need confidence? I've never been happy with myself!" There is another way to do it. These people can try to stop worrying about their bad memories, and not worry about trying to find a woman to have all their fun with. These people only need to have fun. They need to make themselves happy. A fun person is also attractive to other people. They may not be confident, but they are having fun. They get happy experiences. They can think positive. All of a sudden, they realise they **have** happy memories, and **can** think positive, and **can** get their confidence!!

What sort of a person are YOU? If you are not confident in yourself, you can **MAKE** yourself confident. **NOBODY ELSE CAN MAKE YOU CONFIDENT. YOU MUST DO IT ON YOUR OWN.** When you try to do it, you have already started to win.

Article 4 - Kill that desperation! (by Pook)

Another Pook classic! You want to be a DJ... then you must acquire the mentality of the DJ! Become the Great Catch.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16926>

Being a Don Juan is not a net sum of smooth manoeuvres and methods but of your own outlook on the world and on women. **Anyone** can memorise 'techniques', but **few** can change **how** they think. Women will be able to sniff out the former. But with the latter, women will be clawing each other for you.

A Don Juan is a state of mind, not a list of methods and tricks.

This must be stated because it brings us to the subject of 'desperation'.

In the end, we are all desperate with desire. We wouldn't be looking for tips and answers if we did not desire a girlfriend or **multiple** girlfriends (being a bit ambitious, aren't we?). We all want a woman (or women!), but our desire and feelings brings out the desperation traits within us.

Where I work, I ask the women why they found a co-worker to be so desperate. Here are some of their answers:

- * *Always giving the women attention.*
 - * *Calling all the time (and calling immediately once getting the number, immediately returning a call, etc.)*
 - * *Taking every opportunity to talk to them (and telling everything about yourself)*
 - * *Always available.*
 - * *NEVER willing to walk away (NEVER willing to disagree, ALWAYS supplicating).*
- (etc)

What theme can we find in the above? It is that the man puts the woman on the pedestal rather than himself.

Imagine if a woman did all of the above to you. Imagine if a woman was **obsessed** with you, always calling you, always available, and always spending her free time **for you**. Any interest you had for this woman would soon evaporate. Why? Because in your own mind you are thinking two things: "No one else must want her," **and** "If I can get her **obsessed** about me, I know I can get **better** girls to be interested in me." Her desperation is turning you off. The same is true for women.

Women are not attracted to desperate men. Period. I've told my co-worker this and his response: "Well, that is just who I am." Eventually, he will realise that the only common denominator in his pattern of crash and burns will be **him**. So if anyone has told you that you're desperate, consider that it is true.

There is a **key** to removing desperation forever. There is no simple 'trick' that will kill the desperation. It will not be in how you dress, how you talk, or where you go for dates. No, the **key** is in how you think.

The **key** to killing desperation (and attracting crowds of women) is to **think** and **believe** that you are The Great Catch.

Desperate guys do not do this. They see the woman as the prize rather than themselves. They see that the woman must be 'wooed' rather than them. They will, thus, supplicate and become a 'nice guy'. (And nice guys finish **last**.)

If you start treating a woman like precious gold, she will believe she is gold. And once she believes it, she will **DUMP YOU** because **you** have given her the sense that she is **better** than you. Once she thinks that, she will want to **REPLACE YOU** with someone better, because you have given her reasons to believe that **YOU ARE UNWORTHY OF HER GREATNESS**.

After all, if we think we can find someone better, we will. This holds true for both men and women. The last thing we want is to settle for a mate when we could have gotten better. (This is why the element of challenge is so important in the Dating Game.)

The lesson: **DON'T GIVE HER A REASON TO THINK SHE IS BETTER**. You are the gold; she should be thrilled just to have A CHANCE with you.

The first step in becoming the Prince Charming every woman dreams of is to **THINK OF YOURSELF AS A PRINCE**.

When you **believe** you are that prince, that you are The Great Catch, all the 'desperation' signs you were emitting vanish and an aura of attraction will surround you. Combine this manner of thinking with all the Don Juan skills you know, and you will become irresistible.

Let us look at the desperation signs again:

Always giving the women attention.

Now that you're The Prince, you don't have time to give women attention. A Prince is kind, ENTHUSIASTIC, smiling, yet YOU have things to do. A Prince's time is precious. A woman must win your attention; you shall not give it to them.

Calling all the time (and calling immediately once getting the number, immediately returning a call, etc.)

The Great Catch simply CANNOT call all the time because he has tons of other numbers. The Great Catch is not competing for a particular girl. The girls, rather, are competing for him.

Taking every opportunity to talk to them (and telling everything about yourself)

Why would Prince Charming tell everything about himself to a woman? No, the woman must JUSTIFY HERSELF to him because YOU ARE THE GOODS. The Prince would reveal things about himself only as a reward. The woman loves the mystery in this and sees knowing the Prince as peeling layers of an onion, knowing him GRADUALLY.

Always available.

The Great Catch is busy with many women! She must fight for your time, NOT the other way around.

NEVER willing to walk away (NEVER willing to disagree, ALWAYS supplicating).

Prince Charming wouldn't accept ANY disrespect from any woman. If a woman gave him such disrespect, he WALKS AWAY. The Prince KNOWS all these women want to be with him so he can eject at any time.

Now, I know what you're thinking, "Pook, I can't act like a Prince Charming or The Great Catch. I DON'T have tons of women after me." This is reversing CAUSE and EFFECT. ASSUME you are the Great Catch, THINK that you are, and as you think you shall become. It becomes a self-fulfilling prophecy. Treat your hobbies as if they have more value than the women do (or treat your hobbies as if they WERE other women). When you think you are the Great Catch, you will act like it and the women will KNOW that you are.

Women love certain traits in guys. By THINKING you are The Great Catch allows you to emit these traits NATURALLY and without any effort.

Good looks

You cannot change your genes. But you can change the way that you treat those genes. Does Prince Charming wear raggedy T-shirts? Does the Great Catch walk with his head down? NO! You will wear nice clothes and walk with pride BECAUSE you are proud of yourself. After all, you ARE one of the best. So treat yourself accordingly.

Anyone can wear a suit. But few can wear a suit proudly. Few can wear a suit that seems to fit them naturally and creates an aura of importance. Good carriages, excellent threads, are the CONSEQUENCE by how you think of yourself. Women know this and are the reason why you are judged by these criteria.

Humour

Girls LOVE humour. Prince Charming and the Great Catch are funny because they know that they, themselves, are fun. They don't worry, "My goodness, she is really cute! How can I attract her!?" They ASSUME she will be attracted and they have fun in the meantime.

Don't be shy. Let your personality SHINE. When you think you are the Great Catch, this should come more naturally because you have nothing to fear.

Dominance

You are THE MAN. You must be IN CHARGE. Desperate guys will try to be 'nice' in every which way to win the girl (and fail, of course). But Prince Charming and the Great Catch will SWEEP WOMEN OFF THEIR FEET. When you THINK you are the goods, you realise that it is ridiculous to treat a relationship and flirting as walking on eggshells. YOU set the rules, NOT the other way around. After all, YOU are the prize to be sought.

Look at the soap operas and romance novels for grounds of this. Women like to be in the presence of a MAN, not a boy, not a chump, and certainly not a 'nice guy'.

Dominance is also being sure of yourself. Do not speak in a soft tone. Speak STRONGLY and behave STRONGLY. After all, do you think Prince Charming worries about making mistakes? No, so neither should you.

I know, I know. I can hear you saying, "But I must worry about mistakes or else I'll have another 'learning experience' on my hands."

This is a GOOD THING. Let us say that, in a normal conversation, you came across a word you did not know how to pronounce. Most people will utter the word softly for fear of criticism. This is stupid. Say the word LOUD! Let me repeat, say the word LOUD! If you are wrong, you will be corrected. Clearing up mistakes is ALWAYS a good thing and should NEVER be feared.

The same applies with dating. Do not date with hesitation and shyness; date with all conviction. Remember, the biggest risk you can take in life is not to take any risks at all.

Ambition

When you think yourself as The Great Catch, you KNOW women are not the priority of your life. After all, the Great Catch knows he can get any woman whenever he wants. When you feel good about life, you cease to fear success and demand Life show all that it has. Aim for the moon. If you miss, at least you'll be among the stars.

So in the end, too often men think they need a girlfriend to have their life 'complete'. The consequence is that these men will emit signs of desperation. Success is achieved first through the mind, then through the world, never the other way around.

Article 5 - Eye Contact and why it's important (by Surfboard)

Why the heck is eye contact important anyway? Well aside from being an aide to displaying confidence and to show a person that you are interested in them, studies have actually proven that extended eye contact releases chemicals that simulate and initiate the feelings of falling in love. Read for more information, and for ways to use this to your advantage.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16992>

I always hear people saying, "make eye contact," or "look into her eyes." My question was always...**WHY?** What good does it do? I'd hear things like, "it shows her you're confident," or "the eyes are the window to the soul." OK.... whatever that's supposed to mean. So, I pretty much didn't consider eye contact that big of a deal.

Then one day I found this article and my question was finally answered.

EYE CONTACT:

Direct eye contact triggers a primitive part of the human brain. Unrelenting eye contact creates a highly emotional state similar to fear.

When you look directly and potently into a woman's eyes, her body produces chemicals like phenyl ethylamine, or PEA, that jolts the sensation of being in love.

To give the woman the subliminal sense that the two of you are already in love, dramatically increase your eye contact while the two of you are talking.

Push it up to 75 percent of the time or more if you want to get the PEA gushing through her veins.

Test time:

This sounded pretty interesting to me, so it was time to put it to the test.

So, one night I head out to the local strip club. I told myself that I would hold constant eye contact with one of the girls during a table dance.

The first couple of dancers wouldn't hold eye contact with me. Maybe they were just shy or something. Then I finally got one who held it with me throughout the whole song.

Other than a nice body, I had no interest in this girl at all. About half way through the song, I start getting butterflies inside of my stomach. I don't know what effect it had on her, but by the end of the song, I felt a sense of being in love with her.

I'M NOW CONVINCED!!

So, get out there and focus on this eye contact. I know it's hard, but force yourself to hold eye contact for 75% of your conversation.

Also, give her a slight smile and a little head tilt. This way she won't get all freaked out by you. She'll get the feeling that you're truly interested in her.

Article 6 - Successful eye contact (by Take No Dirt)

Okay, you've initiated eye contact... what do you do now so that she doesn't think your a psycho for staring?

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16730>

As DJs, one of the most difficult things to do is to make good eye contact with women. (Natural shyness is the reason. Also, we've been told that staring at someone is considered rude.) We tend to make fleeting eye-to-eye contact and then we glance away or look down.

Here's a way to make consistent contact with her eyes. Start at the very top of her head. When she looks at you, move your eyes quickly downward and lock gaze with her. When she looks away momentarily, bring your head right up to her top of head level.

When she looks into your eyes again, you swiftly lower your eyes once more to connect with her eyes. In other words, your eyes are scanning from the top of her head to her eye level and back to the top of her head.

To complement eye-to-eye contact, you could say to her "You know what? I've been noticing and admiring your wonderfully done hairstyle. You did a splendid job there." She will smile and blush.

Article 7 - Ways to make your self more attractive (by Quietstorm)

An interesting discussion on clothing, and how to dress properly. In addition to looking more appealing to girls, a change in wardrobe is one of the easiest things you can do to change your own outlook on things, and to increase your self-confidence.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16520>

In trying to meet chicks, I have found that a good method is to do stuff that is out of the ordinary. For instance, always have one thing that you do differently than other guys. For me, I love to wear jewellery.

Save some cash and spring for like a Movado watch. (200-300 bucks) I have had so many girls say that they love that and they realise that since you have the means to buy stuff like that, they will become interested. They love jewellery and they are constantly asking me if I could buy them some, and I love to say, well if you were my girl I would buy you stuff like that...they love it!

I have also found that a cool pair of shoes that are shiny looking can really get a girl to notice you, I guess its that they love shoes so that they can check you out when you are wearing yours, and the best thing I have found is to act as if, just like on the movie *Boiler Room*, act as if you have a nine inch co*k, and don't take crap from them.

If you get rejected, screw it, and just go to the next one.

Walden suggests that you also read this article on smiling before attempting week one:
<http://www.sosuave.net/forum/showthread.php?s=&postid=298315>

Music Picks

Every week for the first few weeks there will be a list of songs to get you into the theme of the lesson - They were picked by a guy whose nickname is TheRockStar. Downloading these songs will probably earn you a subpoena from the RIAA, so I thank God I'm Welsh.

Bette Davis Eyes - Duets Soundtrack

Beautiful Stranger - Madonna

Blue Eyes - Elton John

Peter Gabriel - In Your Eyes

Start Me Up - Rolling Stones

Exercises

Okay, so you've read the posts above, and you're ready to get started with the exercises. Great!

For this week's lesson, your mission is to go out into any setting where there are a large amount of people, and practice establishing eye contact, as well as to approach strangers with a simple "Hi" or "Hello." Here are the specifics...

Exercise 1

In two separate outings, each lasting one hour in length, you will go about establishing eye contact with strangers.

A fun way to go about doing this is to walk around in a mall or in a park and look people directly in the eyes as they are walking towards you. You will find that most people will not look at you in the eyes, but for those who do look you in the eye, you will want to practice looking in their eyes at least one second longer than they look into yours, this denotes confidence. To create the impression that you are friendly and approachable, you will want to match the eye contact with a genuine smile.

You can practice eye contact on just about anyone you see, male or female, young or old. But since the eventual goal of this Boot Camp is to acquire women, you will want to spend at least some of your time establishing eye contact with attractive girls.

Exercise 2

A confident person has no problem saying Hi to a stranger, and since the first part of this Boot Camp is geared toward building confidence, the goal of this exercise is to go around and say Hi or Hello to a total of 50 strangers during this week. Again, you can say Hi to any person you see, but since eventually your goal will be to get girls, you will want to practice saying Hi to attractive girls. Also, when greeting strangers, practice doing so with a smile and have fun.

And to save time, feel free to combine exercises 1 and 2 together, so that you can go about greeting your 50 strangers during your eye contact outings (e.g. Establish eye contact, smile, and say Hi when you are within speaking range).

After completing this exercise (no later than April 28 - one week from today), post your results on the response thread (link at the top of the lesson). Share with the rest of us anything interesting that happened, and what emotions you may have felt (excitement, nervousness, joy, etc.), as well as what you thought of this first lesson.

Good luck recruits!

DJ Boot Camp - Week #2

Theme: Initiating Conversations With Strangers

Number of reading articles: 8

Number of music picks: 7

Number of exercises: 1

Response thread: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35202>

Introduction to week 2

Recruits, congratulations on finishing the first week!

By looking at the many posts to the thread, I can tell that this has been one hell of a power-packed week for many of you... and this is only the beginning!

Just like in a military boot camp, we're going to maintain this high intensity atmosphere until we melt the AFC out of us, and become the DJ that's just burning to get out.

Purpose of this lesson: So, now that you've practiced establishing eye contact, and have got more comfortable saying Hi to strangers, this week's lesson takes us into the next phase – starting a conversation with a stranger!

For many people, this is the second most difficult step, right after dealing with rejections. So if you persevere through this week, you will have attained an unbelievable skill... one that will serve not only in meeting women, but in all aspects of your life.

Reading Material

Article 1 - This conversation stuff really works! (by meathead)

The number one rule of a conversation is to talk about the other person (the person you're talking to). By doing this, and having that person talk about herself, you will be perceived as a great conversationalist.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16209>

Experience for me, advice for you.

The story goes like this: I went out tonight with a few of my female friends (it's great to have female friends, by the way) and they brought along a friend of theirs who I had only met one time before. I didn't have a great amount of interest in this girl, but I decided that she would be great for practicing my DJ skills on. I didn't realise how powerful this material can be.

On the way back home, I started talking to her with the serious intent of refining my skills. As is advised on this board, she was the subject of the conversation, and when the topics moved away from her, I tried to find a way to at least relate them to her, if not move her back to being the main subject. I don't remember how we started talking, but once we did, I couldn't stop. Maybe I've learned a lot, or maybe I was too focused on practicing, but the result was remarkable. In about 20 minutes, she went from showing no interest in me to giving signals like it was her job.

So there are two lessons here. First, when it comes to talking to girls, talk to them about them. It's actually quite easy, because most of the time, they can't shut up about themselves. The second lesson is to practice. Even if you find a girl you're not interested in, as I did tonight, practice talking to her. Reading the posts here is great, but it's even better when you put when you learn into action.

Article 2 - How to be a better conversationalist (by Poet)

A few quick tips on initiating and maintaining a conversation. Geared more towards a girl you are interested in, but can easily be modified to work on any person.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16664>

Have a real curiosity to find out about the person in front of you, that's **#1**. The mind is full of thoughts and dreams, how can you not find things to talk about? This perplexes me to no end when people say they can't think of things to talk about with chicks. The funniest part is to get into their little heads and open up all those closed drawers and just let the thoughts come tumbling out like so many clothes that she has not tried on in ages. Yes, they still fit & it feels good to get them out and try them on for size. You make her feel good by letting her do that.

#2, be a good listener & hear what she is saying, this will lead to numerous topics to discuss. You pick up the topic thread, you lead, she follows.

#3, Intrigue her, make her think, ask "daring" and "silly" questions like, "how would you feel if you were standing here in your underwear talking to me" Whatever. just open up the topic and make her laugh about it.

#4, Ask about her opinions on the: present situation, her clothes, her work, her hobbies, her likes and dislikes, kissing, sex, food, whatever! There are a million topics, the future, dreams, the past, family, relationships, sports etc.

#5 Have fun and it will all work out my friends. Think of yourself as a talk show host, keep it going and also let there be moments of silence, goad her to start a topic by clamming up for 20 or 30 seconds, see where she leads it to, this will tell you a lot about her. If she says nothing this also tells you a lot about her, You have to elicit more conversation. If she is totally devoid of initiating conversation she is either not interested in you or she is a bimbo with no neuronal connections to speak of. If that is the case then fluff her and go for Kino and the close.

#6 Let her respond and do most of the talking, you just prepare her and let her go, she'll take care of most of the words, You come in when you need to and keep it rolling along.

Article 3 - Pimpology 101: The Conversation - Part I (by Pimpologist)

Here's a basic outline for approaching someone, initiating conversation, and establishing rapport.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16646>

The Conversation - Part I: The introduction

The introduction of the conversation is very important in creating a good first impression; opening up the conversation strong is key. Delivering an introduction breaks the ice and puts you into a position to start asking questions and increasing the rapport.

I recommend using these 3 introductions / approaches:

1) "Hi... what's your name?"

Her saying her name is your cue to extend your hand, once you make hand contact say:

"It's nice to meet you <their name>... my name is <name>."

If anything stands out or is unusual about her, now is your chance to drop a compliment. If there is absolutely nothing you can comment / compliment on, then you don't necessarily have to...if you're a beginner I recommend skipping this part initially. TIP: if you observe her, the situation, and the surroundings before approaching, you won't have to come up with something right on the spot after saying your name.

2) "Hi... my name is <name>"

She should give you her name at this point...if not, then ask after a brief pause:

"What's your name?"

Her name is your cue to extend your hand, once you make hand contact say:

"It's nice to meet you <their name>"

Then look to slip in a comment / compliment.

3a) "Hi".

If she says hi and / or smiles at you, then continue from:

"What's your name?"

3b) "Hi".

If she says hi and / or smiles at you, then comment / compliment on something about her.

If she says thanks and / or smiles at you, then continue from:

"What's your name?"

3c) *Don't say hi *

Comment / compliment on something about her.

If she says thanks and / or smiles at you, then continue from:

"What's your name?"

Note: Review the lesson on complimenting before using methods 3b) and 3c).

Keys Points / Analysis

Shake her hand correctly. It's very important that you extend your hand at a slight angle with palm up to initiate a female type handshake in which she will respond by extending her hand with palm angled down. This will usually prevent it from turning into a formal handshake where both your hands end up vertically meeting. A formal handshake points you into the direction of the "friendship" zone right from the start; try your best to initiate a "girl" handshake.

Don't hold on too long. Let go once she starts letting go. You will call too much attention to the your handshake if you hold on longer than she does and it won't seem natural to her. Remember you're trying to work on her subconscious; you don't want her becoming suspicious of anything.

Initiate kino (body contact) as early as possible. A simple non-threatening handshake is an excellent way of creating early kino. It also makes her feel more comfortable with you.

Say her name, after saying it was nice meeting her, this works subconsciously by giving her the illusion that you're familiar with each other already.

Refrain from complimenting. During your first several approaches so you're able to get into the groove of your rap without the pressure of having to do too many things all at once. After a few dry runs, you'll know when you should give one or not.

Use proper eye contact. Don't stare in her eyes the whole entire intro but don't look around either. Look in her eyes when asking her name. After she gives you her name, glance down for a second towards the area you'll be shaking hands while extending your hand. Once her hand is about to come into contact with yours, look back at her eyes and finish your intro.

Conclusion

DON'T use "pick-up lines". The best approach is a straightforward approach; don't start off by beating around the bush.

Article 4 - Pimpology 101: The Conversation - Part II (by Pimpologist)

The second part from Pimpologist.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16382>

The Conversation – Part II: Creating Rapport

This is when you start to run serious game on her. The easiest way to create rapport is to start asking about her background. It should be done in a stylish way that makes you seem similar to her. To make her as interested in you as possible you need to make things up when you need to; this requires quick thinking, preparation, and good listening skills.

I recommend starting your rap with this question:

"Where are you from?"

There are 3 possible situations:

- A) She lives around the area but grew up someplace else
- B) She's been living around the area all her life
- C) She's just visiting and is from out of town

Each situation assumes you're living in an area you didn't grow up in

Let's run the game thinking of each scenario:

A) She lives around the area but grew up someplace else

She'll give you a city, state, and / or country

- i. You've been there: *"That's a nice place....I was there <days, weeks, months, years> ago...how long you been living here?"*
- ii. You've never been there: *"Oh...I've never been there before...what's it like over there?" ...<she answers>... "how long have you been living here?"*
- iii. You've never heard of the place: *"Where is that?" ...<she answers>... "how long you been living here?"*

She'll say: *"I've been living here for <length of time>".*

If she says: *"I don't live here, I'm just visiting"*, go directly to part C.

You say: *"I've been living here for <length of time> now.... how you like it here?"*

Saying how long you've been living here before asking how she likes it here will make it sound like you're not just asking questions. Your rap can't just consist of questions; you have to tell her things about yourself that are relevant to the situation as well.

If she says she likes it here you say:

"I like it here too...it's a nice place".

If she says she doesn't like it here or says, "It's alright"... you say:

"Yeah... I know...it's not really that nice around here".

A good way to make yourself seem similar to her is to agree with her.

B) She's been living around the area all her life

After she tells you she's from here, ask:

"You been here all your life?"

She will say yes, tell you she moved back from another place, or tell you she's always lived relatively in the same area. Make sure you remember this stuff so you can bring it up later in the conversation.

Then say *"Yeah...it's nice being close to home ...I've been living here for <time> now".*

Saying "Yeah...it's nice being close to home" shows her that you listened and were able to relate to her situation.

C) She's just visiting and is from out of town

She will say *"I'm from <place> and I'm just here visiting".*

If she didn't mention how long she (would be / was) in town, then say:

"How long are you here for?", or "How long have you been here?"

Decide whether you'll continue speaking to her based on how much longer she'll be in town.

If you decide to continue running the game just pick up from:

"I've been living here for <time> now, how you like it here so far?"

* There are many variables in the beginning but they'll all eventually come together.

Article 5 - Pimpology 101: The Conversation - Part III (by Pimpologist)

Final instalment.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16383>

The Conversation – Part III: Increasing Rapport

Now that you've broken the ice and have started to create rapport, your next step is to increase the rapport; going a little deeper into her background does this. You created rapport by finding out where she's from, now in order to increase it you need to find out why she's here.

I recommend continuing with these questions:

- A) "So what brought you down here?"
- B) "So what keeps you down here?"
- C) For this situation, the overall approach is similar but there are some slight variations that might confuse you so I recommend sticking to the women who are currently living around your area for now.

There are 5 possible reasons / situations:

- 1) Work
- 2) College
- 3) Family
- 4) Friends
- 5) Misc.

Note: How she chooses to answer this question will tell you a lot about her character and what she thinks is important.

1) Work

If she didn't tell you what she does then ask: "What do you do?" or "So what do you do?"

After she answers say: "That's interesting...is it fun working there?" or "That's interesting...do you like working there?"

After she answers ask: "How long you been working there?"

At this point she might ask what you do and / or how long you been working there.

Note: Don't tell her if she doesn't ask. If she asks, it's all right to tell her but don't go into detail. For example just say: "I've been working as a <occupation> for <time>".

Then ask: "Did you go to college?" or "Do you go to college?"

If yes then go directly to number (2).

2) College

a) She's currently going to college:

If she didn't tell you which college then ask "What college do you go to?"

Then ask "What's your major?"

Then ask "What are you?"

Then ask "How you like it so far?"

If you started from number (2), then continue from number (1) with: "Do you work?"... "What do you do?"

b) She's already gone to college:

If she didn't tell you which college then ask "What college did you go to?"

Then ask "What did you major in?"

Then ask "How long did it take you?"

Then ask "Did you go to graduate school?"

If yes then ask "Where at?"; then drop this subject for now after she answers.

If you started from number (2), then continue from number (1) with: "Do you work?"... "What do you do?"

Note: 75% of the time they will reciprocate with the same questions you asked them. Be sure not to go into too much detail and don't tell her your college, major or anything else until she asks.

3) Family

If she says family, you can be certain family is important to her. They will say something like *"I came here to be closer to my family"* or *"I have a lot of family around here"*.

After she tells you that family is the reason why she's here or still here, don't ask her any questions about her family just yet. Just be sure to remember what she said, then go directly to number (1) starting with "So what do you do?"

If she doesn't work, go directly to number (2) with "Do you go to college?"

4) Friends

This means that her friends are very important to her. Do exactly what you would in situation (3). Don't ask her any questions about her friends just yet. Just be sure to remember what she said, then go directly to number (1) starting with: "So what do you do?"

If she doesn't work, go directly to number (2) with "Do you go to college?"

5) Misc

Occasionally you will get women who will not fall into any of the categories above. If this happens, just do exactly what you would in situations (3) and (4). Don't ask her any questions about her reason just yet. Just be sure to remember what she said, then go directly to number (1) starting with: "So what do you do?"

If she doesn't work, go directly to number (2) with: "Do you go to college?"

A fourth conversational article written by Pimpologist does exist, but was not included for the reading list.

If you would like to read part IV, it is here: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16766>

Article 6 - Pimpolgy 101: Connecting Through Understanding and Relating – Part I (by Pimpologist)

An excellent post on having a fun and interesting conversation with anyone... a conversation that the person will really appreciate and enjoy.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16621>

Connecting Through Understanding and Relating – Part I

Women want to know that you are both able to listen to and understand them. Asking follow up questions, questions that stem from their answers and the current subject of conversation, mostly demonstrates that you've been listening to them but does not show that you fully understand and relate to what they've said.

A strong personal connection cannot be established by simply asking questions, you need to also utilise tactics that make the conversation exciting, dynamic, and unpredictable, while remaining in control at all times. A great way to do this is to employ techniques that demonstrate that you can understand and relate to them.

Basic paraphrasing and word substitution

You've asked about her work:

Her: *"I'm a part-time waitress at Denny's"*

Basic listening:

1. *"Which one?"* - Since it has multiple locations.
2. *"Where's it at?"* - If it were a place you never heard about.
3. *"How long have you been working there?"* - You'd say something unrelated to its location if it were a place you already knew about.

These types of questions are acceptable but all they show are basic listening skills and have a tendency to lead to unoriginal conversation.

Both listening and understanding:

1. "Which Denny's?"
2. "Where's <name of place> at?"
3. "How long have you been a waitress at <name of place>?"

In examples 1 and 2, the substitution of a single word is all that's needed to give it a greater psychological effect. Example 3 is slightly different; he not only substitutes a more effective word to refer to the location, but he also adds / substitutes in the word "waitress" to show that he's relating to her situation. As you can see, paraphrasing can be as easy as incorporating one of her words into whatever you decide to say.

Integration

(Integrating paraphrasing, word substitution, experience and preference relating, and delayed follow up questioning)

In the next example, the paraphrasing is a little more complex and it uses a combination of word substitution, experience relating, preference relating, and delayed follow-up questioning to further strengthen the connection.

You've asked her what she did last summer:

Her: "I went to France for a month."

You: "How was it over in France?"

Her: "I liked it. I visited some of my relatives in Paris."

You: "I haven't been to Paris yet. I wonder if I'd like it there ... (she might interject with 'you'd like it, it's nice there')...how often do you visit your relatives over there?"

1) Words used in Substitution:

'France', 'Paris', 'Visit', 'Relatives'... - (Demonstrates listening, basic paraphrasing and superficial understanding).

2) Experience Relating:

'I haven't been to Paris yet....' - (Demonstrates listening and understanding)

3) Preference Relating:

'I wonder if I'd like it there...' - (Demonstrates listening and understanding)

4) Delayed Follow-Up Questioning:

'...How often do you visit your relatives over there?'... - (Demonstrates basic listening and paraphrasing)

The key to this tactic is instead of immediately asking a question related to her answer, you relate with her through experience and / or preference, and then finish the statement with a follow-up question.

This provides more depth to the conversation and shows that your conversation skills operate on more than one cylinder. It's also a great way to avoid falling into an "interview" type of conversation while still demonstrating that you have the skills to pick up on whatever information she decides to give you.

Notes

If she were to only say 'I liked it' and not mention that she went to Paris to visit some relatives or anything else, you would still be able to apply the same tactics. You would say, "I haven't been to France yet. I wonder if I'd like it there ...what things did you do over there?"

Remember that if the sample situation doesn't apply to you, you can easily switch up a few words. For example, some might have said, "I went to Paris once. It was nice... how often do you visit your relatives over there?"

In sum, not only are these tactics great ingredients for a conversation, they also allow for increased opportunities to incorporate a variety of other conversational techniques that contribute to the overall liveliness.

Once you develop the skill to manipulate the conversation in this manner, it won't matter what she says or how much she says initially because you'll be able to pick up on and paraphrase anything.

Bear in mind that just like many other conversational techniques, the situation has to call for the use of them. Make sure to practice the tactics until you don't have to force the use of any one of them. Once your skills have been polished, you should be able to effortlessly identify the appropriate situations for their use and be able to use the techniques to your advantage.

Article 7 - Guide to Listening (by Sociopath31)

What differentiates a rambler from a good conversationalist is the ability to be a good listener. This is a skill that very few people have, but which everyone appreciates. Here are some tips to becoming a better listener.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=15740>

We all know a girl wants a man who listens. A man who listens to what they say, think, feel about anything and everything. This seems like an easy objective, given that listening is a passive skill. I thought I had this covered well.

Well, I'm thinking back to the time when me and my girlfriend broke up, two girlfriends ago. She told me that I never listened to her. How could this be? She called all the time, and we talked for a while. There is an inherent problem with my rebottle. I will ease into it. You know when a girl talks, you would usually rather be somewhere else. You don't care what she thinks, because in most cases, what she thinks is wrong. Funny thing is, it reciprocates. They care about what we have to say about as much as we care about their thoughts.

But it is a conversation, right? When they talk, they expect a response. They want a little input to see if we are listening, or if we are smart and have an opinion. Well, I presumed this was so. It works that way with other men, why wouldn't it work with women?

Guys:

"How bout them Braves?"

"Hell yeah. Maddux is a pimp." (etc.)

Notice the agreement, and the input afterwards. I now describe correct form with women:

Girls:

"I'm so tired today. My parents were giving me all this crap last night, and I blah blah blah new shoes blah blah nails blah blah. I think I did the right thing."

"... Yeah"

Notice how I didn't comment on anything, just let the crap fly out of her lips, and agreed afterward. This alone will not take care of the situation. Although you care not what she says, it must appear that you do care. There are a few pointers you must be aware of.

Always look into her eyes. This is a good thing to do in any situation. If she looks away for a second, feel free to look at any other body part, but keep them on the eyes when she looks back at you. This is not a stare. Just be relaxed, and act like she has your focus. You can think about something else if it keeps your ears from bleeding. Also, keep a light smile, or grin on, like you agree with, or enjoy what she is saying.

Nod if she pauses, or say yeah. If she laughs, laugh a little with her. It hurts to fake a smile for so long, but you'll get used to it. Few guys have mastered this, less yet practice it, giving you a huge edge. One of the first thing a girl mentions in your description is *"Oh and he's such a great listener."*

Put this into practice, but make sure you are going out with her, doing sexual things. Make sure you are not "Friends" with her, because this will only lower you down further into the friend zone. It is a powerful tool. Use it and benefit.

Article 8 - Fine tune your sense of humour (by JuanWannabe)

Let's face it, a sense of humour is a Godsend. People want to be around people that can make them laugh. Now you'll learn how to get your humorous and fun side out of the closet, and make the world a better place!

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16636>

We've all got a sense of humour, some of us make the occasional joke and get people laughing, while others can go on for hours.

I have a very sharp wit, but I was finding that my ideas were running out. I also found that I was using the same techniques to get people laughing. My mom, dad and sister didn't really laugh at my jokes too much anymore (I wasn't repeating the same ones, just using the same techniques to try and get laughs).

So I went out and bought my first comedy CD **ever**:

Jerry Seinfeld - "I'm telling you for the last time"

Man, that guy cracks me up. You know what?

I'm funnier for listening to that. I got my family in stitches a few minutes after I'd finished listening (**mainly because of my good mood!** - see tip #4). And I'm making people laugh again. I'm not using Jerry's jokes; it's just that my wit has been reawakened after listening to it.

So, here's my **8 TIPS FOR FINE-TUNING YOUR SENSE OF HUMOUR:**

- 1) Listen to and watch COMEDY whenever you can. Sitcoms are great. But stand-up comedy works the best if you want to work on entertaining your friends. Only watch it if YOU find it funny.
- 2) Hang out with funny people. Haven't you noticed how your funny friends have funny dads / aunts / uncles? That's because they spend every waking moment with them!
- 3) Make a habit of buying a comedy CD / video every now and again. (This'll also help with tip #4). Try different comedians and see which one's are most like you, or which you would most like to "impersonate".
- 4) Listen to comedy in the morning on the way to work / university. Whether it's your CD or something on the radio. Make sure it's something that really gets you laughing. It puts you in a good mood for the rest of the day and people will enjoy your company more because you'll be more cheerful. (You don't even need to be funny to benefit from a good laugh). You can only be funny if you're in a good mood.
- 5) I personally don't like telling "other peoples" jokes. (Two seals walk into a club...) I avoid them mainly because I always screw them up! If you're a good joke teller then DO IT! These kinds of jokes NEVER fail, if someone else told it and made you laugh, chances are whoever you tell will laugh at it too! You're sense of humour WILL benefit.
- 6) Don't feel intimidated if you don't get a laugh. It's been said before, and I'll say it again here: "Even the best comedians have their bad days."
- 7) Don't try too hard. I often find my worst "funny" days are when I'm TRYING to make people laugh. Don't LOOK for things to comment on! As your wit "sharpen" you'll sense things that are funny and will make people laugh without trying.
- 8) Comedy is all about looking at the world from a different perspective. When you give everyone a glimpse from your point-of-view you get laughs!

Hope I helped!

Music Picks

So Much to Say - Dave Matthews Band

Fascinating New Things - Semisonic

She Talk to Angels - Black Crowes

What Would You Say - Dave Matthews Band

Standing Outside the Fire - Garth Brooks

Hey Baby - No Doubt

I Believe In Miracles - Hot Chocolate

Exercises

All right, so you've read the posts above, and you know have an understanding of how to approach people and start a conversation. Now, it's time to do it!

Your mission is to go out and have short conversations (2 – 10 minute each in length) with 10 strangers. You can talk to them about anything, and you can talk to any person whom you have never spoken to before. You'll find that it might feel a little awkward in the beginning to talk to strangers for any length of time... but after the first couple of times you'll find that it's actually a wonderful feeling. You'll really get a rush out of this.

Also, keep in mind that most people want to meet other people and have conversations with them, but are just too shy or insecure. So in fact, you will be doing a huge favour to those people whom you decide to hold a conversation with. Plus, I'll bet you'll learn new things from them, and maybe even make a couple of new friends. And in this phase of the Boot Camp, don't let yourself feel limited to speaking to only girls... speak with anyone you want!

In fact, if you're a bit apprehensive about talking to people, you can start out with those people who are easier for you to approach. For me, this is senior citizens, since I've found that most of them love talking with anyone who would give them half an ear, and I've found them to be very interesting conversationalists.

After each conversation, write down in your journal what you thought of the conversation, and approximately the length of the conversation (estimate if you don't have a watch). Once you complete this lesson, post your results, plus the topic of your most interesting conversation, and anything else you wish to share.

You have until this time next week to complete this lesson. Also, make sure you keep on practicing the skills learned in the first lesson (e.g., you can practice establishing eye contact with someone, saying Hi, and going into a conversation. However, initial eye contact or a Hi is not a requirement before initiating a conversation).

Also, a tip that might help you with this lesson, and the next few lessons, is the 3-second rule (You can find it on ASF). What this means is that when you find someone you might be interested in approaching, don't give yourself more than 3 seconds from the moment you are able, to approach them. Anything longer than 3 seconds highly increases the chance that your nerves will work against you, and that you'll chicken out. Even if you have nothing planned to discuss with them, you'll find that you'll amazingly have something to say if you can only force your feet to propel you to the person.

ASF: alt.seduction.fast

A newsgroup containing similar articles for picking up and making friends with women.

Resource: www.fastseduction.com

Good luck recruits, we are kicking ass!

DJ Boot Camp - Week #3

Theme: Approaching and Initiating Conversations with Girls

Number of reading articles: 3
Number of music picks: 11
Number of exercises: 1

Response thread: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35203>

Introduction to week 3

All right... we're in our third week now!!

After completing last week's lesson, you should now be much more comfortable speaking with strangers. This is a powerful skill that will serve you for years to come in many areas of your life. Now, let's take this skill to the next level...

Purpose of this lesson: At this point, we now have learned to maintain eye contact and greet and hold brief conversations with strangers.

Now, for this week, we are going to hold conversations with strangers, but this time the strangers will be women we would consider dating. This is the final step before we go for a number close, and by the time this week is over, we will be even closer to our goals!

Reading Material

Article 1 - How to cut down on your rejection rate by 99% (by Jake Steed)

Here's a quick and simple strategy for approaching girls. By following this strategy you'll know before approaching a girl if she would be interested in talking with you.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16763>

Make eye contact. Smile. Wave. If she smiles and waves back, then approach.

I've been going clubbing with my friends often and I've been observing guys trying to pick up in the club / bar setting, just to see different approaches and to know what actually works.

Nearly **every** time I've done this, I am successful meeting a girl. In fact, after adopting this technique, I can't remember the last time I was rejected outright.

The reason this works is most guys are like desperate, hungry pit bulls. They're so frustrated and horny; they don't even stop to subjectively observe their surroundings. They just see a girl, and do the classic "sneak-behind" manoeuvre. Where they scoot up behind the girl and start grinding.

Sure, some sluts go for this for a while, but they never take the guy seriously enough to meet him outside that moment. I have seen literally hundreds of guys get rejected using this weak ass technique.

When you make eye contact, smile and wave, you test her to see her interest. Your smile must be big and confident with a little cockiness. Your wave must be like you already know her from way back. Look **closely** at her reaction. Most packs of girls react to this by giggling and huddling to talk about me. That's when I know I could pretty much have any of them. I'm instantly the centre of attention.

So try it.

Article 2 - A simple and practical guide to an approach (by Adonis)

The title says it all... Here's a simple guide for approaching a girl. Even includes an excellent tip for approaching a girl when she's with a group of friends.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16353>

In a society such as ours it's assumed that a man has to be the one to approach women. Unfortunately, even though there are more women in this planet than there are men, women always have more chance with a man than the other way around. It's to women's advantage because it was given to them by our society, they get to pick and we constantly line ourselves out in the firing range ready to get shot down. Those hapless guys are blessed with long lonely nights with nothing else to entertain them but their callused right hand.

Knowing this, it should come to no surprise that there are plenty of men who are afraid to approach women. Add to this the fact that women don't like to be approached and we have a no win situation. But, fear not gents for I will share some insights I've learned throughout the years. However you should know first that women do not make you complete and the only person you should always shower with attention is yourself.

The basics**1) It's you and all you**

Obviously you need a lot confidence to approach women and how you gain this confidence is up to you. The easy way to gather confidence is to really put more effort onto yourself. What do I mean by this? Well, spend time building up the things that make you a unique person. What makes you stand-out from the rest of the world? Why would she choose you over millions of other losers out there? Focus on your strong points and support it at all times.

2) It's all about the groom

No, I don't mean getting married as in bride and groom. What I mean is give your body the attention it deserves. Dress up like a decent character and spend time grooming yourself. Your body be your shrine. Go to the gym and start putting some effort into staying fit and looking good. Women really do put more emphasis on looks more than they'd care to admit. First impressions comes first when she looks at you, so it should be obvious that she is judging you by the way you look. So pick up your pink leotards and hit the machine.

3) No fear of rejection

This is the biggest problem for most guys - caused by lack of #1 above. Just don't take this personally. We face rejection throughout our lives - rejected from a job offer, parents, school, etc... When you're approaching a woman, you're approaching a stranger and she doesn't know you. If she rejects you, don't take it personally. Their could be variable reasons why she would reject you - already committed, don't want to be approached, bad hair day, PMS, and so on. Don't take it personally, it not a reflection of you but of her mood and your approach. It's her loss not yours.

Things to know before you go

The true experts of the approach are women. Why? Because they've seen it all. Women get approached by the sleaziest fruitcakes out there and are therefore on the defensive. Knowing this, when you do approach women just know that you are invading their personal space, so show some respect and make it light fellas. Besides, regardless of how you mask or hide your intentions she already knows what you're after.

Some girls are just out to have fun. Even if they elicit the attention of men, women that are just out with their friends to have fun. They're out to have a good time and to forget about men in some cases, so more than likely they don't want to be approached - so you have to know when to approach and when not to.

Approach, approach, approach

Don't be intimidated by beautiful women. They eat, crap, and sleep just like you and me. They have feelings, desires, and problems just like normal people do. So take them off that pedestal and put them on your level.

Approach only when you get the initial eye contact. If you walk up to her without her noticing you first, you're setting yourself up for the big R. After the eye contact show her your beautiful smile - when she smiles back that's your que, have at em' Cassanova.

Just do it. Even if you know women hate to get picked up, just do it. Use humour and confidence to your advantage. If you say something funny it will break the ice and get the conversation going. Don't be serious; she's out to have a good time and so should you.

Be subtle about your approach, talk about light subjects and don't talk about money or your personal problems. Ask her open-ended questions to keep the conversation going. Don't shower her compliments; if you must give a compliment give a compliment that is not directed to her looks. Do not make comments about her breast size or hip curves.

Don't let a group of women stop you. If her friends surround the girl of your dreams approach her anyways. Get initial eye contact, smile then approach the group. Introduce yourself to everyone and get take her somewhere where only you two could talk - kindly say: "Excuse me ladies, but could I borrow her for second?" Take her hand and lead.

And never forget: "What's your home phone number?"

Practice, practice, practice

Like I said practice. Practice talking to complete strangers and gain some social skills - which is very essential to your survival. Better social skills equals better women.

This is only half the battle of the dating war. The rest is up to you, but you are given the foundation from which you can stand on. Go get em' tiger.

Article 3 - Overcoming FEAR is easy when you know how... (by Robert Jordon)

You see a girl you want to approach... but what is this? Fear is preventing you from making the next move. Don't let that fear get in your way!

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16648>

What is fear besides a 4-letter word?

Fear is that voice which tells you what you should and shouldn't do. It's the voice that tells you to avoid talking to that hot chick or to run away from problems in your life.

The way I see it, fear is like a bully that tries to intimidate you. The more you listen to it and become a slave to it. The harder and stronger it comes onto you. But if you'll stand up to it, it disappears. Because it knows it has no power over you.

It has been said by many wise men over the years that fear is like an evil energy, which penetrates everyone who will allow it to! Picture yourself as a house, and all these enemies are trying to get in through your front door. If you stand up to them and tell them to get lost and lock the door, they leave. But if you leave the door wide open, in they come! They will hunt you and destroy your dreams!

The next time fear tries to stop you from walking over and talking to that girl across the room. Say to yourself mentally "back off! I'm not listen to this crap!" and walk right through the fear! You will notice that the fear will grab you (psychologically) and hold you back! This is when you need to be really strong and pull forward and do what feel is in your best interests!

Additional readings

Go through the reading material from the second week, as they will apply to this lesson.

Music Picks

Tush - ZZTop

Sharp Dressed Man - ZZTop

Pretty Woman - Roy Orbison

Girls, Girls, Girls - Motley Crue

The Rock Show - Blink 182

Julianne - Ben Folds Five

Hollywood Nights - Bob Seger

You'll Accomp'ny Me - Bob Seger

Bad Medicine - Bon Jovi

TNT - AC/DC

Same Ol' Situation - Motley Crue

Exercises

While last week we went out and spoke with ten strangers, male or female, young or old, this time our weekly exercise is to go and hold a short conversation (2 – 10 minute each in length) with women that you would normally be interested in dating.

Now, this may seem a little daunting for some people, but when you stop and think about it, there really is no difference between a drop-dead gorgeous babe and middle-aged guy, at least when it comes to holding a brief conversation.

To be successful, just keep everything in perspective... humans are humans. Do this and you won't have any more trouble with this lesson than you did with the one from last week.

Also, in addition to the reading material from this week, you might want to refresh on the reading material from last week since those articles will be just as useful.

After each conversation, write the results in your journal. After completing the assignment, report back to the response thread and share with us one or two of your encounters.

You have until this time next week, to finish this lesson. As well, keep on practicing the skills you learned in the previous two lessons, so that you don't lose them.

And don't forget the 3-second rule discussed in the previous lesson. You'll find that it will be ten times more powerful now, since it will force you to overcome the fear that often develops when you think too much about approaching an attractive girl. Here's a copy-and-paste of the 3-second rule from last week...

"Also, a tip that might help you with this lesson, and the next few lessons, is the 3 second rule (You can find it on ASF). What this means is that when you find someone you might be interested in approaching, don't give yourself more than 3 seconds from the moment you are able, to approach them. Anything longer than 3 seconds highly increases the chance that your nerves will work against you, and that you'll chicken out. Even if you have nothing planned to discuss with them, you'll find that you'll amazingly have something to say if you can only force your feet to propel you to the person."

Okay DJs, let's keep up the momentum. We're getting closer and closer!

DJ Boot Camp - Week #4

Theme: Handling Objections and Dealing with Rejections

Number of reading articles: 6

Number of music picks: 0

Number of exercises: 1

Response thread: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35204>

Introduction to week 4

DJs, we've worked on initiating and maintaining eye contact, greeting strangers, and starting up conversations with chicks... now it's time to put all our skills to use, and get us some phone number!

Purpose of this lesson: For this fourth week in the DJ Boot Camp, our goal is to overcome any fear of rejection, and build calluses against rejection. As such we are going into the field, and start collecting rejections from girls. By getting rejected, we will see that it's not the end of the world, and that in fact, it will make it easier to approach girls. Plus, we'll be getting phone numbers in the process!

Guys, remember to make use of the response threads. Others will read of your experiences and help you along. From this point onwards, you will be getting actual results - this is the point when you start noticing true benefit.

Reading Material

Article 1 - On rejection (by Paradox)

Rejection is a natural part of becoming a DJ... but imagine if a basketball player called it quits, or whined and complained because he failed to make a basket... he'd be worthless. Rejection and failure are part of the game; accept them as stepping-stones for becoming greater, instead of shackles that will forever keep you down.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=20773>

I've missed more than 9000 shots in my career. I've lost almost 300 games. 26 times, I've been trusted to take the game winning shot and missed. I've failed over and over and over again in my life. And that is why I succeed.
(Michael Jordan)

It is common knowledge that pick-up's are a numbers game. The first girl says no, the second says yes. What is important in the game is bouncing back. A rejection can really hurt. The ego, depending on how fragile it is can become damaged.

The good news is that you can bounce back it may take minutes, hours...even days or months.

Even the best Pick up artist is not always on top of his game. Using his best field proven lines and tactics sometimes does not work for the master pick up artist. The difference between a regular pick up artist and the master is that the master always bounces back.

When a basketball player goes to take a shot he feels that it will go in (or at least he tries to get it in). Sometimes they miss. The great players shut out the misses and concentrate on scoring. How can you score when you doubt yourself and your abilities?

Injury is common in the game. You are going to get hurt. All pick up artists know this. Risk, pain and injury are part of the game. Can you imagine how many times Michael Jordan was knocked to the hardwood floor, or elbowed in the face? How many times has he in addition to missing the lay-up come down hard in the paint? He and other great players just get up and limp down to the other end of the court, waiting to get a chance to try again. The greats know that when they go on court that they might get hurt but they still play hard. The greats play to win.

I went to a club recently and the first 2 girls who I asked to dance said "No". The third girl who I asked said, "Yes" and we danced together all night. What if I had stopped after the first 2 "no's" and gone home? I would have missed out on the "Yes".

Courage is being scared to death--and saddling up anyway.
(John Wayne)

Courage is an essential part of a DJ's arsenal. Without courage there is no approach. It's like seeing the hoop and being afraid to take the shot. In the pick up you either get a yes or a no. You have to have the courage to take the shot. If it is a no you have to have the courage to continue with the game.

Always go for the goal. If you miss, don't worry they'll always be another shot.

FastSeduction has a rival system for determining your level of perfection

The AFC levels are the same (wbAFC, bAFC, rAFC, AFC) but then you get Pick Up Artist (PUA = DJ), and Master Pick Up Artist (MPUA = SDJ, or Senior Don Juan), then grandmaster PUA (GMPUA = MDJ, Master Don Juan).

Article 2 - Self Confidence (by chicago#1)

How often do we do things that are more scary than asking a girl for her phone number, things which should put the fear of God in us, but just don't phase us at all. However, when we approach that cute girl and go for the number, we're ready to pee in our pants. Well, it's about time we see things in perspective!

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16279>

Here are some of my own thoughts on Self Confidence.

How many things do we all do that are way more risky then approaching a woman, chatting her up, and getting her number?

I came to this realisation recently at work. I am a shop steward, meaning that I am always having to stand up to management on a daily basis. It is high stress, and the personal risks are pretty high; I have to keep myself and others from getting in trouble at work, and I get criticized by co-workers and especially management; it is a leadership role with all the demands that implies. The other day I had to lay it on the line with the main manager. He totally backed down. I was feeling pretty good about that.

I work with the public, and about 5 minutes later this woman came in, whom I have always been curious about and who is very attractive. Then I thought: it makes no sense that I can be on one hand be screwing with the people in charge at work, but shy away from something as simple as asking for a number, even from someone who is super-attractive. I was feeling so confident that I was able to skip over most of the small talk (we already have a kind of rapport) and just ask her if she wanted to go out. She said yes and then gave me her work number.

Sh*t, that was so easy, and I wouldn't have cared if she had said no. Then I thought; how many people do things, like make major investments, compete in sports (especially martial arts), have dangerous jobs, all of which are risky, but can't ask a woman out? Putting in this perspective changed my whole attitude in seconds! And now I have a potentially hot first date as a reward (I'll find out in 4 or 5 days!)

Article 3 - It hasn't been that bad (by BigBill)

Take a look at how this guy started from nothing, to slowly building himself up, to the point where he got six phone numbers in one class setting! (Make sure you read through this guy's second posting on the thread)

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16579>

No guys this isn't another 'Look at me, I'm so hot I bag all kinds of ass why are you all such pussies' post. I think there are already more of those here than needed but that's just me.

I'm more like most of you reading the tips section. I'm just taking my first steps into the world of becoming a lady-killer. It's only been in the last couple of months that I started coming here and using all the tips and talking to girls and stuff.

I'm not thin, I'm not pretty. I have a crummy job and after my break-up a couple of years ago I had to move back in with my mom so I could have the money I need to go to school full time and pay the (outrageous) child-support I have to pay every month.

Not the greatest dating material right? Well to top it all off I have been a chronic nice guy for my whole life.

So when I decided on that fateful day that enough was enough. After I had just gotten burned by a stupid girl who had nothing better to do than try to humiliate my even more I expected it to be tough. I expected rejection, humiliation, frustration, and lack of success. But dammit I pictured that sorry little bit*hes' face and the way she had played me the fool and how that felt, and I saw red. I saw that no matter what I was going to have to go through, no matter how many times I got led on, shot down, ignored, ridiculed ect, that by God I was going to show that ho, and everyone else, and myself... that **I am better than that!**

So I started, with my heart pounding and a lump in my throat, to talk to women. At first I was only talking, I never asked them out. I found this site and started reading. I read and read and read. I decided that a new wardrobe would help and I bought some nice cologne, and I started asking for numbers. I knew the whole time of course that I was going to get thoroughly trounced and probably only get one number for every 20 or 30 girls I asked. I would never ask a girl if anyone else was around. I didn't want other people to see my pathetic effort and the denial that would surely come from it.

But you know what? It wasn't that bad. When I finally got up the nerve and started asking, sure there were times I got turned down, but more often than not I **didn't** get turned down. And when I did it wasn't as bad as I thought it would be. Now, a couple of months into it, the approach doesn't worry me that much. Believe me, the **real** challenge starts after you get the number. Right now I'm still in a big learning curve there (meaning I don't do so hot!) but if I could learn the approach, I can learn the rest.

So all you fence sitters out there, I hope you decide to stand up, get off the fence and start playing the game. Use the tips here on this forum and you wont go wrong. Take it from a guy like you...

It's really not that bad!

(Second posting included as well, guys)

You dudes would be proud to see me. Man, today in class I got six phone numbers of pretty girls. It was funny too because we are broken into lab groups where me and two other guys are in one group then there are four or five groups of chicks. I've been flirting lightly with the girls in two of the groups and some of them had started coming over to 'ask for help' from my group. I think they were just trying to see if we'd like fall all over them. My group mates didn't let me down though, we all played it cool, and since all of us happen to be really good at math we came off looking like the sh*t.

So as we were finishing our lab 30 minutes early and the rest of the class was struggling along one of the guys says "We should exchange numbers so we can help each other with the homework." and I said "Screw that we ought to get some of these chick's phone numbers." They both liked the idea so I said "Write your numbers here in the front of my book."

They did, and I went up to the group of 7-borderline 8's next to us, handed one girl my pen and book, smiled and said "numbers please."

Two of them wrote down their numbers right away. The third gave me a weird look and said "Hey, you just want to get girls' numbers don't you?" I said "Yep!" and started to take my book back and she goes "Wait!" and quickly wrote down her number.

Then I walked up to the group of 8-9's in the front of class and said "Ladies, in the interest of free exchange of information between classmates..." and presented them my book, again with a big mischievous smile. The prettiest one, who has been acting the flirtiest with us goes "hmm... Do you just want our numbers because we are girls?" And I said "Of course not. I want them because you are PRETTY girls!" They all gave the numbers.

Maybe anything comes of that maybe not but damn, I actually asked two groups of girls for their numbers, flat out told them that my interest in their numbers had very little to do with the class, and picked up a couple of good wingmen in the deal.

It all comes from the confidence I got by making myself get over my shyness and approach women. Those guys and girls in that class think I'm some sort of major pimp with huge balls of steel and no fear of women.

Article 4 - How to Handle Rejection From Women (by terminator911)

Rejection is part of everyday life. In fact, everyone gets rejected several times a day, but we rarely notice it, unless we read too much into it. Here are some methods to look at rejection that will help you put things into perspective.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16580>

Quote:

Rejection, rejection by a woman, rejection by the woman, the woman who has captured your thoughts, the woman whose smile sends shivers of warmth down your spine, the woman whose touch you dream of ... this icy doom fills you with dread. It is the utter desolation of helplessness. It is the worm of self-doubt. It is the gripping fear that warns you to abandon hope.

Rejection is a part of everyday life. People are turned down for raises, refused promotions, declined for loans, and passed over for recognition. Rejection is not final. Rejection is not ruin. Indeed, rejection can be the precursor to eventual success.

There is nothing personal about rejection. It happens to everyone. It is part of "the cost of doing business". It is intimately connected with risk taking. Every worthwhile endeavour at some point involves the risk of failure. This is what makes life interesting.

It is only by risking our persons from one hour to another that we live at all. And often enough our faith beforehand in an uncertified result is the only thing that makes the result come true.

Consider a rejection as a "second opinion" of sorts. The woman who rejects you might well have sounder judgment in the matter of a possible relationship than you. She may have compelling reasons for her conclusion that you are ill suited for each other, saving the both of you a great deal of future grief. This does not, of course, mean you are worthless as a person, just that she was not meant for you, and that you should find someone else.

There are techniques that can remove some of the sting from the fear of rejection. Simply "scooping the situation out", proceeding in small steps, rather than taking the grand plunge all at once is a prudent method of risk management. Asking a woman you have just met to become intimately involved with you is an enterprise almost certain to fail. Asking her to share five minutes over a cup of coffee is a more modest proposal, one much more likely to meet with her approval (after that, she may hint, or even let you know outright if she is willing to go farther). Tackle tricky situations in small increments.

When you do face rejection, and you will, accept it with good cheer. Bounce back and try again (presumably with a different woman). Continued life experience will desensitise you to the trauma of having doors slammed in your face. You learn to survive. You learn to go on. You learn to keep trying.

Since everything in life is but an experience perfect in being what it is, having nothing to do with good or bad, acceptance or rejection, one may well burst out in laughter.

Written by Don Diebel www.getgirls.com

Article 5 - How to get the number and split (by Pimpologist)

Here's a quick, simple, and effective phone number close!

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16788>

"I need to get going, let me give you a call...what's your number?"
(Masta Pimp)

The topic sentence will tell you exactly what it's used for, this is a technique used to "get the number and split". For all who do not know the slang, split means "to leave", to "Get the hell out of there".

People who struggle at the "getting the number stage" will find this tip very helpful in getting over that hump that seems to stop them many times.

Say this line when you want her number and you want to leave or end the conversation. Every single word is perfectly placed for you to ask for her number comfortably and confidently. Say these exact words and there's an 80+% chance you'll get the number

Article 6 - How to "Close the Sale" 95% of the time and get that date! (by Master of the Universe)

Here's the step-by-step procedure for getting a girl's phone number. Basically always assume that the girl will go out with you, and from there, follow the simple procedure and watch your rejection rate drop dramatically!

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16267>

Alright DJs, Master DJs, and DJs in training... Today I'm going to share with you the most successful and effective method I've found for "closing the sale" and getting that gorgeous girl to go out with you.

What I'm going to share with you is the "How To," not just the philosophy behind it. I kid you not, what I'm going to share with you is so powerful, that it has only failed me twice in the last 6 years...

First though, here is the true story in how I "discovered" this secret...

All of my life, I have been involved in sales and marketing, and judging from results, I am good at what I do. Back when I was 18 years old, I was at work doing what I normally do... working and trying to make a sale. Back then I was very confident, but unbelievable naive. (I actually went out on a date, and the girl was rubbing her legs and thighs all over mine while eating dinner, and I was wondering if she had an itch... unbelievable).

Anyway, there was this 28-year-old drop-dead gorgeous girl who normally worked in another city, and whom was working for that day with us. All the guys were buzzing around her like flies around sh*t, and for that matter, so was I.

Evening was approaching, and I was getting hungry. I figured that she must be hungry also, since neither of us had had anything to eat for some while. So as I was talking with her, I told her "I'm hungry, and I'm guessing so are you. Would you like to go to dinner, or would you like me to get us something to eat." Since I was so naive, I really thought I was asking her to eat, not asking her on a date.

However, she took it to mean that I was asking her out (which I sure as hell wasn't going to argue with her about). Then she turned to me and said, "You know, I liked the way you asked me out. I don't think anyone has ever asked me that way before. Instead of asking whether or not I wanted to eat with you, you automatically assumed that I would and you gave me a choice of how I would like to do it." Then I looked at her and said, "Hey, that's right!" Since she had been involved in sales longer than I have, she automatically noticed that I had utilized the number one rule that any sales or marketing person worth his weight in salt knows. And that is...

Assume The Sale

One of the first things they teach you in sales (and which many people forget and extremely few apply to asking girls out) is that you should never ask a potential customer if he wants to buy the widget, but rather if he wants a blue widget or a red widget, a 4" widget or a 6" widget, etc. Basically, as long as you don't ask him if he wants to buy a widget or not, he cannot decline to purchase - you never gave him that option.

Anyway, I went out with that girl, and had a wonderful time. But the most important thing I got from that was the lesson in the power of "Assuming the Sale."

So how do you apply that to your dating life? Simple. First you find a girl who is giving you the signals that she might be interested. You go to her and start talking about whatever you want. I'm not going to get into how to approach a girl here since it would be beyond the scope of this Tip, plus there is plenty of advice in the DJ Bible on that subject.

Now, the most important part of the whole process is the approach, since that allows you to "put your foot in the door." However, other than the approach, and in some cases more important than the approach, is the close.

Here what the average non-DJ does... He finds the perfect girl, goes and talks to her (if he gets this far), and finally asks the girl if she wants to have dinner. If you were to do this, which just about everyone does, then at that point you would have lost control of the situation. You have given her the option of dismissing you. Bad idea.

Instead, let's assume you've spoken with her. You've picked up on some positive vibes, and you think she might be interested. Don't ask her if she wants to have dinner. While being sincere, tell her "I enjoyed our conversation. Why don't we continue it later on this week? Would you prefer to have lunch or dinner together?" AND DON'T SAY ANYTHING AT THIS POINT.

This is important, as the first person to speak "loses," Even if it takes a full minute, just look straight at her confidently and sincerely, and preferably in her eyes until she answers. In 70% to 80% of the time, if you have read the signs right, she will choose one or the other. Congratulations, you have a date. Get her number and call her a couple of days later to make arrangements (and when you call her up on the phone, don't tell her "So are we still on for lunch?" Instead say, "I look forward to our lunch. Would you like me to pick you up, or would you like to meet there." Or "Do you prefer Mexican or Chinese?" You get the hint.

If for some reason she starts making objections when you give her the option between lunch and dinner at the initial encounter, don't lose faith. Objections are the human way of saying "I'm interested, but not yet sold." That's okay, don't push it. Just keep up with your conversation, showing her how cool of a guy you are, and when you feel the time is right ask her, "Let's go do something together in a few days. Do you enjoy bowling more or miniature golf? Bowling, then it's a date! Give me your phone number and I'll call you to finalise the plans."

As you may have noticed above, I didn't ask her for her phone number. I **told** her to give it to me. Respectfully yes, but I didn't ask. Why? Simple, people are trained from school to follow directions. If you ask her for her phone number, then there is a chance she might still change her mind about bowling. But by politely telling her to give you her number, and by having the confidence to fully expect that she will give it to you, she will have no choice but to do just that.

As you can see, the principal of "Assuming the Sale" not only works when selling cars and stereos, but when asking girls out. In six year of using it, it has failed me only twice.

The biggest tip I can offer in using it though is that you must have conviction in your eyes and in your tone of voice that she will accept one of your two choices. As the saying goes, "he who hesitates is lost."

Well, I hope you get as much benefit from this as I did. And if at first it doesn't work like expected... that's okay, just keep practicing... believe me, it's worth it.

Exercises

Exercise description

All right guys, now the fun really begins!

We've worked on approaching girls, and initiating a conversation with them. Now it's time to put our skills to the test, and start reaping the rewards of our labours.

For this week's lesson, your mission is to go out, approach girls, and close for their phone number. However, instead of our focus being getting a certain number of phone numbers, our goal is to actually get a certain number of rejections. The reason is pretty simple... at this point, we are working on killing off our fear in asking a girl for her number.

So, for this week, we are to go out, approach girls, and go for a phone number close. We are to do this until we have been rejected a total of ten times. Believe me, the first one or two rejections might be a bit tough, but after that, it'll get easier and easier... not to mention more and more fun.

Shortly after Walden reviewed my book he sent me the following suggestion:

"I'd really emphasise the value of working through those 10 rejections. When I did it I was happy with 10 closes. I just did 10 rejections today in fact and it was huge! It does wonders for the consistency of your DJing which is a real challenge. The main reason I've been so inconsistent is I'll buy excuses from myself not to approach, whereas when you're going for rejections, you can't make those excuses."

Special exercise notes

1. Be in a playful mood when asking for her number. Don't be shy, don't be nervous. I know this sounds easier said than done, and yes, the first couple of times you probably will be shy and nervous. Heck, you'll probably be shivering, sweating, and shivering. Don't let that get to you, after a couple of number closes, you'll feel 1,000% more confident!
2. Try different closes. Experiment with different ways to get the phone numbers. You may want to try to ask her for her phone number on the pretext that the two of you can do whatever you were discussing, you can simply tell her "I have to get going, but give me your phone number, and I'll call you later," etc. The reading material above gets into detail on how to ask for the phone number... have fun with it!
3. Practice overcoming objections. Think about it, attractive women get approached all the time. In order for them to have a life at all, they develop automatic objections that they deliver to guys who ask them out. Don't let those objections get to you. In fact, as long as a girl isn't rude or even worse, apathetic, I'll try to overcome at least a few levels of objections in order to get her to give me her number.

For example, if she tells me "I have a boyfriend," I'll tell her "That's great, but I'm asking for your number, not his" or "Wow, that's wonderful... when's the wedding?" She'll usually laugh

and say that they're not planning on getting married yet. To which I reply, *"Well, then it can't be THAT serious. Give me your phone number, and we'll have fun."*

The point is, whatever objection she throws at you, see if you can overcome it. Believe me, it's a fantastic high when you get a girl throwing objections at you, and you slip and slide through each one! For me, at least, as long as she's smiling and enjoying the conversation, I love overcoming objections. Some girls do this to test guys, and see how you handle the situation... so come out of it on top!

4. Don't wait until the last day or two to go for your ten rejections... there's just not enough time. Instead, you might want to pace yourself, and make it a goal to go for two rejections per day until you reach your goal of ten.

Well DJs, let's go out and get rejected!!

At the end of, or throughout, the week, keep us posted on how many phone numbers you've acquired in the process of collecting your ten rejections. Also, let's share some good laughs with each other, and tell us about the worst rejection you get. Trust me, there's no better way to get over a rejection than by laughing about it with others who can empathize with your experience.

All right DJs, let's rock!

DJ Boot Camp - Week #5

Theme: Setting Up Initial Date / What To Do On First Date

Number of reading articles: 12

Number of music picks: 0

Number of exercises: 3

Response thread: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35205>

Introduction to week 5

Fellow Boot Campers,

Guys, we've come a long way. In the beginning we worked on initiating and maintaining eye contact, greeting strangers, and starting up conversations with hot girls. Then we put our ego and fear on the line, and went for 10 rejections! Now it's time to go to the next step...

Purpose of this lesson: During this fifth week in the DJ Boot Camp, our goal is to work on our abilities to close the girls on the phone, and set up a first date, as well as to gain knowledge on what to do and what not to do during first dates.

Reading Material

Article 1 - Pimpology 101: The Conversation - Part V (by Pimpologist)

All right, you've got the phone number, waited a few days, and you're ready to make the phone call. Now, what the heck do you do? Just read this post!

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16766>

The Conversation – Part V: The Pre-Calling Procedure

Before making the call, you must follow what is known as a "pre-calling procedure". It not only will guide you through the timing of each call but will also point out ways to manage and prevent common problems encountered during the first call. Preparing the first call is as important as making the first call.

Timing

1) The first calls should always be made between Sunday and Wednesday.

There is a very high probability she'll be home Sunday thru Wednesday and a low probability she's already made plans.

The following table shows when you should call in reference to when you got the phone number.

Fri	:	Mon	(or next Sunday)
Sat	:	Tues	(or next Sunday)
Sun	:	Wed	(or next Sunday)
Mon	:	Sun	
Tues	:	Sun	
Wed	:	Sun	
Thur	:	Sun	

Sunday is the best day to make your first calls because she will almost always be home. Many girls don't go out Sunday nights because they need to rest and get ready for the week ahead.

2) The first calls should always be made at night between 9:45pm and 10:30pm.

Calling at night accomplishes 4 things:

- i) She's more likely to be home
- ii) She's less likely to be busy
- iii) She'll be in a more receptive state
- iv) You'll be in her mind before she goes to bed

3) Never call the very next day.

Never call the very next day after getting a number no matter how good looking they are or how well the approach / conversation went.

When you call the very next day, she'll think you're desperate and have nothing going on in your life. When you refrain from calling the next day you're telling her you have a life, your busy, and your time is important.

Key points

When you get a number on Thursday, Friday, Saturday, or Sunday, you can call 2 days later on the specified days above if you haven't established a string of dates yet. If you already have girls lined up, don't call until the week you want to get with them.

I recommend not waiting more than 3 weeks before calling. Sometimes it can be difficult to fit them all into your schedule but make sure to call within 3 weeks of getting the number. Occasionally you can call the third week and say you'll call the following week (this should only be used when you've been booked for the last four weeks because it goes against additional player tip 2).

Never go more than 2 weeks without getting new numbers. Keep fresh numbers coming in so the supply never goes dry and the process continues smoothly.

Additional tips.

1) If she told you to call on a specific day, make sure you don't call on that day.

Her: "Call me <tomorrow / day of week> ok?"

You: "Ok...I'll try to".

Don't just say: "Ok"...because if you don't call that day she'll get the impression that you are deceitful and it will be harder to build trust.

Saying you'll "try to call" will put you in control of the situation and there won't be any hard feelings when you don't call her on that day. Call her the day after she told you to, only if it lands on one of your calling days.

2) After getting a number, never say... "I'll give you a call"

They have to wonder if you will call them or not. If you told her you were going to call her, it takes the challenge and mystery right out of you. You have to keep them guessing and thinking about your first call.

3) Block your number from appearing on outgoing calls.

All you have to do is call your phone company and tell them to block your number from appearing on outgoing calls. Most girls have caller ID so they know who calls, when they call, and how many times they call. When you get your number blocked, she won't be able to figure out who's calling.

Note: This doesn't mean you can call more than once a day or call her everyday until you reach her, blocking your number will just add an element of mystery to the call.

Troubleshooting

1) The answer machine picks up

Don't leave a message. The first time on the phone must be live.

Never call back on the same night or the next night; always assume all girls have caller ID.

Call back on one of the calling nights.

Follow this procedure until you reach her.

2) A roommate picks up and says she's not home

Roommate: "Hello".

You: "Hi, I'm calling for <their name>?"

At this point she might ask who you are...just answer with 3 words, "This is <your name>".

Roommate: "She's not here right now"... (at this point she might ask who you are if she hasn't yet and / or she might say)... "Can I take a message?"

You: "Well who is this?"

She will either tell you her name and / or tell you she's her roommate.

If she didn't mention her name say: "What is your name?"

If she didn't mention she was her roommate say: "Are you her roommate?"

If she hasn't asked who you are yet then say: "This is <your name>... <name of girl you called for> (didn't mention / mentioned) she had a roommate...how long have you been living together?"

Roommate: <she answers>

You: "Oh yeah?...ok well let me leave my number with you."

Roommate: "Ok".

After your done giving her your number say: "It was nice talking to you <roommate's name>...(pause to give her a chance to reciprocate the statement)...bye".

Creating a little rapport with the roommate will get you "panty points" with both the roommate and the girl you tried calling. There's a good chance her roommate will put in some good words for you like... "He seems like a really nice guy" or "You should give this guy a call, he seems really cool"...etc.

Note: Don't talk to the roommate too long; just enough to give her a good impression of you. Going through the above dialogue is enough.

Article 2 - Pimpology 101: Setting up the first date (by Pimpologist)

Another step-by-step procedure for calling up the chick and setting up the first date.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=15755>

Pimpology 101: Setting up the first date

The purpose of the first call is to set up the first date. Start out with some small talk, and then ask her out. Make the call short and sweet.

Making the call

Her: "Hello"

You: "Hi, I'm calling for <their name>?"

She'll either ask who's calling, say you're speaking with her, or say hello if a roommate had to get her on the phone.

You: "This is <your name>".

If she remembers you, she'll say something like "Oh...hi"

If she doesn't respond after a brief pause, don't say... "Do you remember me?"

Some girls will remember you and some will play dumb. When they play dumb, they're just testing you to see how you respond.

Whether she plays dumb or not, you must re-state the situation and/or location you met to trigger and / or clarify her memory.

You: "We met at <place> on <day / time>".

Note: Add style to your deliverance by making it fit the time, situation, and location you met.

Examples:

"We met at the mall last Sunday".

"We met working out the other day".
 "We met at the store about a week ago".
 "We met outside psychology class Wednesday".
 "We met downtown Saturday".

She'll say something like, "Yeah, I remember".

If she continues to play dumb and still doesn't remember you, that's your cue to say: "Well then I guess I have the wrong number...bye".

Beginning small talk

You: "How have you been?"... <she answers>
 You: "How was your day?"... <she answers>
 You: "What you been up to lately?"... <she answers>

If she reciprocates the questions, just respond with simple answers like "I've been fine", "I had a nice day", "Nothing much"...etc.
 Note: This principle applies to any other questions she decides to throw at you during this call.

Asking her out

You: "Are you doing anything <tomorrow / day of week> or <day of week> around <time>?"

Mentioning two different days / options will give you a higher chance of hitting one of her free days.

1) Available both days

You: "Alright, well let's get together on <one of the days> and <action of date>"

(Example: "Alright, well let's get together on Tuesday and go out for some Mexican food")

2) Available only one of the days

Say: "Alright, well then let's get together on <the day she said she was available> and <action of date>"

Remember that you're not giving her any control by accepting the day she's available because you gave her the option.

3) Not available both days

If she hasn't told you which days she's free then say: "What days are you free this week?"

If you're free one of those days then say what you would in situation #2.

If she's unavailable all week say: "Alright, well give me a call sometime next week and let me know when you're free so we can get together and <action of date>...ok?"

Then give her your number and say bye. If she doesn't call, that means she's not interested.

First date recommendations

I highly recommend going out for dinner on the first date so you'll definitely have uninterrupted conversation before, during, and after the food arrives. Take her to a place that's not too cheap and not too expensive.

I don't recommend the movies or action dates for first dates because there's not much of an opportunity for uninterrupted conversation. You'll be busy watching the movie or doing whatever the action is.

If you don't have enough money to go out and dine, then anyplace where you can have some good conversation will do such as coffee dates. I've never taken a girl out for coffee on the first date, but I would if I didn't have any money. Dining just gives me a better atmosphere to work my vocabulary skills.

NOTE: Good conversation is essential on the first date. It's a test girl's give you. If you're smooth...you pass her test, you're able to get a second date and / or there's a chance the date continues back at her place or yours. If you act like a chump...you fail, the date ends right after you two are done eating and you'll get rejected the next time you call and ask for another date.

Closing the call

You: "Alright, I'll pick you up at <time>...where do you live?"

After getting directions say: "Ok, I'll be there <day of week> at <time>...good night".

I recommend picking her up so it gives you a chance to work your game while in the car and so you can drive her home at the end of the date.

If she doesn't want you to pick her up but instead wants to meet you at the date say: *"I'll tell you what...lets meet at my place and leave together so you don't have to wait if I show up late".*

If all else fails, you have no choice but to meet her at the date. Show up a few minutes late and leave if she doesn't show up within 20 minutes.

Player tips

Don't give her your number unless she asks.

Don't call to confirm the date, just show up at her door. If she asks you to confirm, say you'll call if you can't make it.

Don't answer the phone if she calls anytime before the date, make her leave a message.

Key points

Set up the first dates Sunday thru Thursday.

Try to set the dates within a few days of the call.

Try to schedule the dates during the evening. If she always works during the evening, then during the day would be your only choice.

Make sure to write down the time, date, and place in a calendar and on the paper you used to write down the directions to her place.

Be familiar with the place you plan on taking her and make reservations.

Troubleshooting

1) She says she's busy and that she'll call you back or asks you to call right back

You: *"No I'll just try calling you tomorrow ok...bye".*

Then don't call her the next day, wait a few days to a week. This is meant to increase her interest level, let her know you're not a chump, and that every one of your calls should be considered important.

If she says she's busy the next time you call, she's not interested. If she were really busy, she wouldn't have picked up the phone.

2) She simply says she's busy and doesn't mention any call back

You: *"Alright, I'll try calling you tomorrow...bye".*

Don't call her back she's not interested

Regarding conflicting advice

Remember that each person is an individual. I personally don't agree with Pimpologists' tendency to want a dinner date rather than an action date - dinners can be expensive. People will disagree about what I consider to be minor technical points. After a period of time, you should figure these things out for yourself with ease. Doc Love does not approve, for example, of kinesthetics, but I highly recommend it and so do hundreds of other people because of its effectiveness. The truth is, Doc Love knows that his students are too scared to give kino confidently, while most of us DJs appreciate its effectiveness and are willing to take the risks required, so that we **can** give kino confidently.

Article 3 - The best of "To pay or not to pay for a dinner date?" (started by Stallion)

Several articles for this week were replaced. Such articles were not in the DJB and therefore got lost. I have included other, similar articles.

Here's another interesting thread. This one deals with a question a lot of guys frequently ask... Who pays on the date?

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=18405>

I know this question has been brought up countless times and I still haven't come down to a conclusion.

After reading MSNBC article on paying for the date, it shows that you exude confidence by taking the tab.

Then, at the same time, Doc Love says that if you try to take the tab and the girl refuses to let you and insists on paying her side, it indicates zero interest.

Sorry to ask the same question again but whets your take on this now? The last time I asked this, I got the responses from the DJs back a few months ago and I'm curious to hear what the current DJs on this forum feels about this.

Responses are as follows

killerasp:

Well, if you ask her out on a date, yes you do pay. if you ask her to join you somewhere, then I think she should pay for herself.

GynecologyEnthusiast:

This is one of the more kicked around and ridiculous topics on the board.

As a rule of thumb, if you asked her out on an early date (first several dates) you should pick up the tab for dinner.

She should offer to pay. You should refuse. If the date is going incredibly badly, then let her pay for hers just to get something out of it.

But I can't think of a single scenario where a girl has high interest that plummets because you pay for her grilled chicken. If she's into you, she will be glad you paid.

Personally, I would rather come across as unconcerned about paying than some cheap bastard who tries to hit her up for cash when I asked her out.

stevey_2000:

Pay for each other!

Me and my last date did it this way and it was pretty funny **for her!** She was buying stuff twice as pricey as me...

Bungo Pony: (*very highly respected member*)

If the woman is interested in you, and has respect for you, she'll either pay for her half, or pay for both. If she pays for both, make an offer to pay for the next date. If she gets you to pay for all her sh*t, she's a gold-digger.

This isn't rocket science people! You watch her actions when you're on a date with her. If she walks up to pay, and she pays her half, then you pay yours. If she asks the question "Who's paying?" you make a decision from there, and it really doesn't matter which one you make.

Tamales: (*female*)

I haven't read all the replies but I say old fashioned rules apply here. I have never gone Dutch or offered to pay. Ever! I do however return the favour in other ways ie a home cooked meal, hand painted cards, SEX... just kidding on the last one.

But I believe that when it comes to this... the men enjoy taking the lead. Am I wrong? Do you want us to pay? Maybe you do with someone you just want to have sex with but not with someone you really dig.. No? Even my DJ paid every time we went out. Of course, he mostly just came over to my place for sex LOL....

I suppose it depends on who does the asking. I mean a man could buy be a nice dinner and then after I may spring for dessert or coffee or whatever. I am older than most on here but even in my younger days the courting rules still apply.

The man pays for the date. I mean you are the man, until you become very serious then it is sort of a mixed bag. But woman can show their appreciation and should show it in other ways. Don't ever let a woman just lead you on for dates in

order for you to pay. And in your gut you know the difference. When a woman's interest level is high yes pay. If you are just friends then don't.

But mostly, let the man take the lead. We like that. And it's not just a matter of money. It makes us feel special.

Why do his job for him? I might be exposing myself to flaming here, but then again I have already encountered that.. Every situation is different and I say if you like a girl and you ask her out then be a man and pay.

Article 4 - The best of "Flowers" (started by vortex23)

Okay, we all pretty much know that you **never** give flowers or chocolates to girls on first dates. But just in case you have any doubts, read this thread.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=20303>

vortex23:

Right I know this may sound a bit desperate or something but there is this girl I really like and I only met her once due to work, there is no way I can meet her again for work purposes, but she is really hot and I really like her and we had a good click when we talked. I also got to know she is single. I thought of sending her some flowers, carnations for admiration. My problem is what message should I write in it?

Response by bman:

Bad idea. If you can't meet her again what is the purpose of sending flowers?

vortex23:

If I don't I have zero chances. If I do I have a chance and she is really beautiful.

Response by Cyledehysp:

You should write that she's very beautiful and that you love her. Also, ask her if it would be all right if you ask her for dinner. For sure she'll agree, so bring another set of flowers for the date. Make sure to tell her about yourself, so she can get to know you better - just talk a lot. And don't touch her - do you want her to think you desire her or something? After the successful date, ask her if you can maybe kiss her - or hug, you choose. And always make sure if what you are doing is ok with her!

Or...

You could read the DJ Bible on this site, while forgetting about her.

vortex23:

I can't say I love her having only met her once right? They say to never say I love you early.

Also If I brought her flowers for the dinner I would show her I am a big spender.

As regards kissing I hate asking, I prefer the right moment.

Sorry man for contradicting your post I know you are trying to help but I felt to correct you so you don't make mistakes yourself.

Tell me if you disagree.

Response by Cyledehysp:

Well, thank you for showing me the way!

It's good that you know something, but if you missed the sarcasm, you should start reading DJ Bible.... now!

Quick advice for you would be doing something opposite to my previous post, but such a quick advices won't work too well. Change needs time. Go read.

vortex23:

You mean that telling someone you met once you love him is good?

If you think so you are on the wrong track most definitely.

And for the record I don't need to change, but improve, I get my fair amount of chicks.

Response by Cyledehysp:

You don't understand the meaning of word sarcasm, do you?

vortex23: *(in response to "Well, thank you for showing me the way!")*

I thought you were being sarcastic for that part not your first post! Ok no problem.

Response by Codydane:

Hmm. Sounds like a difficult situation. You met her through work so it's iffy whether it's appropriate to hit on her or not.

You might meet her again. Don't send the flowers. She'll appreciate the gift but it will freak her out unless she also had some significant interest in you. There isn't any evidence that she does have interest in you. Don't send the flowers.

Maybe you'll see her again. It's a small world.

Articles 5, 6, 7 - First date ideas and concepts

Well, it's agreed that first dates should be either non-formal, such as going to a coffee shop, or "action" such as going ice-skating. Here's a discussion on different first date ideas for you to choose from.

Nicholas Hill, writes:

Here are three articles you are going to have to look up for yourself.

The responses are as important as the original opening. The main information in Article six is included just under this list, because it has very helpful information

Article 5: First date ideas, (by laxplayer)

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=34724>

Article 6: The guide to the first date, (by grey fox)
(Included below)

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=31426>

Article 7: The length of the first date, (by SuSHI)

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=34588>

("The guide to the first date", by grey fox)

Not to long ago, a young pip-squeak from high school came into the store where I work. I sell clothing at my summer job and he was in my section of the store, and had overheard my talking about the different types of women you meet at a club and why women go to clubs, so wanted my advice because "You sound like you know what your talking about."(I like to think I do.) Needless to say he wanted my advice on what kind of clothing to wear, he would have gone with something that looked like he had just come off a construction site, but I steered him towards something nice and cost effective. As I showed him my wares he asked all sorts of questions, he seemed to be an AFC but his heart was in the right place, so I obliged his questions. By the time we were finished I felt that I could put together a book on this one subject after fielding his questions, but then I thought "Better yet I'll make

a guide for it so my fellow DJs and DJs in training can have something to get advice from instead of flooding the board every week asking the same question: What do I do on a first date?"

So I proudly present to you, my guide to the first date that will hopefully lead to a second date if she's worth it.

The approach

First off, no first date will ever happen unless you ask. I usually find that after building up some rapport with a woman that using the following combination of words seems to get the point across and will lead to a date: *"Hey, I just had a great thought, give me your phone number and we can hang out some time."* If she says no, eh I don't care anymore what they say, life is to short and I've noticed that there is always another pretty to catch my attention. If she says yes, well then I guess I will have to call her then; because I only ask for numbers if I am really going to call. Woman ask for numbers to keep as trophies, but those women are not the best material, and your not one of those are you? Of course not so the next thing we should tackle is that first phone call to set up the date.

The call

Believe it or not, you can put yourself in a hole here that you can't climb out of, or you can seriously improve your chances by how you carry yourself. There are five keys to having a successful phone conversation for setting up the first date.

- 1) Wait four to five days before making the first call. It gives you time to figure some stuff out like where to go and what to do. Also you it sets you apart from those desperate AFCs who call the day after they get a number, nobody likes a boot-licker so why act like one by calling her and acting like an attention starved puppy?
- 2) Be confident. No girl likes to hear *"Um gee <her name>, I was thinking, uh, since you gave me this number and all. That well we might, um, go out on, um...a date"* (said in a meek tone that gives the girl the impression your already curling up in a fetal position to take the blow of rejection which you believe you'll get.) Look you already got her number right? Well son, you just won half the battle right there. The other half is dating and sex, and that's the fun part. So you have every right to be confident, knowing that your training as a DJ has paid off. What a girl likes to hear will sound something like this: (Your asking her if she wants to go out with you in a confident tone, one which conveys your power and pride as a DJ.)
- 3) Get to the point. No need to build up a rapport, she already knows why your calling. Save all that stuff you would say to build up to asking the question for the date. That way you have something to talk about on your date.
- 4) Know what you want to do. You call up not knowing what you want to do, and she'll not know why she bothered to give you her number in the first place. Be able to give her the time and place of where the date it is. If you sound like you know what you're doing, she'll respect that. Be sure its geared towards something fun, that way you'll have fun no matter what.
- 5) Keep it short. What's the point of talking to her after you've got your date all set up? Seriously you got what you want, why mess around on the phone longer than you have to? The longer you yap the faster her legs will snap shut on you. Keep the conversation no longer than 15 minutes and that's only if she is squawking her head off. If its a normal conversation it should take about 8 minutes factoring in the questions she'll ask about the date or the obligatory "Oh, we're going to have some much fun." Speeches she is legally obligated to throw out.

Keep these things in mind and you won't go wrong. But, before you can make the call, you have to know what you want to do.

Activities for the date

A good date is like valuable real estate. It's all about location, location, location. No girl wants to sit around doing nothing, and unless she's a cool gal she may not be enthralled with the idea of just having a quiet dinner at hers or your place. Unlike the movies, doing that quiet dinner in thing is not as entertaining for a woman as you might think. Hence why "going out on a date" means "going out," you're changing the scenery because it keeps things interesting. Also she wants to see how you handle yourself in the real world, and you can't do that sitting in either one of your homes. So I will suggest some places to take your date.

- 1) **The Coffee House:** Most people drink coffee, the date can be quick and you can chat briefly. This is good for laying out the common ground between you, and will help you set up future dates that tailor to both your interests. You find out she likes the movies, you like the movies, here's a crazy idea go to the movies for your next date. Also the coffee house date can be quick so you can cut out if things take a dive.
- 2) **Dinner:** What woman doesn't like a delicious meal and stimulating conversation? By stimulating I mean you her all about her little life while you throw in some of your stories. (Don't give away to much.) If you're not a strong conversationalist you maybe out of your depth here.
- 3) **Movies:** You spend time together, and yet your engaged by another activity, when your done you can talk about how interesting the movie is going to be. And when its over you can talk about it further. The beauty behind the movie date is that it gives you a common subject to talk about on your way to and from the movie.
- 4) **Mini golf, and bowling, pool hall:** Action dates, excellent chance your kino as you rub up against her body as you instruct her how to play better. (And play the right way for that matter.)

5) Bars and Clubs: I'd steer away from this one as bars and clubs may be a bit too noisy to have a "meaningful" conversation in. But the alcohol and the atmosphere of the establishment will deflate some of your anxiety. Also dancing, needless to say, give you great opportunity for kino and shows her how good in bed you can be. (Women believe that you dance like you make love.)

Whether you choose an "action date" or the cliché "dinner and a movie" it doesn't matter too much, because she is on the date to see and know you. In the end you're going to have to show her that in any situation you're impressive. Whatever you choose to do, pick something you'll have fun at, if she doesn't enjoy herself then there might be something wrong with her attitude. (But honestly if you set your date up as going to a comic book convention expect to return to the fortress of solitude, alone again Poindexter.) Of course going out in public means you have to have clothes and look well groomed, otherwise people will wonder what desert island you were stranded on.

Clothes and grooming

First you should always groom yourself before the clothes go on. You don't want to drip toothpaste, mousse, gel, shaving cream or shampoo on what you're going to wear. (If you're dripping shampoo on your clothes you may want to take your clothes off, before you take a shower.) Whether or not you have a beard, goatee, moustache, soul patch whatever, look clean shaven. If a guy can get past the hair between a girl's legs to service her, I think a woman can deal with a little facial hair. Brush, floss, and apply deodorant and cologne. A note on cologne, cologne shouldn't be applied so that you leave a vapour trail wherever you go. It should be faint, and only really detectable when she gets real close to you, that way if she likes the smell she has to stay real close otherwise she can't enjoy the olfactory sensation you give her. (Translation: you smell good so she sticks close to smell that wonderful odour, just don't fart.)

IF THERE IS ONE THING YOU TAKE AWAY FROM THIS ARTICLE LET IT BE THIS: Clothes DON'T make the man. The man makes the clothes look GOOD. The clothing you wear is only a physical manifestation of how you feel about yourself. Wear something nice, crisp and sharp and you're saying you're a confident guy with all his stuff together. Wear wrinkled, tasteless, and ragged clothing and you're saying that mom hasn't gotten around to doing your laundry yet. I prefer clothing that is soft to the touch like silk, microfibre, cotton and linen blends that have been softened. Why you ask? It gives a woman a reason to touch you. And when they find that touching you and clothing feels good, the association that touching you feels good. The more touch and for that matter the heavier the touching the more pleasurable it will be for them. Okay so you're dressed, you made your plans and called and she wants to go, know you wonder what you should do on your date? Well that's going to be answered very soon.

General dos and don'ts for the first date

- 1) Don't call an hour before your date, it seems clingy.
- 2) Flowers aren't needed at this point, I find that flowers are best kept for the second date, it's a nice subtle way of saying "Hey good work you got my attention, and I'm interested in you." When you do buy flowers buy 5, 12 is too many and only buying one looks like you haven't bought flowers since prom night.
- 3) Hold the door for her, help her in and out of the car, and pull out her chair. This gentleman bit isn't done too often these days, it signals to her you're a cut above the rest. This doesn't mean act like a nice guy, just show her you can make her feel special by doing the small things.
- 4) Avoid being a slobbering idiot, she may have the body and face that can launch a thousand ships and burn Troy to the ground. But, if you act like a dumb struck buffoon, she'll pull anchor on you and get away. Women want a man who can treat them like anyone else at first, once you get into a long-term relationship then you can show them how special they are.
- 5) Keep it light. They don't want to hear about your problems, and it's bad enough when they talk about theirs so stay away from negative stuff.
- 6) Pay for it. You asked her out so you have to pay, because being broke looks weak, and going Dutch makes you look cheap.
- 7) Let her do most of the talking, and when you talk, maintain the mystery of being you. Don't tell her your life's story, otherwise if she knows your whole deal, what's there to come back for?
- 8) In an intellectual conversation, don't be afraid to disagree. Having your own opinion shows off your individuality as well as engages her to make the conversation go deeper. (But this doesn't mean you should start a fight, or take a "I'm right and your wrong" approach, allow for a little debate.)
- 9) Don't worry about if she likes you. It's her job to worry whether or not she is worthy of you.
- 10) Holding hands can be weird. But walking arm and arm is surprisingly nice, you can say "it's a lovely European custom" (which it is) and it gives her a chance to feel the strength in your arms.
- 11) Kissing. No need to kiss on the first date, unless you make some serious headway. If she tries to kiss you, turn your head and let her kiss your cheek. (This is if you want to play a little game to up her interest level. This works great on hot babes who will be left wondering why you didn't let her kiss you when every other guy would be jumping at the chance. They start to question their feminine prowess, and the next time you kiss them for real they will feel it's something special that you're gracing them with.)

12) Just because it's a date doesn't mean you have to like her or try to create feelings for her, that's her job to convince you she's worth it. If she turns out to be a psycho-ho beast that would make Martha Stewart seem companionable, then NEXT!

13) Never set up a date on a date.

14) Remember you are the man. Tell yourself that, know what a great catch you are, and she will know it to, and she'll come back for more.

15) When in doubt trust your "inner voice" or instinct, not the one driven by the possibility of getting some or the one driven by fear. I'm talking about the voice that truly knows if the girl is worth it and if things are legit. That voice should be your heart, you can hear it if you pay attention.

16) I don't think it's been said enough around here so here it goes again: Always protect your heart.

Well there's my guide. It's taken from the stuff I found useful that worked here, plus the stuff I learned over the years. Like any advice you can you all, some or none of this stuff. But what you do use, I promise you has been tested, and tried by fire if you will. REMEMBER, A FIRST DATE WILL ONLY HAPPEN IF YOU GET THAT NUMBER! So what's holding you back?

Article 8 - Kino makes all the difference (by trickynick)

Yup, kino DOES make all the difference. This one tool can easily separate you from success and falling into the LJBF zone. However, it is much simpler than some make it out to be. Take a look at this post for some quick ideas, and start using Kino are your dates.

Source: <http://www.sosuave.net/forum/showthread.php?s=&postid=298716>

I have made what I consider to be a remarkable breakthrough in my development as a DJ. For the longest time I underestimated the importance of what we call kino. I made some attempts at it, but didn't make it much of a priority. After my experience on a date yesterday not only is kino a priority now, it is **THE** priority.

I had set up a brief, low-key first date for drinks with a girl I had met at a dance club quite some time ago. We had had some phone conversations by then but hadn't seen each other since we met. As far as conversation goes, it was like most dates of this type for me. One of my main problems on dates in the past has been gauging the interest level. I was able to do it this time with some really simple kino techniques.

When a pause came up in the conversation I slowly reached across the table and clasped my hand around hers. I stroked her palm from underneath as I complimented a ring she was wearing. She seemed quite welcoming me touching her hand, I took this as a sign of a good interest level.

As the date continued I was thinking "the hair is next, I got to get my hands in her hair somehow!" We were at a non-smoking bar, so when the date was getting ready to end she asked if I would like to come have a cigarette with her, which I did. I stood pretty close to her while we were smoking and I reached up by her temple and preened her hair back around her ear and said, "that's a really nice earring." She thanked me for the compliment and again seemed to like the touch. Not long after that we said good-bye. Her pupils were a little dilated and she initiated a hug turning her face against mine. I kept the hug brief as I said goodbye.

This kino stuff is not nearly as complicated as I made it out to be in my head and so incredibly effective in gauging interest level and turning her on. I guess I just had to start doing it. Now I know that it's all about kino.

Article 9 - Seduction without Speed (by Adonis)

Speed Seduction, or SS, is an advanced collection of methods to quickly cause the woman to feel for you the things she wants to feel when in the presence of a real man. There are lots of resources on Speed Seduction both on SoSuave's Discussion Forum (www.sosuave.net) and on the site dedicated to the practice - www.fastseduction.com

You're starting to date the girl, but you are not exactly sure how to operate. Do you show her that you're interested, and that you want her? Or do you treat her like any other person and make her think that maybe you're not that interested. Well, both strategies are correct and incorrect. Your goal either way is to seduce her properly, hence this post.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=15873>

This isn't some Speed Seduction technique tip. While I won't argue about the effectiveness of SS, I have never learned about it and hence have another method I go by.

Seduction is important to attracting women - some unfortunate bozos really don't realize this. While some guys may think that their good looks alone (unfortunately I'm one of those) are enough to attract chicks to sleep with them, good looks can only take you so far. No matter how good-looking you are, if you can't seduce her, you'll never obtain what you want. If you're just average looking and you know how to seduce her then you won't have to be reading this article.

Some guys here have such low confidence that they beat around the bush trying to fool the chick into their beds by using dumb pickup lines thinking it's the way to go. A real seductor has the confidence to be honest and straightforward with his target, he knows what he wants and not afraid to show it. He doesn't have to use pickup lines in order to bed girls. A true seductor uses his seduction technique to lure the fish into taking the bait.

Even if you have the perfect approach, it will not guarantee you success. But don't be discouraged; I can honestly tell that the rejection rate is very high when approaching women you don't have previous meetings with (even for good looking guys that get approach by women). You might run into chick who already have boyfriends, don't have the time to stop and talk, having a bad hair day, or are just not interested. Don't blame yourself and don't let your ego take a hit. This is normal and happens to many men -- even players. Getting rejected by a stranger is part of the game - it's a fun part of the game because you can laugh at it.

Ready?

Always approach with a plan. I can improvise successfully (this is a pain trust me), but regardless of the case, having a plan always helps your chances of coming across as a person she might consider dating.

Always be honest about what you want. Don't hide the fact that you want to get into her skirt - that's the thrill of it. She already knows what you want, lying and fooling her is only going to make you look like an idiot. Most guys think that they can fool a chick into giving them their number. Chicks already know that you're trying to pick them up, so don't beat around the bush. Be direct and let them know exactly what you want. You'll come across as a confident and straightforward man.

Just be patient, Patience is good. Don't rush into things like a hungry Hyena finding a dead carcass. Have a good approach - be confident about your approach. Know that you can get any girl you want and when you want - have this attitude always. Don't end up looking like a little boy craving for ice cream.

Look into her eyes when you talk to her. Do not stare at her breasts or let your eyes wander elsewhere. Let your body language, your lips, and your eyes convey and explain your desire for her - your desire to touch her body and feel her skin. Do not say it in words. Avoid any sexual comments and quit gazing at her body at all times - keep your eyes to yourself pervert!

Maintain a stimulating conversation. Be original about things you say. Use as less compliments as you can about her looks. Remember, you don't want to come out like a rabid dog in heat.

You need to look good, stylish and trendy. You don't necessarily need to look like a model - but it will definitely help. Take time to look your best. Make it look like you at least invested some time and money on your looks, not like some bum off the street. That goes without saying: maintain proper hygiene. Have a little fashion sense: go with a trendy shirt, a pair of decent pants, and maybe even an alternative hairstyle (don't go too far).

Appear friendly and approachable. A good smile will definitely do the trick, show those gorgeous whites gents. A lot of women aren't comfortable talking complete stranger so it's up to you to make yourself appear harmless - not like a lost puppy dog mind you, just friendly and approachable. A little humour usually helps.

Be the charming man. To attract beautiful women, you project confidence, good-looks (or appearance of looking good), intellect (yes, very important), and the most important of all, your charm. How do you show charm? Look into her eyes when you speak to her - let her know that you are comfortable to be with her without telling her. Eye contact always. Stimulate her mind and make her think. Just show her that you respect and value her opinion by asking her questions related to current affairs. Laugh at her jokes even if it isn't funny (this is really hard, but you can just laugh at how stupid her joke really is) Show her that there are other things on your mind besides sex. Avoid topics related to sex, sports, ex-girlfriends, money, cars, and so on.

Seduce her emotions and play with it. If you can make her feel then you're on the right tract. Make her excited, give her that rush of adrenaline that she always wanted go on a bike ride ask her to go sky diving with you.

Make her believe that you are real with all your intentions. Leave an open mind. Make her feel beautiful about herself without saying it in words. Again, use your body language and your eyes to accomplish this. Feed her ego without setting yourself up as a stooge. Appear to be a person who would give her pleasure. Light touches to erogenous zones (when invited) are the way to go.

Just keep practicing this. The more you do it the better you become at it. Improvise, just because the above methods worked for me doesn't mean it will work for you - just have a plan and be dynamic.

Article 10 - The crook... (by Deagleclaw)

Here's a move you can do in the first date that will denote confidence and class, while allowing you to get in some kino and judge your date's interest level!

Kinesthetics means "Subtle touching" and is normally a word abbreviated to **kino**.
The included articles will give you tons of information on this practice and will inform you of how important kino is.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16105>

Hey boys,
This is the move that will solidify you on early dates.

Courting is a ritual. A series of progressions into different stages of a budding relationship. More things go on in the first 4 dates than you realise.

Anyways, early on, you are simply there to interview your new date. Elicit what info you can and determine whether or not you want to spend some time getting to know them or just don't want to waste your time with them. Once you realise that you DO want to continue on with them it is your turn to make a move... This magic little ditty will do wonders.

When walking from your car to a restaurant or whatever, simply crook your arm (don't look awkward doing it, don't for a second believe she will pass). She will accept the offer, as is proper etiquette whether she's into you or not. By doing this little manoeuvre you are indicating to everyone else that the two of you are out together. You are indicating to her that you've accepted her as having potential and the evening is going well. You have NOT taken her hand, you have not indicated any level of interest, merely said "I am accepting your company this evening and enjoying it".

Pros:

- 1) You come across as a Gentleman. Manners ARE important.
- 2) She gets to play Audrey Hepburn and feel like an all American Princess and warm and fuzzy.(It's all about how you make them FEEL when they are with you)
- 3) You discourage others from eyeing her.
- 4) You get some good Kino in.
- 5) You don't come across as possessive because SHE is holding on to you, not the other way around. In fact, you set the precedent.
- 6) You can deftly move from this position to an arm around the waist.
- 7) She gets to check your pipes out.
- 8) Other women check you out when you have a woman hanging off of you... your date sees this and puts more value on you.
- 9) If she's wearing heels and stumbles she can hang onto you... Women love a sense of security in the man they are out with.
- 10) It shows that you know what you are doing.
- 11) Holding hands early on may be too personal or show too much affection, this is a counterbalance.

Cons:

- 1) If she's a femi-nazi you get the "I can walk on my own" speech.
- 2) If she doesn't take your arm when you offer it is a snub, don't date women who snub you. You are spending your valuable time on showing them a good evening. Snubbing is unacceptable.
- 3) If it's cold and her nose is runny it might drip on your sleeve and dry cleaning is expensive.
- 4) If her most recent ex sees you together he might draw the conclusion that you are closer than you actually are and deduce that she cheated on him with you and decide to make a scene. In which case you have to throw the guy through a store window and everything goes to hell in a hand basket.

Yeah, I think it's a magnificent manoeuvre for a first and second date... even if you're already sleeping together.

Article 11 - The best of "How to kiss a girl for the first time?" (started by JCKey618)

So you're wondering when is the best time to go for a kiss. Well, here some DJs share their experience with the rest of us. *(A replacement thread posted by a highschooler to take the place of a nonexistent*

thread originally included by MotU, but I thought it was good. Most of you are older than this person, but the responses should mean something to all of you. Too many of you guys think you're older than this, but we all secretly know that being young and playful is the key to a woman's heart – Nick)

JCKey618 asks:

I made a thread earlier about this girl being undecided and it was short because I had to go, so this is kind of an extension of that.

I pretty much know she likes me because she all but said it. We are at this kind of summer camp thing. I'm 16, she's 15 and we will be down here for 5 weeks. We talk on the phone at night for about 1-2 hours. At around 1 a.m., she starts saying stuff like "I got to go, but I don't want to" and then we talk for an additional 30 minutes or so and it's obvious neither of us want to get off the phone. She told me I had a nice smile and she likes my laugh, so I told she had pretty eyes.

The thing is, during the day, she seems so anti-social towards me. I can hardly hold a conversation with her when others are around, but she seems fine when we are by ourselves, which doesn't happen much.

I walk her back to her dorm after study hall, and today I want to try a kiss. How should I do it to make it special?

RaraAvis responds:

Well from my view there are two ways of doing this:

1) Either ease the kiss on by maybe giving her quick hugs and kisses on the forehead or such during the day, so that when the actual kiss comes it may not shock her as much, if your worried about that, but I'd only use this if your really worried.

2) Otherwise it's simple, when you get to her dorm hug her, then while still hugging kiss her. Easy as anything, she'll love it especially after what you've said about her. This girl is really into you, don't let it go to waste

Raven125 responds:

Ask her if she likes surprises... if she says yes... kiss her. If no then kiss her and say that you forgot she didn't like surprises.

JCKey618 asks:

I don't really know how to kiss. Any advice?

crazykid responds:

At the end, give her a hug, then pull back, but still hold her and look into her eyes. Smile and then lean in for the kiss. Make sure your breath is fresh (mints and gum work wonders) and make sure your lips are a little moist. When you hug her, lick your lips a little. Then lean in, tilt your head a little, and make contact with her lips. Then do what feels natural from there.

JoE BoXeR responds:

Just make sure you're alone and she's in a good mood, then follow crazykid's straightforward advice and it will happen. Your first kiss was over. Ta da! Breathe a sigh of relief; next time won't be half as hard.

Just on another note, I don't mean to rag on you but **DO NOT** spend so much time talking with her on the phone. If there's one thing I've learned since joining this site, it's that spending too much time talking on the phone, instant messaging her or telling her all your secrets and emotions will only have negative effects. I repeat, it will only make you look desperate and like you have no life.

I'm not innocent either, I did it once and talked with a girl for three hours straight on the phone. After that I found myself with nothing to talk about when around her except for small talk which got old really fast. You may be sure that that relationship fell apart fairly fast.

I'm saying this especially since you claim you have very little to talk about with her in public. Keep your calls no longer than 20 minutes and be sure you're the one to end it. Keep her wanting more. Cut off her supply! A girl will value a conversation in person a lot more than one held over the phone. They want to assure themselves that you're as witty, romantic and spontaneous as on the phone when you're in public and are at your most vulnerable so to speak.

Wow was this post about a first kiss? I got a little off topic but I thought it was important information, you better read this JCKey618! Good luck.

Article 12 - Womanese! (by Pook)

Okay, now that we're starting to go out on dates, we're going to be running into plenty of "womanese"... you know, that language that chicks use that makes absolutely no sense. Well, here's an easy to use dictionary.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16976>

It's no surprise that woman speak in another language. They are subtle creatures, sneaky, devious, and say things in code.

It's time for men to break the code of womanese!

For your reading pleasure, **bold** will be the woman. Normal text will be the explanation. *Italics* will be what the Pook man is saying. Such text from me will be indented as a quote.

I'm not looking for a relationship right now.

TRANSLATED: I don't want a relationship WITH YOU. Don't even BOTHER trying to go out with me since I am saying that a relationship with you and me is already not going to happen.

POOK-MAN SAYS: I was nearby when a woman was giving this 'veiled' rejection to a co-worker. I jumped in, "So if you're not looking for a relationship, then all you're looking for is SEX, and is that it?" Her mouth dropped, but I continued. "I don't BELIEVE you women! That's the ONLY thing you have on your minds is SEX, SEX, and MORE SEX! I am looking for a loving relationship, but NO, you women only want passionate raw animal sex! Now with me, I find you need to TASTE the other pleasures in life. So you CAN get your mind off of sex, right?" Her eyes were GLOWING at me. Funny, she suddenly wanted a relationship with me. Hah!

I don't think of you in 'that' way.

My goodness, are you ugly and a sexual dud!

I think of you as a brother! or You remind me of my brother!

I would consider sex with you to be incest.

The kids were bad today.

Obviously, your genes are defective!

We were both wrong.

But you were more wrong!

This recipe didn't turn out how I expected.

I burned dinner.

Try and complain. I DARE you.

You don't listen to me!

You don't listen to me!

Honey, I HATE to interrupt...

As if you were doing anything more important.

Have you had time to...?

Stop what you're doing, get up, and do it RIGHT NOW!

When you get a chance...

Do this immediately!

I hate to nag but...

I want you to get off the couch now!

Of course I don't mind paying for myself.

Cheap date!

Let's not rush things.

I have other prospects.

I'm not ready to settle down.

I sure as heck don't want to settle down with YOU!

I enjoy the single life!

I enjoy not being with YOU!

I need more space!

You're becoming undesirable and unattractive.

This is when you WALK AWAY

I'm focusing on my 'career'.

My training and studying for my career is extremely boring and tedious yet more exciting than you'll ever be.

Let's just give it some time.

You're not high on my rating list. You're good insurance policy if a better prospect doesn't show up.

I like you, but...

I don't like you at all.

You're not the type of guy I'd date; you're the type of guy I'd marry!

You're sexually a dud. You're not fun to be with. But you are... 'Nice'.

A friend of mine responded to this line with, "And you're not the type of girl I'd marry, but you would be the type for a one night stand!"

Let's Just Be Friends

You'll never see me naked! I'm not attracted to you.

Pook Man then says, "No, I have enough friends. Buh-Bye!"

I don't want to ruin our friendship.

Please continue to remain my girly friend. You make an excellent emotional tampon!

Honesty is very important to me.

Only tell me what I want to hear.

I only like you as a friend.

I'm not attracted to you.

*"And I only see you as a flaming *lut w*ore!"*

You're so manly.

Shave, bathe, and discover a thing called S-O-A-P.

Let me check my schedule to see if I'm doing anything.

I have plans. WE do not.

We need...

I want...

Can you call me back? I need to...

I just need an excuse to get off the phone. I didn't want to hurt your feelings so I LIED BLATANTLY TO YOUR FACE. Oh, and have a nice day!

How about you give me YOUR number.

I'll add it to my trophy collection of guy's phone numbers - pathetic guys who want me but I don't want them!

Call her on it. "You just want to add it to your trophy collection of guy's phone numbers who..."

I'm not upset...

I'm upset.

She's upset.

Be romantic and turn out the lights.

I'm not proud of my body.

Do you love me?

I'm going to ask you for something expensive...

Am I fat?

Please tell me I'm beautiful.

I love men who take charge...

Pay the bill, you chump!

Sure, but I hope you're not disappointed.

I'm flat-chested.

I'm not that type of girl.

Keep trying.

Keep trying.

Don't touch me there!

Touch me there, but I'll stop you a few times first.

Heavy resistance is bad. Light resistance is normal. Women WANT you to go for them. All women WANT to be taken.

Will you respect me in the morning?

You won't tell your friends, right?

I'm not looking for anyone.

I'm not looking for anyone LIKE YOU.

We need to talk...

I need to complain!

Nod head, go 'uh huh', smile, repeat.

I need to think about it.

No way.

We have an off and on relationship.

I kept him around until someone BETTER shows up.

Where is this going?

Are we getting married?

No

No

Maybe

No

Let me think about it

No

I feel like I've known you my entire life!

Bingo! We have a Bingo! Will someone make sure this prize does not get away from me?

No

Yes.

Pook wrote a follow up article, called "*More Womanese!*"

Available here: <http://www.sosuave.net/forum/showthread.php?s=&threadid=28726>

This newer article is included in the Appendices

Exercises

Okay fellow recruits, after over a month at this Boot Camp, now we get to start enjoying the fruits of our labour and start dating chicks!

For this week's lesson, we are to do each of the following exercises:

Exercise 1

Call up the girls whom we have acquired their phone numbers during lesson four and set-up a non-weekend first date. This could be to a coffee shop, or an action date, but definitely not the traditional movie-and-dinner. Take a look at the Reading Material above for ideas.

Exercise 2

Use the skills we have learned up to this point, and those contained within the Reading Material above, to increase the girl's interest level.

Interest level: Doc Love has a system and one of the major parts of this system is the concept of "Interest Level". Basically, a girl must have 50% or more to be romantically interested in you, and if it goes below 50%, then it is impossible to become her romantic interest [again]. This is called "LJBF".

Let's just be friends: Or LJBF, is a line a girl uses on you to try to "Let you down nicely". Truth is, this is a pathetic thing to hear. If you hear it, move on to a next potential girl. Its rare to get anywhere with a "Friend", but at the same time, friends can be assets to helping you attain others.

Exercise 3

Go back into the field and get more phone numbers if we have not yet acquired ten phone numbers.

Field: The arena from which you work. Could be a shopping mall, a park, general crowded area, clubs, pubs, university campuses etc. When you're in the field, you should feel as though you are "On".

Special exercise notes

This lesson does not have to be completed by this time next week. You will have **fourteen days (two weeks)** to complete it (*MotU suggested one and a half weeks, but that would cause an imbalance with the day names – Nick*). So with two weeks, you have just the right amount of time to go get some numbers if you don't have enough (or any), wait 4-7 days to call and set up the date, and to finally go out on some dates.

Upon completion of, or throughout, this exercise, come back and report on one or more of your dates and first phone call conversations – use the response thread.

All right guys, we're half way through with the Boot Camp. You guys who have stuck to it this past month are doing fantastic. Now we get to start enjoy what we've worked hard to establish.

So go out there, and have a blast!

DJ Boot Camp - Week #6

Theme: Setting Up Subsequent Dates / Increasing Interest Level

Number of reading articles: 6

Number of music picks: 0

Number of exercises: 4

Response thread: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35206>

Introduction to week 6

My fellow Boot Campers,

We are now in our sixth week in the DJ Boot Camp. Before we get into this week's lesson and assignment, let's quickly recap what we've accomplished so far...

- 1) We practiced displaying confidence by looking people in the eye, and then saying a simple "Hi" to strangers.
- 2) We initiated conversations with strangers, and later on we initiated conversations with girls we would like to date.
- 3) We went out and gathered ten rejections, and in the process got some phone numbers.
- 4) We worked on calling up the girls whom we acquired the numbers to, and set-up, and went on first dates. In the process, we also worked on ways to increase the girls' interest level in us.

Purpose of this lesson: Now that we've went on a first date, our goal here is to work on setting up a second date, as well learning new ideas and strategies for things to do on the second date to increase the girl's interest level even further.

Reading Material

Article 1 - Conversation To Her Heart (by A Turtle Named Adrian)

Still have a little work to complete on your conversations with chicks? No problem, this post deals with strategies and ideas for conversing with women.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16250>

- 1) First, vision your seduction more powerful than hers. Be down and prepared for whatever comes your way.
- 2) Talk about **feelings**. "How was your weekend? What did you do? Did you have fun? I like the way your hair is!" - anything that you think she would like to talk about.
- 3) Never, ever, ever, ever, ever analyse her problems. When she starts bit*hing or complaining about something, don't tell her how to solve it, just listen and sympathise with her. Agree with her.
- 4) Questions for descriptions. (Ask "What...?", "Have you ever...?", and "How do you feel?" questions).
- 5) Question her on the same subject. Stick to the same subject. Don't ramble on with question after question. If she tells you about her trip to Hawaii, ask a bunch of Hawaii questions, or question's on vacation's or whatever related. Your object is to let her know you're listening to her, that she can trust telling you whatever. If she trust's you enough, she'll probably change the subject to SEX. Don't be bashful now!

6) Rephrase whatever she say's and feed it back to her. "So you think I should cut my hair", "So, you believe he did it", whatever.

7) Trees have branches and conversation has topics. Pick a word she says and go from there. "My girlfriend Sharon told me that I should do some modelling before I go into the Army". Topic's she gave you: 1) Sharon 2) Modelling 3) The Army

8) Open up her answer:

HER: *"I like a guy who's muscular"*.

YOU (skinny and all): *"How does a guy with muscles make you feel"*

Her: *"He makes me feel protected"*.

She doesn't necessarily want a guy with muscles but a guy who makes her feel protected. You can do that skinny guy.

(O.K., now that you know her, time to flip that script on her - not on the first date of course)

9) MIND GAMES: question her judgement on things. Challenge her facts and figures. Plant doubt in her mind. (All in good fun of course). Nothing negative though.

10) If you got yourself a 9 or a 10, hit her (not physically) with a negative remark like: you got a big belly, what's wrong with you hair, how long have you had them shoes. If she starts to break down, comfort her and tell her you were just kidding.

Good luck

Article 2 - The MOST Important Thing! (by maranathamam)

Okay, we all know the importance of kino... well here's another great post to hit it home!

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16351>

On this site, it's been said on numerous occasions, that "KINO" is a good technique to use on women.

Well, I'm here to testify that KINO may very well be THE most important tool a DJ has!

I have been experimenting with it more often than ever lately, and I have noticed time and again that a conversation with a girl that is going relatively nicely quickly turns into a hot flirtation when I introduce KINO into it!

Try it! Put my theory to the test!

The next time you have the opportunity to have a conversation with a "bonnie lass", subtly touch her now and then, also give her a lingering hug. If she ever holds-out her hand to shake yours, make sure that when you take her hand, you hold on a little extra while smiling and looking into her eyes, and thinking to yourself "I can make love to you like you've NEVER been loved before!" If you need more KINO ideas, do a search on KINO in this site.

KINO, guys, it will change your life!

Now repeat after me, "I WILL do KINO on every cute girl I meet from now on"

Article 3 - Sir_Chancealot's Definitive Neg-Hit Post (by Sir_Chancealot)

Neg-Hits are one of the most powerful, yet most misunderstood, tools in your DJ arsenal. What constitutes a good Neg-Hit, and separates it from an insult. Well, Sir_Chancealot has put together one of the best posts on the topic, with plenty of examples you can use!

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16747>

Part one: Introduction to neg-hits

There has been, and will continue to be, great interest in neg-hits. A successful DJ will always be cognisant of the fact that neg-hits are in integral part of his repertoire.

Why is this? Because neg-hits work, and they work wonderfully well when used correctly. Used incorrectly, the women will hate you.

“What exactly is a neg-hit” you ask? Neg-hit is short for negative hit. Many DJs have given great examples of neg-hits, but I shall give you an actual definition. *Neg-hit: A remark, sometimes humorous, used to point out a woman's flaws.* That, in essence, is a neg-hit. Before we begin our in-depth study of neg-hits, let's learn what a neg-hit IS NOT.

A neg-hit is **NOT** an insult. “*You are a b*tch*” is merely an insult, not a neg-hit (actually, it can be successfully used as a neg-hit, but not by someone that has to read posts about how to neg-hit!)

A neg-hit is **NOT** meant to be cruel. “*You are too fat for me*” (even if truthful) is not a neg-hit; it is being unnecessarily cruel.

And finally, and perhaps most importantly, a neg-hit is **NOT** some magic spell that you can speak and have women fall all over you. But it's the closest thing you will get to that!

Ok, so now that we know what a neg-hit ISN'T, let us proceed to find out what a neg-hit IS. Remember that a neg-hit is: a remark, sometimes humorous, used to point out a woman's flaws.

A neg-hit **IS** used to penetrate a woman's b*tch shield.

A neg-hit **IS** used to bring a woman down off her self-imposed pedestal.

A neg-hit is **SINCERE**. Women can spot phoney a mile away.

Most importantly, A neg-hit **IS** used to bring a woman's self perception more into line with reality.

Now that you know what a neg-hit is and isn't, let's discuss upon whom you should deliver a neg-hit. A neg-hit can be safely used on a 9.5 or 10 who knows she ranks that high. A neg-hit can also be safely used on **any** girl who thinks she is a 9 or 10, even if she is actually a 6 or a 7 (these are usually “daddy's girls”). Don't use a neg-hit on either of these type of women if they are feeling particularly bad about themselves that day. They may just hate you for it.

The effect of a good neg-hit on a woman's psyche is something to behold. It does 4 things simultaneously.

First, since those high quality women are used to men kissing their a*s, it will confuse them (“This guy isn't falling all over me like a puppy dog. Why is that? Is my (whatever flaw) really that bad?”). It throws them off balance and makes them self-conscious.

Second, it will pique their curiosity about you, and you become something of a mystery. (“Why isn't this guy acting like every other AFC I meet? How come my looks haven't immediately charmed him? What is up with this guy?”)

Third, it will create a challenge (“This guy must have REALLY high standards. I don't think he likes me. Everyone else likes me. I **MUST** get him to like me!”).

Fourth, it lets her know that you don't think she is anything special based on her looks (“He isn't amazed by how I look? Why? *GASP* Am I in the presence of a REAL man? Oh, I think my panties are wet!”) After the neg-hit, watch her eyes. You will see her go “Hey!”, and then you will actually SEE her run through all four of those stages mentioned above. It really is amazing. With a few well-placed comments, you have created all the things that DJs strive so hard to create, and you have appeared to do it effortlessly.

Part two: Delivering a neg-hit

When delivering a neg-hit on a woman, everything AFC in you will scream, “Don't do it! She will hate me for it! She will get upset! It will p*ss her off!”. B*tch slap that little AFC, and send him to his room. If you have never used neg-hits before, you are in for a real treat, and some surprises. Don't listen to that little voice: be bold, confident, and casual, and **sincere**. It will be worth it.

Neg-hits can be delivered in one of two ways. One way is to deliver it straight, without any indication that you are joking or playing. This works best on girls who are extremely stuck up about some aspect of themselves. True story: I was at a bar and this really hot 21 year old chick ended up showing the bartender and I her t*ts. Since all the other guys were freaking out and I was not responding, she slid over to me and said, “What did YOU think of them”. I look her in the eyes, looked at her t*ts, looked her back in the eyes and said “They're nice, but I've seen better”, then turned back to my drink. Her interest level shot through the roof (I ended up screwing it up, but that's another story).

Girls who just have their b*tch shield up, or the girls that think they are hotter than they really should get the second delivery, which is in a humorous way. You deliver the neg-hit with humour and laughter. This says to her “Yes, I am aware of your flaw, but I think it's cute”. This also says to her “You are not as perfect as all these AFCs think you are”.

There are three main groups (for lack of a better term) around which you will neg-hit. The first is her choices (choice of dress, hair style, makeup, etc). The second is her physical characteristics. Included in this is how she moves / speaks / eats / etc. Third (very rare and hard to accomplish) are her actions (how she treats someone, manners, etc.) The difference between the two is that the **former** is what she does unconsciously (how many of us are aware of how we laugh, for example?), the **latter** is her conscious decisions. I believe you will see the difference in the examples.

A word of warning: Don't be drawn into a discussion of makeup / hair / nails / etc! You aren't trying to be this broad's fashion consultant! You are merely offering a "suggestion" to improve her appearance. For example, if she starts discussing why she likes short nails, immediately turn it to how short nails make her **feel**. Also, BE SPECIFIC, not general. Specific shows that you notice details. General means you're just being an a*s.

Choice neg-hits can be used as opening "lines", or can be used during a conversation.

"Enough already", you are screaming, "Get to some examples!"

Examples of "Choice" neg-hits

Hey, I like that outfit (pause for her response) Yeah, my (mother / aunt / grandmother) has one just like it!
(This one is a classic)

You have really nice nails pause they ARE just a shade off colour, though.
(Warning: Don't sound like a gay hairdresser! Sound like someone who NOTICES things like this, and has very high standards which she isn't quite up to.)

You have a very pretty face, but you should use less makeup. Makeup should be used to enhance a woman's beauty, not hide it.
(Yes, I really used this one. Successfully, I might add)

You have really beautiful hair pause you should grow it (shorter / longer). It would go much better with the shape of your face.

That outfit is really sharp pause It would look much better if it were (some other colour).

Nice outfit! (pause) I saw another woman here wearing the exact same thing!
Women HATE this. (Personally, if a guy was wearing the same thing as me, I'd just think he had good taste!)

Didn't I see you wearing that outfit last week?
Chances are that she did indeed wear that outfit last week.

Nice shoes! (pause) You'd look SO much better in (open / closed toe / high heel / low heel) shoes.
(Again, don't sound like a gay fashion consultant. Deliver it as your preference, and as if all men believe the same thing as you)

Have you highlighted your hair? (pause for her response) Why do women ruin their luxurious (blond / black / brown / red) hair with highlights?

You have very pretty (blue / brown / black / green / hazel) eyes. (pause) You shouldn't use (so much / so little) eye shadow. It detracts from the colour of your eyes.

I hope the above examples of "choice" neg-hits give you a basis to get started. Use your imagination when coming up with one. With practice, they should get easier. Also, I cannot stress the importance of BEING SINCERE. If you think her hair is perfect, don't use a hair neg-hit. It will be as false as Pamela Anderson's boobs.

Part three: Examples of physical trait neg-hits

Physical trait neg-hits are best delivered in a humorous way, unless the woman is **extremely** hot or stuck up. Remember, you are pointing out flaws, but only because you think it's "cute". Don't just walk up and use these as openers. You should already have a conversation going when using these neg-hits. You **must** use humour with these neg-hits, on all except the most hot or stuck up chicks, because otherwise you just sound like an a*s.

Do you know your nose wiggles when you (talk / laugh / drink)?

You have little crinkles around your eyes when you laugh
DON'T SAY "WRINKLES", unless she is exceptionally hot.

Your ears have a funny shape you laugh I kind of like it though!

Hey, you've got a little bit of a moustache!
Yes, I've successfully used this one. If you look close enough, ALL women have a little bit of hair on their top lip. Some are more noticeable than others, but they all have it. It is best used if you lean in real close (almost like a kiss) while looking at her lips, then laugh and lean back. She will ask you what is so funny.

I like women with weak / strong chins
(Her mind: "He thinks I have a weak / strong chin? Is a weak / strong chin good or bad? Do most men prefer weak / strong chins?!")

Wow! You have kinda manly hands!

(WARNING: If she has REALLY manly hands, check for an Adam's apple, THEN get your eyesight checked!)

You have really long / short fingers. Most guys prefer a woman with short / long fingers.

Note how you didn't mention YOUR preference, merely "most men". These will leave her guessing as to which you prefer. As we all know, any time she is thinking about YOU, it's a good thing!

An attractive girl like you should take better care of her nails!**You have a weird sense of humour****It's kind of rude to chew with your mouth open****Ewww! You just spit on me!**

(Said while she is talking, and you are brushing off the front of your shirt)

Please don't interrupt me while I am speaking

Girls often do this unconsciously. Have you ever sat around and REALLY paid attention to a bunch of girls talking?

Do you use a conditioner for split-ends?**You have a really big / small / weird nose!**

If she mentions she has a big butt or looks fat (called "fishing for a compliment", because she is trying to get you to compliment her) say **Nah, Sir Mix-A-Lot (or Puff Daddy) would love a butt like that!** Notice that you told her what someone else would think of her butt, but (no pun intended) you haven't told her what YOU think of it. Can the newbies say "Mystery"? Good newbies!

Ok, that should give you some examples on physical trait neg-hitting. Use your imagination. Remember, it is **very** easy to sound cruel when saying these types of things, so use humour. You're pointing it out because you think it's "cute" (aww!), not because you are being mean or cruel. This will be translated by the girl to the following internal conversation: "He thinks my somebodypart is somecharacteristic? No one has ever told me that. But he thinks it's cute. Do other guys think like him? I certainly don't think he is like other guys! Is my somebodypart REALLY somecharacteristic?" Notice how many times **you** were brought up in that internal conversation, which happens in a blink of the eye?

The last type of neg-hit is the most difficult to pull off without sounding like a pompous pr*ck. It is best reserved for girls that shoot you down before you even get a chance to talk with them. You know the ones that I am talking about. You walk up and say "hi" and they give you a sh*tty look, or say "I'm not interested" right away. Those types of women. Although you can get away with these types of neg-hits on any stuck up girl. This is basically calling a woman on her bullsh*t when you don't even know her.

Part four: Action neg-hit examples

If you go up to talk to a woman, and she shoots you down before you even speak to her: Hey lady, laugh all I wanted to do was to ask you for the ashtray/salt/ketchup/time/whatever. laugh again. Start to walk away then say I'll be right over here when you want to apologise (Notice, not "IF" but "when"). Walk away laughing. Every time you catch her looking your way, laugh her way.

You know, it is really unbecoming for a woman like yourself to be so snobbish**You behaved very rudely. Weren't you taught proper manners?**

This is best used if you overhear her interaction with someone else, and she WAS behaving rudely.

When she says something totally ludicrous ("I really like nice guys", etc.) **You are SO full of sh*t!** Guys, watch the deer-caught-in-the-headlights look! It's hilarious. She'll not have a response for this. This is my all time favourite! Be prepared to explain why you thought so, because when she recovers her composure she will most certainly ask for an explanation.

If she cusses a lot (I mean outside of the bedroom!): **Do you know how unattractive it is when a woman speaks like that?**

Please be a little more considerate where you are blowing your smoke**You know, I've heard that when a woman crosses her legs and shakes one, she is actually masturbating**

This one should be said with humour, and as an obvious joke. If she gets upset, say I was **JUST KIDDING!** Geez, I see you don't have a sense of humour? All the while with a big grin on your face. Two neg-hits for the price of one!

Correct her grammar. (Especially difficult to pull off without sounding pompous)

(That is the end of the list of examples)

Now, if you are new to being a DJ, I can see what your little minds are thinking. Is he kidding? Those examples are so cheesy! My God, what dumb*ss woman would fall for those? There's **no way** those things will work! These women will think I'm a stupid *sshole! How'd I do? Yes, I **do** mean to tell you that those lines work, and work wonderfully well. Now, b*tch slap the AFC side of

you that said that, and tell him to go have a long conversation with your feminine side! You don't want to hear anymore of his bullsh*t!

No matter if humour is used or not, always deliver the neg-hit with the utmost supreme confidence!

A neg-hit without confidence is like going bear hunting with an unloaded rifle. You may think it's cool, but you'll get you're a*s chewed up!

Neg-hits work because you quickly and effortlessly take a woman down from her pedestal. You show her you are in control, you have a quick wit and mind, and that she doesn't impress you. In other words, YOU ARE EXACTLY THE OPPOSITE OF ALL THE CHUMPS THAT HAVE BEEN HITTING ON HER. You just demonstrated this in short order.

After the neg-hit, be prepared for her to neg-hit you back! Sometime later in the conversation, she will tease you about some trait you have, or something you said. You must shoot some smart a*s comment right back at her. This, in effect, is a test. Pass this test and you will have gotten a LOT farther than you would have otherwise.

You will find out that while you still have to do all the rest of the DJ moves, you have greater latitude for screw-ups than you would have otherwise had.

One word of warning: Don't ever tell her (or any woman for that matter) that you have / are / going to neg-hit her. For that matter, don't even discuss what a neg-hit actually is with a woman. They will swear that neg-hits "would never work on me". Yeah, sure honey. Newbies, what's the first rule of women? Never listen to what they say always look at their actions. There is a reason for that rule.

Part five: Advanced neg-hitting

This tip is for those of you already familiar with neg-hits. It is **not** for use by neg-hit newbies! I CANNOT STRESS THAT ENOUGH. Newbies should **NOT** use these. It will **NOT** work for you.

Remember when I said that neg-hitting can only be used on 9s or 10s, or those women that think they are 9s or 10s? That's not quite entirely true. You can use neg-hits on women who rank **way** below that, if done properly, and she is the correct type of woman. She needs to have one (or hopefully more) of the following traits.

- 1) A wicked sense of humour. Not just a good one, but a GREAT one.
- 2) A good deal of confidence.
- 3) Is in her mid-to-late 30s. Unless she is especially attractive, don't go outside of the normal neg-hit parameters on a woman in her 40s. (Unless you are teasing her about TURNING 40).
- 4) You have previously been "friends" or "acquaintances".

You can get away with neg-hitting women who fall into these categories **if** you are good at neg-hits. My best record is a 6.5 (A 5 on my scale is actually the AVERAGE woman, NOT some ugly broad like some guys rank), whom I said was a "b*tch", had a "moustache", and "wasn't very exciting". We ended up making out a few hours later!

I hope this once-and-for-all settles the questions about neg-hits (although I know it won't!). Don't be afraid to use these tips. Be bold, confident, and trust ole' Sir_Chancealot! He won't steer you wrong. Make sure you look into her eyes when you deliver the neg-hit. I swear you can actually **see** them thinking about what you just said. It's half the fun!

Article 4 - The importance of compliments (by Taz)

Just like neg-hits are a powerful tool in your DJ arsenal, so are compliments. The only problem though is that most people use compliments incorrectly, and actually do more harm than good. Here's a good thread on this subject.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16108>

A compliment is something we rarely forget. In fact, one sincere compliment can easily override many insults. We view the person who gave us the compliment in a positive way, and we associate good feelings with this person.

Compliments are a must for your DJ arsenal. The keys are timing and sincerity.

Timing

For a compliment to have good timing, it must seem spontaneous. For example, you don't want to tell a girl that she has beautiful eyes while she is looking away. This is a no-brainer; you tell her this while you two are staring into each other's eyes for a little longer than normal.

Sincerity

Once again, for a compliment to work, it must seem sincere. (Of course, it helps if it really is sincere!) So how do you use a cliché compliment like "you have beautiful eyes" with sincerity? It all depends on emphasis of words.

Have you ever heard the phrase, "It's not what you say, but how you say it?" Here's a perfect example. Try saying "You have beautiful eyes" in a monotone voice, that is, keeping all the words at the same tone. Doesn't sound very sincere, does it? Now try saying it while emphasizing the words "you" and "eyes". Notice the difference? Not only does it sound sincere, but also it makes her feel as if she is the only girl in the world with beautiful eyes!

When complimenting, do not dwell strictly on the physical aspects of women. It's ok to tell them what you think of them as a human being, ie, compliment their personality. This can lead to a whole conversation where the subject is "her". (This is what you're aiming for, newbies!)

Examples

"You have a very outgoing personality."
"You seem like a very deep thinker."

You could then add:

"I find that very attractive."

Remember with any compliment, especially the above, you should establish some rapport and find out a little about her, then formulate your compliment accordingly.

Article 5 - Examples of cocky and funny (by indy)

Here is another powerful tool for you to add to your DJ arsenal. The cocky + funny is approach is a proven effective method for increasing a chick's interest level in you. Well, here you'll find an excellent discussion on the subject, along with plenty of examples!

Cocky + Funny: Simple approach to dealing with girls, a term coined by David DeAngelo, a seller for the book he wrote entitled "Double Your Dating" - www.doubleyourdating.com - that discusses using C+F as the main concept.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16966>

Now we all know that cocky + funny = wet panties.

So, the question arises - how do you actually come across as cocky and funny?

The first most important thing is, do not try to get her panties wet - instead, just decide that you're going to have as much fun **right now** as you can while you're with the gal - forget the scheming and plotting. Just play with her words, rag on her, bust her on her choice of words, liberal doses of sarcasm and humour so that she's laughing and still a bit nervous (in a **good** way) about how you'll tease her next.

Now that you know what frame of mind to approach in, you need some examples. The idea here is to show that you're **very** confident with yourself, are going to make fun of her every chance you get (not annoy - **tease**) and you you're think you're the best thing in the world - but, you're also going to be funny so that she laughs and doesn't get turned off.

Lets go over some examples:

1) A favourite of mine from Take No Dirt:

You: Tonight is your lucky night

Her: Oh really? Why is that?

You: Because you finally got to go out with me

Her: Sure! (if you said it right, she's going to be smiling by now!)

You: But no touching - I do all the touching!

This one is field-tested - it works magic! Gets her laughing, she might even punch you for it playfully which means she's started the KINO. That's your cue to take up the KINO one more notch.

2) Another example would be while setting up a date:

Me: Lets go out for coffee and some stimulating conversation... that way if I don't like you at all, I can claim I need to floss my dog's teeth <or some other obvious lie> and leave!

You can only say these after you have some sort of rapport going though, otherwise it won't have the intended humorous effect and you'll p*ss her off - which is **not** what you want! The idea is to make her laugh, while being arrogant!

The point is, don't waste time to start being cocky and funny - if you don't, you come across as boring and get LJBFed. So you say one or two things (positive ones) to warm her up, and before things start stagnating, you start the cocky + funny angle to set the right tone.

3) One more example I got from the doubleyourdating mailbag was this one:

Guy sees chick sitting with two of her friends checking him out. Now we all know that approaching a chick when she's with her c*ckblocking friends is tough... so what does he do?

He walks over to her, she gets the "What the hell is he doing?" look on her face as he's approaching and then he joins the three girls at their table, and says to the girl "Hi there, I know I'm pretty and that you are attracted to me, but could you maybe hide your impulses?" Of course this was said in a funny way, with a cocky look. Her friends started laughing and said, "she was that obvious, huh?"

Needless to say it was smooth sailing for him from this point on.

Just make sure the delivery is light, fun and casual - put her on the spot while making her laugh and she won't be able to resist you! Remember, you're not there to p*ss her off... you're there to make her laugh, and if you get her laughing at herself... heh, you're home baby.

What about you guys? Pitch in with some ideas and examples on cocky + funny... it helps everyone's game tremendously!

See the source thread for further examples of cocky + funny.

Blocking: If you approach a group of girls or just generally approach a group, you're likely to have more difficulty accomplishing whatever it is you want to do, because your target's friends will intervene. For example, you may not be easily able to take the girl target home to your place because her friends will object in some way ("Its not safe", etc)

Article 6 - Double her interest level with one kiss... (by Wyldfire)

Here's a kissing technique that'll make the girl melt in your hands... err, I mean, mouth.

Wyldfire is a girl.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16485>

Okay, let's face it...how you kiss a woman can either make or break your image in her eyes. You can use this simple technique to sweep a woman off her feet and double her interest level in you. Use this technique wisely and only on women you want to really fall for you. Don't use it on someone you don't want to keep around or you'll never get rid of her.

When you go in for the kiss, put your hands on her neck and very gently caress her. Start the kiss off softly, still gently stroking her neck, and running your fingers through her hair at the nape of her neck. Very softly and slowly part her lips with your tongue. Don't put your tongue too far into her mouth...just a little bit in and work it very slowly and without much pressure. A kiss like this makes a woman weak in the knees. Save the hard passionate kisses for later on down the line. Use this more erotic kind of kiss to keep her thinking of you until you see her again.

Exercises

There are four exercises for this fortnight (that's right, another two weeks to complete them all!)

Exercise 1

Call up those girls whom we went on dates with during the previous week, and whom we are interested in seeing again. Our goal is still to stay less than ten minutes on the phone in order to set up a non-weekend date.

Exercise 2

Experiment with the new strategies in the reading material for further increasing the girls' interest level.

Exercise 3

Go and get more phone numbers if the number of live numbers you've collected so far has dropped below ten.

Exercise 4

If you have not kiss closed the girl on the first date, make sure you do so on this date.

Just adding a bit of personal insight here - never be scared to kiss her. If she ever refuses, then she doesn't like you that way and isn't likely to change. Move on. After all, you **do** have at least ten phone numbers, don't you? ☺

Special exercise notes

This lesson is to be completed within two weeks, after which, or during this lesson, you are to report back about one or more of your dates, and the results you've acquired, especially those results where you experimented with something new in the response thread.

And guys... after this lesson, we only have two more to go! After that, you will be one of the few, the proud, who actually went all the way and managed to complete this Boot Camp! And not to mention the fact that you will have acquired the foundation to acquire women at will!

Important news regarding the final two lessons

Master of the Universe originally had a week seven but that was lost until he gave me a replacement week to me from his own sources. MotU never even started week eight - he is correct in saying that only a few people reach beyond this point. If you can make it, we tremendously encourage you to continue. Week seven was given to me and I have updated it. A replacement week for lesson 8 was created, and you can find out more background information regarding this by reading on. Finish your exercises first.

DJ Boot Camp - Week #7

Theme: Building up Intimacy

Number of reading articles: 4

Number of music picks: 0

Number of exercises: 3

Response thread: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35207>

Introduction to week 7

Okay guys, we took a couple of weeks off with week six , but now it's time to get back into the game with a vengeance!

Just to recap what we've accomplished up to this point in the DJ Boot Camp...

- 1) We practiced displaying confidence by looking people in the eye, and then saying a simple "Hi" to strangers.
- 2) We initiated conversations with strangers, and later on we initiated conversations with girls we would like to date.
- 3) We went out and gathered ten rejections, and in the process got some phone numbers.
- 4) We worked on calling up the girls whom we acquired the numbers to, and we then set up and went on first dates. In the process, we also worked on ways to increase the girls' interest level in us.
- 5) We went out on second dates with those girls we felt were worthy, plus we worked on even more ways to increase interest level!

Purpose of this lesson: As a continuation from Week six, we are now going to work on getting the third date and taking this to the next level.

Reading material

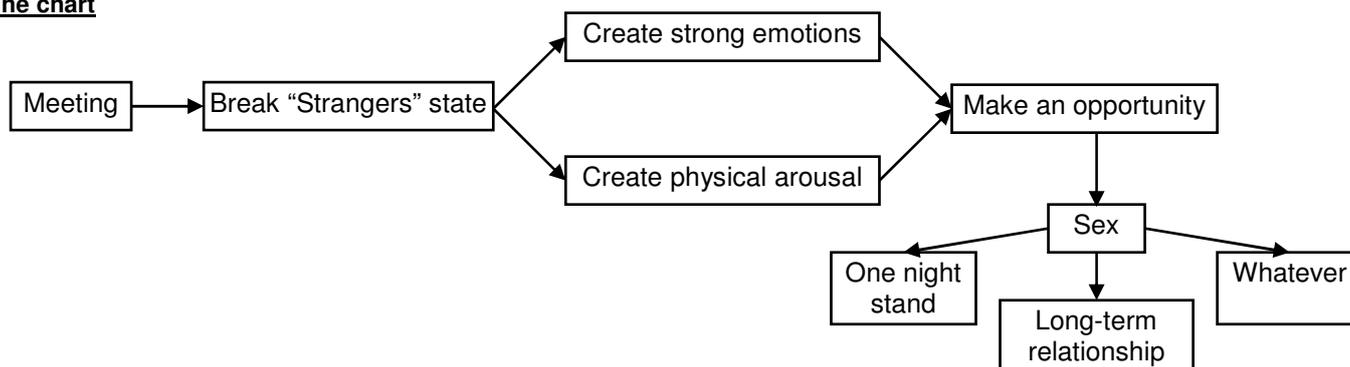
Article 1 - The Mother of all Theory Posts (by Vatican)

One of the best posts I've ever read for seducing a chick. The entire seduction process is broken into a step-by-step framework to allow you to acquire your target!

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16455>

All right, this is one long mother, but I've wanted to write it for quite some time. This is not a step-by-step guide; it's more like a framework for getting women to sleep with you. On with the show.

The chart



Now what the hell is that, you ask? It's the chart of how to get a woman in bed. I'll explain in detail. Let's start at the top.

Meeting

You find the woman, or stumble upon her somewhere. You approach her using the 3-second rule. What do you say? That's where this next step comes in:

Break "Strangers" state

It doesn't matter what you say, what you do. What matters is that it breaks her insular state of mind and opens her up to being intimate with you, in every sense of the word. You need to make her feel as quickly as possible that she is not with a stranger. By stranger I mean a man she has absolutely no emotions towards you. Eliciting almost any emotion is better than eliciting no emotion at all. There are several ways to do that:

- 1) Smile
- 2) Demonstrate boldness (often, the bolder the approach, the more at ease is the target)
- 3) Good eye contact
- 4) Show obvious ease and confidence
- 5) Confident posture and body language
- 6) Comment on something she's doing
- 7) Say something startling and unexpected
- 8) Use humour

Don't act creepy (Fear is an emotion that has to be very carefully used, being so dangerous. You have to mix it with strength, but creepiness produces fear without that sense of strength.)

The real trick to it is this: Don't try to force your way into her world. Instead, Bring her into your world. Ask her to give you her opinion on something, or, and this is the best, ask her for her help with something she's obviously into. For example, if you see a woman with a well-groomed dog, ask her to give you some advice for housebreaking your (perhaps nonexistent) puppy. If you see a woman with a nice cell phone, ask her to help you make a cell phone buying decision. Why does this work? Because it takes the pressure off you and puts it on her instead, and she now has to please *you* and hold *your* attention in order to feel good about herself, while you don't have to do anything except...

(Part 2) Latch on to some emotional part of what she's saying and use it to veer the conversation off into personal grounds. For example:

She says, "Yeah, this is a great model. I love it," and you ask her, "Why do you love it?" (Make sure to sound genuinely curious), to which she says, "It's so small and convenient," and then you can say, "Yeah, I remember I had a really small one a few years back, one of the first models... My girlfriend bought it for me. I remember, the first time I tried it was out in the rain... blablabla... Do you like the rain?"

"Not really," she says. "That's too bad," you say, "Cause I love it a LOT." When you get a girl talking about something she is genuinely interested in and has deep feelings for, you are no longer strangers. You just have to latch on to those deep feelings and start spinning games off of them. It's criminally easy.

Side note for those who have difficulties holding up a conversation

Here are some tips:

- 1) As much as possible, don't take it seriously. There's a time for being serious in a conversation, and you'll be able to feel it if it comes along.
- 2) Role-play, both internally and externally. Pretend to be James Bond, or a suave Latin seducer. Chicks eat it up when you do it in a humorous way.
- 3) Talk to everybody as much as possible for practice. Just talk, talk, talk. Be an annoying loudmouthed prick, until the problem goes away.
- 4) Loaded pauses kick a*s. They convey a depth of meaning that instantly connects two people.
- 5) Be playful. Vary your voice tone, provoke her, and arouse her emotions. When you're playful you keep your options open. You can go off on any tangent, talk about anything. Being playful also keeps you in that right, tight, creative mood.

Remember, don't lose your edge. You are no longer a stranger, but don't act like a friend. Act like a cool guy who likes talking to people and may be interested in going out with the girl if she proves herself worthy.

Give off a vibe of sexuality, sublimated into sensuality, voice tone, eye contact, innuendo, posture...etc. Don't mask your sexuality. Appear to simply be a guy for whom sexuality is natural, the kind of guy who will flirt even if he's not necessarily interested. Completely disagree with her on a few topics to make her interested and to make her unsure as to whether you're trying to pick her up or not. If it's going well, it's also time for some mild neghitting. Example: *"You don't like the rain? Yeah, my kid sister hates the rain too. She's afraid of thunderstorms. You too?"* And you just go from there, because in case you haven't noticed, by now you're having an intimate conversation, and she probably doesn't even remember how it started. Which is the point. To make sure of keeping her off target, use a lot of humour. Nothing breaks state and increases rapport like humour. Topical humour is best. Cocky / funny, as everyone knows by now, kicks *rse.

Now that took a lot of writing, but this conversation shouldn't take more than five or ten minutes. Keep it short.

One more point: Somewhere early on in that conversation, find out her name and use it a lot.

Good. Now that you're comfortable with each other, you can get her number. Nothing fancy. Just say, *"Look, Mary, I've got to go. Give me your number if you want to get together sometime."* There are more effective and more complex methods out there, but this one's the basic and if the interest's there it'll work. Try to be the one to break off the conversation and, like George Costanza, try to leave on a high note.

Now, I've used examples from a mall-type pickup, but the same principle works in cafes, on the street, in bars and clubs, (it's even quicker there), and everywhere. Just adapt the core ideas to the situation. What are the core ideas?

- 1) Thirty seconds after you start talking to the girl, you should already no longer be a stranger to her.
- 2) Go quickly and smoothly from the general to the personal and look genuinely curious.
- 3) Throw in some behaviour that makes her wonder whether or not you're trying to pick up on her, and make her wonder "if not, then why not?"

Once you are no longer strangers, you do whatever... you call her up; you go on a coffee date to get to know each other better. Here's how to get her into the sack, and this is the most important idea in the post.

What is the big idea?

To get a woman into the sack, create in her strong emotions towards you of any sort you want, and simultaneously create physical arousal and the desire for sex in her. Emotional arousal and physical arousal are separate but very strongly interconnected. A woman who feels strong emotions for you will be more turned on by you, and a woman who lusts after you will feel stronger emotions for you. Either one without the other is better than nothing, but together they are gold. To exploit this combination of ingredients, create an opportunity for sex and make the move, if she hasn't already. Simple. Just like in the chart.

Figure out whether you are better at stimulating a woman's mind or her p*ssy (sexual feelings), and let that self-awareness drive you towards the kind of experience that will best compliment your personality and needs.

Create strong emotions

It will be much easier to turn a woman on and get her to sleep with you if she feels strong emotions towards you. The quality of the emotion matters much less than the intensity.

Ways to create strong emotions, and the emotions produced

I assume you're familiar with all the terms

SOCIAL PROOF: Jealousy and Admiration

STORIES/PATTERNS: Comfort, Passion and Admiration

NEG-"HITS": Hate, Admiration, and Wonder

SPARE COMPLIMENTS: Liking, Curiosity, and Longing

COCKY/FUNNY: Mirth, Challenge, and Curiosity

MYSTERY/AMBIGUITY: Challenge and Curiosity

SCARCITY: Longing and Possessiveness

TEASING: Anger, Exhilaration, and Longing

INDIFFERENCE (COLDNESS): Anger, Hate, Wonder, Confusion, Submissiveness, and Longing

BEING AN ASSH*LE: Anger, Challenge, Fear, Jealousy for his Freedom

Compare this, for example, to being an average frustrated chump:

BEING AN AFC: Produces no emotions at all! Maybe some mild Liking, maybe some Pity... and that's it! (Though don't discount pity, even that emotion can get you laid if you use it right)

Fact: Women have more sex with guys they are afraid of than with guys who are afraid of them.

This is by no means an exhaustive list, but you can see here how commonly discussed seduction techniques produce different powerful emotions in women. Now, three things:

- 1) The only value of a DJ technique lies in the emotional impact it produces on a woman and therefore, in the length of time that it causes her to think about you and obsess over you.
- 2) By using many techniques in rapid alternation, it is possible to take a woman on an emotional roller-coaster ride that will leave her dazed, exhausted, and obsessing over you. This is called, "mindf*cking". The parallels to real sex are obvious.
- 3) It is only possible to be truly effective when the intensity of your feelings for the woman is lower than the intensity of her feelings for you. Never work less than two women at any one time.

On to the hot and heavy...

The interface between emotions and lust

The reason that the quality of emotions matters less than the intensity is this:

In proximity to lust and physical desire, the other emotions become malleable. Think of lust as a catalyst, you Chemistry majors and high school grads with good memories.

For example:

Hate + Lust → Love + Lust

Anger + Lust → Longing + Lust

Confusion + Lust → Wildcard + Lust

Of course all this works both ways. And at the same time, all the other strong emotions are also bumping into each other and causing chemical reactions (literally, if emotions are the effects of chemicals) of an enormous complexity. Anger + Desire + Confusion + Jealousy... etc, etc.

The details of the emotions don't matter. What matters is that there are many of them and they are swirling around fast, stirred up by mind games, brought to boil by that basic attractiveness you have as a male of the species in the eyes of any female of the species. On to, how to...

Create physical arousal

Emotions without arousal won't get you laid often. However, strong emotions really help arousal along.

Arousal without emotions can get you laid quite often (by prostitutes and horny or sexually open women), but that won't do much good for your ego. In almost any non-professional kind of sex relationship, if both of you stick around, arousal will eventually lead to feelings on the part of the girl (sometimes good) and on your part as well (usually bad). That is,

Once a girl is physically aroused by you and willing to have sex with you (or if she already has), she will justify having all kinds of feelings for you.

Generally, You can work on a girl's emotions and let that make her hot for you, or you can work at turning a girl on and let her justify it by torturing herself with emotional mind games you never even played on her, but it's best to do both simultaneously for maximum effect.

How to create physical arousal? This is fairly obvious:

- 1) Sexual talk, especially about kissing and orgasms
- 2) Innuendo
- 3) Kino, kino, kino, increasing in intensity, including tickling, massage, smelling her hair, and all that good stuff
- 4) Frank talk about nakedness / penises / penis length, fratboy stuff like that (it works)
- 5) Erotic stories or movies (got to be careful with this one)
- 6) Hinting at the good time you're having with another woman
- 7) Deep eye contact and deep resonant voice tone
- 8) Good looks (looking the best that you possibly can)
- 9) Earthy smells and good colognes
- 10) Looking at her appreciatively, just a tad bit possessively. Letting your eyes slide down to her mouth every now and then.
- 11) Doing things just a bit too slowly

Any sort of sensuality, revelling in the sensual pleasures of the world, savouring your food, your time, even the air you breathe in

Compare this, for example, to being an average frustrated chump:

BEING AN AFC: Produces no arousal at all! The AFC hides his sexuality away! There is nothing there for the girl to be aroused by!

Once the girl has strong feelings about you and is physically aroused by you, on to the next step... a simple one...

Create an opportunity

This is the simplest step of all. The idea isn't to force sex or to be impatient, it's to get a girl so into you that she would rape you the minute you were alone in a dark alley together. Once a girl digs you, you simply make a little four-step hop:

- 1) Intimate Kino → Kiss
- 2) Kiss → Make out Session
- 3) Make out Session → Express a desire for privacy
- 4) Privacy → Sex

Everybody knows those steps, nothing original there! But I might as well finish structuring it. The thing is, once a girl is truly into you, the ball is in your court. You can go from kissing to sex in twenty minutes or you can make her wait for weeks, if you're a true sadist. When the ball is in your court, you do whatever you want to do with it.

Also, I will drop this nugget of advice for in case you ever encounter resistance on the road to sex:

If you want to make an advance in physical intimacy and make it irresistible, just do whatever you are currently doing, then pull back a little and **tease** her until she can't take it anymore, then when you go in again, switch to doing whatever you actually want to do. The girl will be immensely grateful, and you get what you want.

Example: You're making out with a girl in private and you want to get naked. Kiss her passionately... then tenderly... passionately... tenderly. Smell her hair. Bite her neck. Run your fingers through her hair while biting her neck.... Yes!

No! Suddenly pull back a little. Keep one finger, for example, slowly running along the edge of her ear. Run your lips ever so softly across her skin, occasionally flicking your tongue out. Bite her lower lip softly but do not kiss her. Keep teasing her. If she tries to

push you down into her (and after a bit of this, she will), hold her hands down and keep teasing her. Then go in under the panties. She will f*ckin' explode.

That was a long example, but you get the picture.

On the other hand, always remember to mix it up. Keep playing with those emotions and thoughts of hers. Another teasing approach that will often work equally well is to suddenly stop kissing her, sit back, look her over for about the length of time it would take you to pull a cigarette out of a pack and light it, and then simply say, "Take your shirt off."

And that's sex for 'ya. If you want details, read Sir_Chancealot's post. That thing is awesome. Don't forget about f*cking with a girl's emotions during sex that, along with different physical approaches, creates the variety and unpredictability Chance wrote about. The basic enjoyment of sex is of course rooted in physiology, but the enjoyment of sex to the next level is rooted in psychology. And these days, no sophisticated woman is going to accept "wham bam thank you mam". And neither would I, for that matter. Barring every once in a while, it's boring as all hell.

Last rule: Never even consider what kind of relationship you want to have with a woman until after you've had sex

Nearing the end now...

To recap,

- 1) Meet her.
- 2) Get her into your world – Get her to do something for you
- 3) Create fast intimacy by steering conversation
...and you need to do this for the sole purpose of...
- 4) Use DJ techniques to create strong emotions toward you inside her mind.
- 5) Use DJ techniques and some common sense to get her turned on.
- 6) Create an opportunity for sex.
- 7) Have sex with her.
- 8) Build a relationship if you want one.

There are many other things that could be said, but there you have it, the framework of seducing a girl.

EMOTIONS + OPPORTUNITY = AROUSAL
 AROUSAL + OPPORTUNITY = (maybe) SEX
 EMOTIONS + AROUSAL + OPPORTUNITY = SEX.

If nothing else, just take the following away from the post:

Whenever you interact with a prospect, ask yourself now and again, maybe while taking a bathroom break, or smoking, or maybe on the fly, ask yourself

- 1) *"Is what I'm doing making her feel strong emotions like admiration, wonder, or anger towards me?"*
And if not, figure out what you can do to get her feeling those emotions.
- 2) *"Is what I'm doing turning her on physically on some level? Am I being sexual enough towards her?"*
And if not, figure out what you can do to turn her on.
- 3) *"Is she ready to take this to the next level?"*
And if she is, then go make that move.

Article 2 - EREKA! I've thought of a foolproof way into seducing a girl! (by hydroponically inclined)

All right, you've slowly built things up over the last couple of dates, and you feel it's the right time to go for the kill. Well, here's a well-prepared strategy to get down and dirty.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16578>

Oh my goodness! I've just had this insane revelation that is totally foolproof! (Almost!)

I'll give steps so it's easy... This assumes you are at the end of the date, and that you are being dropped off at her place, or you are showing your place. Also, it also assumes that you know your kino, and SS patterns or whatever smooth phrases to use...

1) You and your date are in either a Cab, and are at her or your place. If it's at her place, do a closing and hope that she asks you to come in with her. If it's at your place, you invite her over to show have coffee, or some more drinks. If she accepts, you're in. If you and your date are in her car, you probably should be at your place (dropping each other off right with you being the first to go because she's got to make it to her place). You invite her to have some more drinks, etc...

If you and your date are in your car, this assumes that you've already agreed to have her over.

2) Now that you two are inside your house, ask her to take off her shoes or (maybe not if they're which look like they hurt... but take yours off, and give her a grand tour (important)... bring her to every room and make the living room last. Don't show anything off to her that are in other rooms, show the stuff in your living room when you are there!

3) OK, now you are in the living room, you should have lots of things to comment on. A TV, or stereo system, if not that bookshelf or fish are good. Have some plants too, big ones that you don't have to take care of much. Have a coffee table, or endtable or whatever, and have a recent newspaper, rolled to a section that might have some skin, perhaps the fashion section. Have some magazines too, latest and/or last moth's in combo's too, GQ is good, Popular Mechanics, Time, and Newsweek is good, Maxim, is iffy... have it open or really close by (she might pick it up and flip some pages...) to a sex tip section (this presumes that she may want to try it with you! Hope that she does!) Now that you have literature out of the way, have a picture or painting of like a decent landscape... eg sunset. And have lots of items of interesting things with links to them! ie, souvenirs from places like Egypt, Paris, Beijing, or wherever isn't normal for people to every year to go vacationing there. If it's a normal place like San Francisco, LA, Orlando, NYC, then make sure it's not some post card, make it something interesting I can't think of anything, but this is so key!! **YOU MUST HAVE THINGS OF INTEREST THAT WILL MAKE HER WONDER AND ASK YOU QUESTIONS, AND THEY MUST BE RELATED TO SOMETHING IN YOUR ROOM!!** The position of the remote for the TV may be important, if it's close by and easy to reach, then she might opt to flip on the TV, thus loosing her attention to you, but I don't know how well TV works... (Make sure that you have a remote for the stereo or controls **ON THE WAY IN TO YOUR LIVING ROOM**, this is so that you can smoothly turn on your music as if it was something that you do all the time you come in after work) Make sure that music is appropriate, I remember a post I think saying jazz is the best genre. I'll post later on what actual artists and songs are best for that.

4) Anyways, you're in her living room, with music on, if you have dimmers set them to a lower than usual brightness, and ask her if she would care to have a drink. This is where you will leave her for about 1-3 minutes, do not ask her to take a seat, tell her "make yourself at home, and I'll be right back"

Things you should have available for drinking: Have some beer, and some vodka and rum, and Coke (some cokes should be diet, you know how girls are...) have coffee or tea too.

If it's beer, make sure they're bottles, and make sure it's really cold! Take your time getting the bottle opener, fumble around looking for it in the pile of the misc. utensils drawer. When you find it, bring the two bottles and bottle opener with you to the living room. This should take about 1-3 minutes, with her being alone. If it's coffee and tea, set it up in the kitchen, again 1-3 minutes or however long it takes, and while the water is reading up or the coffee brewing, get the dishes and cups ready. Sugar and milk / cream ready too! Make the coffee brew something very tasty and good, and easy for commenting! Not Maxwell's, that's for your normal mornings.

5) Go back to the living room, hopefully she'll have picked something up, or she may have wandered around looking at your important 'interesting items'. Ask her, "so did you find anything interesting?" hopefully this will lead into something that you can respond to well, and then pop in a SS pattern onto her. If it's a small picture in a frame you can pick up (I don't know, of a dog?), pick it up and show it to her up close, she may try to touch it, and you got to touch her at this time! Same deal with smaller artefacts, I don't know, a small puppet or cut out mini sculpture, you can make it a hand crafted race car, and say that you made it yourself (ie assembled and stuff).

6) During this time, you must find a place to put down a SS pattern down. You place it down, and while in the conversation, go to something else of interest that you may think she would like (from what you've heard from her on the interesting thing that she mentioned before), and make sure that there is a physical piece of thing that is in your room of the same interest!!!!

7) OK, now that you've told her about something else of interest, tell her that you have so-and-so item in your room that she might like that's related that second interesting thing. Say to her something along these lines "I have a *random* thing that you might like. Come here, I'll show you!" while at the same time walking towards your room, but still keeping eye contact (maybe slowly walking backwards), take her hand too if you think it's right, like lunge for it.

8) Now, you've got her in your room! (HAHA, this is when we really get down to business!) Dimmers, close blinds if existent, go to your item, grab it, and sit down on the side of your bed (this assumes that you don't have a HUGE, HUGE room). She'll come and sit down on it too, hopefully. Now this is where you have to lay down maybe another pattern down, or find a way to sneak in a question asking her if she'd like a massage, or shoulder rub. Find a way for this, this is real important too! You have to find a way to sneak it in, maybe she had a rough day, or week, ask her if she'd like you to relax her up with a massage. This is where you go down into the serious kino, and your major opportunities to hit the erogenous zones that will make her go horny. Look them up, and learn them (I don't know where they are, but I definitely know that they exist!)

Get her to lie down, or get more inside of the bed. Oh yeah, make sure your bed is made! Don't make it military style with everything tucked all tight and neat, just a made bed. Now massage her up.

Foot massage allows for good eye contact, and good kino. Shoulder rub allows for little eye contact, but allows you to maybe do a smell thing on her (I read a post on it! It's in the DJ Bible that Neophyte posted!) I think the shoulders are closer to erogenous zones. If she seems like she's enjoying it, land a kiss somewhere, on the erogenous zones, maybe the ear? Tell her that she smells nice, or whatever, she looks beautiful, or like one of the most beautiful people that you've ever met, this is where you lay a hardcore compliment that will flatter her and make her want to show you more of what she's got! Do some more kissing if she likes it, and you can slowly start to undress her, like reach around her body feeling her all over, and then if it's a slinky dress, slip that off her, or if it's shirt / blouse, start to unbutton that but not all the way, enough for her to pull it off herself, keep feeling around, then make your way to her skirt, or pants. If it's a skirt, slide your hand up her skirt, and rub her around.

And this is where I will leave it. I think we can all figure out how it can, and should end. So people, follow this, maybe not to the word, but pretty close. Adapt it to certain things of your personality. And hopefully this will help. Someone please try it, and see how it works! And report back! This looks like dynamite on paper!

Article 3 - Sir Chancealot's Advanced Sexual Techniques (by Sir Chancealot)

All I can say about this post is WOW! If you're looking to give your chick the ultimate sexual experience (and have her come back to you like a drug-addict... and you're the only dealer in town) then you've got to read this post.

LTR: Long term relationship

ONS: One night stand

The article below is very descriptive and explicit

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16888>

Gentlemen:

Ever since the "*Sir Chancealot's Definitive Neg-Hit post*" was published, the public has been clamouring for "*Sir Chancealot's Advanced Sexual Techniques*". (Well, maybe I am exaggerating a LITTLE!)

These posts will not be your usual "how to" manual. In other words, if you aren't already familiar with what goes where, this isn't going to do you any good. These posts are for those that want to take their sexual abilities to the next level. I will assume that you can CORRECTLY identify the signs of a woman's sexual arousal.

While a great many of these are taken from other sources, I have "invented" many of these myself. None of these ideas are plagiarised, per se, but many will probably have to go unattributed. This is due to the fact that I make a serious study of increasing my sexual technique. The only thing I like more than learning about sex is actually HAVING sex! Thus, I have read too much to remember who told me what. Anyway, sit back, keep BOTH HANDS on the keyboard / mouse and enjoy.

Here are some important reminders when thinking about Advanced Sexual Technique.

Really good sex will connect a woman to you like nothing else can.

Women love sex, they just don't want to be viewed as sl*ts.

Sex with a wife will be better than sex in an LTR, or ONS.

"No Way!" some of you will cry. You will also happen to be wrong. First, really think about women not wanting to think of themselves as sl*ts. A wife can have all the sex she wants with her husband, and even the most religious person can't say anything bad about that. It gives her a freedom to let loose her sexual beast. Believe me, if you DO understand what I mean, you know why I call it a "beast" (But only in the good sense!)

Deep down, women know that men don't respect sexually loose women.

"But it will get boring with one woman....". If a sexual relationship is boring, IT IS THE MAN'S FAULT! I don't often make blanket statements regarding the man's culpability, but this one is true. Unless the man keeps it fresh, it won't stay exciting. I cover why this is true a little later. There are two exceptions to this rule. The first is if the woman is not right in the head. In this case, no matter what you do, it won't be good enough. You'll see this in other areas besides sex. The second is with older women (usually 30+). At that point in their life, they are usually comfortable with their sexual identities, and will want to experiment with variety more than younger women.

First, we start with:

Variety

Nothing bores a woman to death more than knowing exactly what you are going to do next. In other words, you are predictable in bed. BORING! Women get sexually aroused when they do not know what you are going to do next. This adds mystery, drama, suspense, intrigue, and a whole host of other things that get a woman's juices flowing. Variety includes high / low, soft / hard, wet / dry, fast / slow, rough / gentle, quick / slow, up / down / sideways, light / dark, and fun / serious / passionate / horny. Variety also includes putting all those things together in different ways. Now you see what I mean by variety?

I will not bother to repeat it, but use variety in all of the techniques below. It will not be repeated, and I CANNOT overstate how important using variety is to a woman.

Next, let's discuss:

Romance

"But Sir_Chancealot, you said this would be advanced SEXUAL techniques!". Yes, I did. Properly done, romance IS an advanced sexual technique. DJs should find themselves right at home in the arena. You must do all the things that attracted her to you in the first place. In other words, you should be mysterious, a challenge, passionate, and several other attributes that make a good DJ.

Romance should be subtle. But make no mistake about that. Romance should get her thinking about sex!

A great example of this is an idea suggested by Laura Korn in one of her books. I use a variety of it however. For example, you leave a sexually suggestive note for her in plain sight. This note says something vague, but arousing. (Maybe something like "I will pleasure you immensely, but only if you can find all these notes.) Each note contains wording that makes her think about sex. Each note also has clues about where to find the next note. In other words, a sexual scavenger hunt. You have just given her mystery, a challenge, and suspense, ALL IN A SEXUAL CONTEXT. There should be no need to discuss what this does to a woman. You have to be able to use your imagination, and above all, use VARIETY.

The next area that we will cover is:

Foreplay

Foreplay, as a useful TERM, is over-rated. Women do not view sex like a man. To a man, sex is all about the orgasm. To a woman, sex is about what happens before, during, and after orgasm. In other words, the entire episode is "sex" to a woman. They want the whole experience. Everything you do before you "insert" is foreplay to a woman. *"But Sir_Chancealot- does that include romance, talking, etc.?"* Short answer- "yep."

Here are some advanced sexual techniques for good foreplay.

One of my favourites is to slide my hand somewhere, and just as she thinks I am going to touch "it" I move my hand away. "It" could refer to any body part, but is most effective when directed at the breasts, butt, or genitals. Oh, the suspense. You'll know you're doing it right when, just as you move your hand to a particular body part, she gasps for air. Do it REALLY right, and she will move that body part towards your hand, mouth, etc. After you have done this a while, "accidentally" touch that body part, while reaching for something else. A great example is the nipples. Given a long enough time, when you massage her breasts, her nipples will ACHE to be touched. "Accidentally" brush her nipple with your forearm while reaching up to caress her neck, for example. This drives them nuts! You can only do it 3 or 4 times during one "bout" before it comes as contrived and not "accidental".

Another favourite is to move a piece of clothing, kiss / caress whatever is underneath it, and then MOVE THE PIECE OF CLOTHING BACK! I have no idea why, but this really excites a woman. Example: while kissing the back of her neck, pull her shirt and bra strap to the side, kiss her shoulder, and then move it back.

Remember areas that other men either forget, or won't bother with. Those areas include the back of the neck, her (face) cheeks, the elbows and inside the elbows, her wrists (never had a woman yet that didn't LOVE her wrists being nibbled on), her ankles, the back of her knees, sometimes her feet and toes, her underarms (yes, you think I am crazy. Trust me. I just wouldn't lick there though, unless she is straight out of the shower without deodorant/anti-perspirant. Kisses are fine). One of the great spots is her lower back just above the butt. Speaking of butts, don't forget to LITERALLY kiss her ass.

One of the things that women love, almost without exception, is to have a man run his fingers through her hair. Don't believe me? Do it to a stripper who is giving you a lap dance, and watch for signs of sexual arousal. They can't resist it.

Here is the all around best foreplay technique you can use. Start making out, and get her hot and bothered. Let her think that you are going to end up having sex. I mean get her to the point where she is almost begging for it. Then get up and say, *"We have to go to the movies / dinner / party / whatever, and we can't be late. We have to get cleaned up and leave right now"*. She'll be dying to get off, but you've just prolonged it. **THE LONGER YOU CAN PROLONG SEXUAL EXCITEMENT BEFORE YOU GET A WOMAN OFF, THE MORE INTENSE THE ORGASM WILL BE!** Continue subtle foreplay all during the "date". (You DID remember to buy the tickets / make reservations, right?!)

We now need to talk about:

Pain

For some reason I don't comprehend, women are turned on by a little pain in their sex lives. For example, you can bite just a little too hard once in a while. It turns them on. Thrust too hard every once in a while. Don't be afraid to get rough for a brief second. By the way, I am not talking about S&M here. I'm talking about adding some variety that very few lovers have ever given her. She will yelp a little, and may protest that you hurt her. **DON'T LISTEN TO HER WORDS, PAY ATTENTION TO HER REACTION!** Don't overuse this; just remember to throw it in when she is least expecting it.

There is something else that MOST women love, and that most men won't do. That is to spank their lover. I don't mean a slap or two on the butt. I mean spank her like you are beating her ass for doing something wrong. You slap her butt **AS HARD AS YOU CAN** 5 or 6 times. If you haven't left a huge red spot (or welt) in the shape of your hand, you didn't do it hard enough. Ok, now women may read this and respond with a post similar to "I wouldn't like that, etc., etc., etc.". Wrong. Almost all women love to be spanked. I guarantee that if you have the balls to try this, you will be absolutely **STUNNED** by her reaction. Again, don't overuse this. Variety. Let her guess when you will do it.

Ok, now we have to discuss:

Dominance

Women love to be dominated by a man. It turns them on. Every once in a while, they also like to dominate a man. This is natural. Used properly, you are going to give her something that no man has ever given her. If you cannot dominate a woman in the bedroom, then you cannot truly fulfil a woman sexually. This has nothing to do ignoring her needs, or being selfish, but has **EVERYTHING** to do with expressing your sexual desire in a manly way. A real man doesn't apologize for his sexual wants and needs. It is part of who he is. If a woman doesn't recognise this, then she is a woman in name only. Real women are excited by dominant men in the bedroom.

Dominance is a lot of things. In it's most subtle form, dominance exists as not "asking" her if she likes something, but **KNOWING** she does through her reactions. This one takes experience before you get good at it. Dominance can also be very bold. Don't "ask" her to give you a BJ, **DEMAND** "On your knees b*tch, and suck my c*ck!". (BTW, you would be **WELL** advised to only say this after you have really turned her on). Don't let that AFC in you say "my woman would **NEVER** want me to say something like that." because your AFC would be wrong. Again, don't be predictable, but use variety.

Women love (every once in a while) to be treated like a sl*t or like property in the bedroom. Not many men have the balls to dominate a woman like that. You **WILL** give her something that most men are too afraid to give her.

Offer to "pay" her for a specific sex act. (**WARNING:** This is technically prostitution, so I would only use this with a wife, or in a very long LTR). Call her up when you are at work, and say "I'll give you \$50 for one of your fantastic (whatever she does really well) tonight." For this to be effective, she has to think that she does XYZ so well, that you are willing to pay her for it. Trust me, if you have a good relationship, she'll get a kick out of it.

Use sexual positions that make a woman feel vulnerable. This gets women really hot. One great position is sort of like missionary position, but with a little twist. She has to hold her legs in the air, and instead of leaning on your elbows, have her put her arms straight out and bend her elbows, and you will lock hands with her. She's totally exposed with arms and legs extended. She'll love it.

The converse side of this is allowing yourself to be dominated by a woman. Again, I am not speaking S&M here, merely the **PSYCHOLOGICAL** portion. Sometime when you are making out, say to her "I don't know if I want to go any farther with you. You'll just have to seduce me if you want me to have sex with you". You have just subtly reversed roles, but in a **DOMINANT** way.

One of the easiest ways to dominate a woman is to tie her up. This goes towards making her feel vulnerable. She'll like it. Don't ask, just assume. It is ultra-sexy if you use one of your **OWN** pieces of clothing that you are wearing to tie her up. For example, use your Tie to tie her hands behind her back. Maybe tie her legs (spread eagle) to the legs of the kitchen table. Again, variety.

Another way that you can dominate her is to "rape" her. Don't be an idiot and think that I mean real rape here. (My personal feeling is that rapists should be executed, but that's a topic for another post). What you are doing is giving her the **FANTASY** that she "must" submit to your sexual advances. Very exciting for most women. It's doubly exciting if she can't see you, but you talk to her. A workable scenario is something like this: You come home a little early and sneak into the house. Don't let her see you. Sneak up behind her and grab her mouth (so she can't scream, remember, at this point, she doesn't know it is you!) and around her wait. Then you begin talking to her in a menacing way. You might say something like "I've seen you walking around teasing me with those nice t*ts/ass/legs/etc. You think you could turn me on so much, and not do anything about it. Treat her roughly (don't injure her), and "man-handle" her goodies. Now is **NOT** the time for foreplay. If she's like "Will you knock that crap off", then she doesn't like it too well! She may fight back and protest as part of the fantasy. If you have even the **SLIGHTEST THOUGHT** that she **ISN'T** faking her protests, say "Do you want me to stop?" If she says "yes", and you **DON'T**, then it moves from fantasy "rape" to **REAL** rape, with the associated consequences (which is usually the rapist finding out what rape is like first hand, from his cell-mate "Bubba"). Anyway, don't let her see you. Have her drop her pants / skirt / panties / shorts / whatever, bend her over and do her, **THEN LEAVE** for a while. (Let her finish on her own). **VERY** different, and **VERY** exciting for some women.

Here's one that not many men have the balls to pull off. Tell her (don't ask) to tie you up. Women generally get REALLY excited when a man is tied up "helpless". You have to have a lot of trust in the woman to pull this off. I'm talking "here's my bank card and the PIN" kind of trust. A variation of this is to call her up when she is out, and tell her that you are going to be tied up naked on the bed when she gets home. Shortly before she is due home, tie yourself up (yes, it can be done); however, make sure that at least one hand can get out. (Can you imagine her being detained, and you CAN'T get unstuck!) Very exciting for most women!

We now come to the subject of

Dirty talk

Here, women differentiate themselves into two categories. I have deemed them "romantic" and "sl*tty". Romantic dirty talk sounds like a romance novel. Sl*tty dirty talk sounds like a porno. Find out what your woman likes, and talk to her.

A man "talking dirty" to his woman is the equivalent of the woman wearing lingerie for him. A DJ would do well to keep this in mind.

If you feel weird or strange about this, just keep this in mind. When you get good enough at talking dirty to your woman, you can actually give her an orgasm by simply talking to her. That is VERY cool. Not many men can do it.

Here are some Advanced Sexual Techniques for

Sex acts

Vary where you have sex. Good places include on the couch, on the kitchen table (ever popular), on the stairs, in the garage, bent over a desk, in a closet, or even outside. The key is let her wonder if, when you start in the bedroom, you will wind up someplace else. You will have a position that you both prefer, but don't forget to vary it. Legs up / down / apart / together, etc. Vary the position, and the position of the limbs.

A good example is missionary style, WITH HER LEGS PRESSED TIGHTLY TOGETHER. (I like missionary, hence, I have LOTS of variations of it! There's nothing like looking a woman in the face when you are doing her!) Your legs go OUTSIDE hers. If you slide your body towards her head further than you would ordinarily be, you will contact her cl*t WITH YOUR PENIS. This position is called "skinning the cat". It's very hard to maintain, as your penis will have a tendency to slip out. If you do this right, she will have a very amazing orgasm, quite unlike anything she has ever had before.

One unique thing you can do regarding her orgasm is this: make her look you right in the eye when you are giving her an orgasm. This works well if you are using your fingers. Make her look you right in the eye from start to finish. If she ever closes her eyes, IMMEDIATELY stop and tell her to "Look me in the eye. I want to see your eyes when you come". This varies the orgasms for her. Somehow, it makes it more intense.

Here is a way you can give a woman an orgasm so intense, she will be amazed. Women always have a little bit of an exhibitionist side to them. You are going to play to that very subtlety. Have her wear a dress when you go out to eat. You will get reservations for a corner BOOTH. Make sure the restaurant has long tablecloths. Begin talking dirty to her, and reach under the table, under her dress, and begin to finger her. You are going to bring her to orgasm in a public place. She will want to try and control her response, and the mere fact that she is trying to HIDE the orgasm, will make it much more intense, and harder for her to control. You will have done something that most other men have never even DREAMED of, let alone actually had the courage to do. My second best effort was during a classical music performance. It was very dark, and there wasn't anyone to the left or right for about 6 seats. (What's my best effort? Come on, you don't think I am going to give away ALL my secrets, do you?)

Conversely, attend a movie during an afternoon weekday. You know, the ones where there are only one or two people in attendance. Sit way in the back, and have her give you a BJ.

When eating her out, get your index finger wet. While licking her cl*t with your tongue, go right above your tongue with your index finger and gently rub. It will feel like TWO tongues on her cl*t. Very explosive orgasm.

Another technique is to get her really hot and bothered, then go oral on her, **BUT SO GENTLY SHE CAN BARELY FEEL IT**. In other words, you are just going to BARELY touch the cl*t. It takes a LONG TIME to bring her to orgasm, but I guarantee that she will say it was "different". And different is good.

Give her an orgasm while she is upside down. Give her an orgasm while riding in the back seat during a "double date" with someone. Bring her to the point of orgasm four or five times, then back off and do something else to let her cool off. We're back to variety!

When you have a woman VERY hot and horny, you can often hit her "G" spot. Without going into a big long explanation of what that is, or why you would want to find it, I'm going to get to the heart of the matter. If you don't know what the "G" spot is, do a search using www.google.com. If you are a guy with just an average size penis, this is where you get to shine! It is MUCH harder to do with a bigger penis. You are going to enter her in the missionary position. (If you don't know what that is, you should be reading "Sir_Chancealot's Definitive Post on Beginning Sexual Techniques! Coming soon. Or should I say "Coming too soon"? HAHAHA!)

Normally, in the missionary position, you are thrusting DOWN into her. In the missionary position, you must LIFT HER BUTT UP OFF THE BED. You are going to thrust into her in an UPWARD direction. Unless you are a contortionist, this will probably require you to be in a kneeling position, holding the upper thighs. In essence, the head of your penis is going to hit the front of her vagina, instead of going straight in. You'll know when you have it right, because she will start mewling like a kitten. This is WAY different from the "When Harry Met Sally" type of orgasm (which, if they are like that, are fake anyway). Suffice it to say that you WILL know this sound when you hear it. You may even mistake it for pain. When she starts making that sound, she is VERY close to having an orgasm, WITHOUT you touching her clitoris. I guarantee you few men have ever given her this type of pleasure. If it is painful or uncomfortable for her, you don't have her hot enough yet.

Another word on a woman's orgasm. If you get their legs quivering, that's GOOD!

Speaking of NOT touching her clitoris:

How to make a woman orgasm without touching below her waist

This one is great guys. It takes effort, but is well worth it. You are going to start with her nipples, but later, you can migrate this technique to ANY body part. You start with the nipples, because it is easier to associate an orgasm with them, over any other body part except the clitoris. Here's how the technique works.

First, you have to have lube. Astro-glide works well. You have to bring her close to orgasm two or three times. It is easiest to use one hand for her clitoris, and one for her nipple. When you have done this, you are going to lube up the fingers on one hand. Use a lot, too little and it will end up being irritating, instead of feeling good. Here is what you do. You are going to rub her nipple EXACTLY THE SAME as you rub her clitoris. Usually, a clockwise (or counter-clockwise) motion is easiest to start off with. You must use the SAME PRESSURE, DIRECTION, AND SPEED IN BOTH PLACES. When she gets very close to orgasm, back off of her clitoris, but keep up the pace on her nipple. She will start to come down. When she has settled down for about 5 seconds, start up with her clitoris again. REMEMBER: SAME PRESSURE, SPEED, DIRECTION. Get her close to orgasm again. Let off her clitoris, but continue with the nipple. Eventually, you will back off the clitoris, but she will continue on to orgasm. You must do it exactly like this for three or four times. (Don't do it 3-4 times right in a row. Variety, remember?). After you have done it like that three or four times in a row, now you are going to play with her nipples without touching her clitoris. She will get off WITHOUT you touching anywhere near her genitals. I guarantee her response will be "Wow! That sure was different!" Make sure you get to the point where both nipples are involved.

After this is achieved, you need to do the same thing, but on a different body part. Her earlobes are easy to do. Instead of using your fingers, you'll use your tongue. Do it the same way that you first "trained" her to get off with you touching her nipples. You are going to massage her clitoris with your finger, and her earlobe with your tongue. Eventually, you will be able to get her off by just licking her earlobe.

BTW, this is MUCH easier if you talk to her while you are doing this. Say things like "Imagine that, while I am rubbing your nipple / earlobe, it is really your clitoris. Imagine that the two are connected, and what you feel in your clitoris, you feel in your nipples / earlobes". She WILL feel the two are connected, because you are doing the same thing to both body parts. Get good enough, and she will associate the sound of your voice talking to her like that with her orgasm. Then, you will be able to give her one with your voice alone. You will TRULY be a Master DJ then!

Some additional thoughts on the sex act

As I have repeatedly stated, women want variety. In addition to variety of position, frequency, etc., they want variety in how you treat them.

Here is a secret that not many men know. **SOMETIMES, A WOMAN DOESN'T WANT AN ORGASM.** Yes, I know. You're thinking, "Sir_Chancealot, you are off your rocker!" Well, you'd be wrong. Sometimes women DON'T want an orgasm. If you do not believe me, ask your woman. Don't always give her one. Let her wonder if you are going to give her one. I will cover some scenarios in which you AREN'T going to give her an orgasm, and it will drive her wild.

This is something that will drive a woman nuts. When you have sex with her, make sure she has an orgasm. However, you are going to stop short of orgasm during sex. She will ask you why you are stopping. Just tell her that you don't feel like having an orgasm tonight. The first time, she won't think anything about it. Do it three or four times in a row, and she will go nuts figuring out why you don't want to get off. She will become an absolute sex fiend for you, until she gets you to come. (Yes, I know how difficult this will be for you. I AM a man, after all!)

Ok, here's another one that not many men have the courage to do. Masturbate for her. That's right, you are going to whip the weasel while she watches. If she tries to "help" you, do not let her. Make her watch. Not many women have had the opportunity for this, and it will turn her on immensely. Continue to completion. There's about a 75% probability that she will start doing the same on herself before you are finished.

Here's a cool one that requires a lot of self-control. You are not going to have "sex" for a week. Everything that applies to you also applies to her. The first night, all you are going to do is kiss. The second night, you can kiss and caress anywhere above the waist, EXCEPT the breasts (over her shirt). The third night, you can remove the shirt, and kiss and caress everywhere above the waist, but OVER her bra. The fourth night, you are going to remove the bra, and can kiss and caress everywhere, even below the waist. You cannot touch her genitals, and no orgasms for either party. The fifth night, you are going to remove her pants, and you can kiss and caress everywhere, but OVER HER PANTIES. No orgasm for either party. The sixth night, you are going to be completely

naked. You can do ANYTHING you want (including any type of sexual act) but NO orgasm for either party. The seventh night, you can do anything you want! (Careful you don't blow her head off when you do finally let loose!)

Here's a fun one. Have a race to orgasm. Each party must make the other one get off as quickly as possible. Whoever gets their partner off quicker wins a prize of some sort.

My quickest time from no touching my partner until her orgasm? Three minutes. See if you can improve on my record!

Try to time your orgasm so you two get off at the same time. This is called simultaneous orgasm. Don't tell her you are doing this. It won't happen very often, but when it does... WOW!

Rub your hard penis all over her body. And by ALL OVER that's EXACTLY what I mean. Even rub it all over her face. Chances are, she's never had that done before.

When she goes down on you, tell her how good she's making you feel. Give her directions (harder / softer / faster / slower / etc). Some women like you to grab their head and guide it up and down. Some don't. You'll find out quick enough.

Here's one that may be a little difficult for you if you don't already do it. Moan during sex. Most women get turned on. I don't mean make a big production about it, but DON'T BE SILENT. Would you want HER to be absolutely quiet? I didn't think so. During orgasm, let out with a roar now and then. This will drive her wild also.

Once in a blue moon, when you walk through the door, don't say anything. Grab her and throw her across your shoulders. Carry her to the bedroom, and take her clothes off. Bang the h*ll out of her without saying a word. After you get off, say, "I've been wanting to do that all day" and then go to the kitchen and grab a beer, a coke, or something to eat. Sometimes, women love when a man just screws their legs off JUST BECAUSE HE WANTS THAT P*SSY! This can make a woman feel ULTRA feminine. Women love romance, foreplay, tenderness, and caressing. But sometimes they just want a good hard f*ck too.

When you catch her wearing old clothes, LITERALLY rip them off her body, and do her. Make sure you rip her panties off too.

Never let a woman know how long you are going to have sex. Make it an hours long marathon one time, and a quickie the next. Make it a quick quickie, and then a long quickie. Make it a short marathon, then a long one. The key is variety. They should never know how long it is going to last.

Wake her up with oral. There's a good chance she'll return the favour sometime. Get hard before she wakes up, lube it up, and (as Whitesnake sings) "Slide it in, right to the top". She will most likely love when you do that, but ONLY if the relationship is going good.

If you are bold enough... sometime when you are having a real heated argument, and she is WRONG (I mean blatantly wrong, but too pig-headed to admit it) tell her that if she doesn't apologise, you are going to spank her ass. She'll make some smart-aleck comment. Follow through on your threat. Wrestle her to the ground, and spank her like a newborn. There's a 50-50 chance it will lead to some REALLY wild sex. The 50-50 chance is why I said "IF" you are bold enough.

Ask her what one of her fantasies is. Try to fulfil it. (**WARNING:** It is **REALLY DEVESTATING** to bring another person in for a threesome, etc. Do not do this unless you have absolutely no doubt that this LTR isn't going anywhere. Even then, I don't recommend it.) If she wants you to dress in a clown outfit, wear big shoes, a red nose, and constantly say "You like THIS Big-Mac don't you baby!" DO IT! H*ll, you might have a laugh and have some fun with it. If she describes a fantasy where she is stripping for a bunch of whistling sailors, get a sailor suit, and make her strip for you. Go wild and tuck that buck! The thing is, while you may not make her EXACT fantasy come true (and many women want their fantasies to remain just that – fantasies), you can give her a close approximation. Not many men are confident enough in themselves to do this. But she'll love you for it!

Don't always be serious in bed. Learn to laugh, have fun, and play during sex. Learn to be passionate, sometimes kinky, sometimes noisy, and sometimes quiet. The key is not to take it so seriously.

Here is one that is fun. Have the woman ride you, and try to guess when you orgasm. You try to hold perfectly still and not let her know. If she knows, she wins something. If she doesn't know, you do. You can reverse this also. You try to get HER to orgasm, and she tries to NOT let you know. It's more difficult for the woman that you think.

Tell her that you have always wanted to have an affair with a blonde / brunette / redhead. Give her the money to go out and get a wig, and tell her to surprise you with it one night. While wearing the wig, she must act TOTALLY different than her real personality, and she must greet you "in character" when you come home. Most women find this a pretty fun thing to do.

What to do after the sex is over

Ok men, it takes a woman MUCH longer to come down from an orgasm than a man. **MUCH LONGER.** What you do during this time can elevate you from being a good lover into being a GREAT lover. Talk to her and caress her for a while. Tell her how sexy she was during sex. Tell her how much she turned you on, etc. Believe me, not many guys take the time to do this properly. You do this right, and it will make up for a lot of mistakes. One of the coolest things you can do is to hide a single rose under the bed / pillow. A little while after her orgasm, give it to her. Yes, "No flowers" claim the DJs. Sir_Chancealot gives you permission to break that rule with this technique.

Ok men. I hope you have found this article refreshing, enlightening, entertaining, and most of all, informative. I still have some other secrets that I haven't expounded upon, so don't think this old dog has told you all his tricks. Not by a long shot.

I hope that you see how variety is what women want in their sex life. It really is key. One word of warning, however. Once in a while, do the same thing two or three times in a row. "D*mn it Sir_Chancealot! You just spent all of this post telling me to have variety! Now you are telling me to be predictable?" In a word – Yes. If you NEVER do the same thing twice in a row in the bedroom, you have just become predictable, because whatever you are going to do today will be different than yesterday. You just became predictable in your unpredictability. Weird, yeah; but true.

Remember to NEVER apologise for your sexual desire. If she complains that "all you want is sex", come back with "I can't help it you turn me on so much". When she says, "all you want is sex", that's womanese for "You aren't paying me enough attention OUTSIDE the bedroom". Pay her that attention, and that complaint will disappear.

THE MORE (GOOD) SEX A WOMAN HAS, THE MORE SEX SHE WANTS!

Article 4 - ENDING Your Relationship (by Nine Breaker)

Finally, in time, you may decide to break up with a girl that you've established a relationship with. I know how hard that can be (believe me)... well here we have a strategy for doing just that!

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16629>

Ever wonder what the heck you should do with a woman that has worn-out her welcome with you? Ever consider the possibilities, and the advantages that a break-up can have for you?

This is all new ground. The bulk of the talk here in the forums is how to get a woman, and how to keep a woman. But it's never what you should do if you want to lose that woman. This is just as important as anything else.

Alright, sure you need to HAVE a woman before you can break up with one, but bear with me ok!

Your typical AFC will tell you that all you need to do is end it. The girl has not met your standards / done a bad bad thing / you lost interest (bla bla bla) and you should simply tell her "Sorry babe, show's over."

Do you ever wonder why AFC's hate (or fear) their ex's so very much? It is because they were idiots when it came to ending things properly, and they also fear repercussions from her friends. Oh, but it goes further than that!

What about that babe that is friends with the AFC's ex - who this AFC wants to go after now? Sorry! Her good friend, the ex, has told her what a bas*ard you were and probably exaggerated a bit about you. This babe isn't interested in you at all - aren't you sorry now, silly AFC?!

If you're planning on breaking up with your (former) girl, then you're going to be better off if you do this right. When you two break up, end it on a high-note. Keep her as a friend and a source of social-proof. Give HER the LJBF line, and MEAN IT! If you two end it on GOOD TERMS then benefits will often follow. Her friends are going to see how unusual this is - you and your ex still friends? Your ex is more likely to say good things about you now, and that "hot babe friend" of hers won't be mad at you for breaking up - she could very well be INTERESTED in you for being such a great guy all the way. Up until the end, you were good to this woman (not nice, good!) and that will be reflected in how others (eg: her friends) will see you.

An AFC would have let her go and have done with it, but you have not. You were different from the rest, from the AFC's. You didn't give her (or anyone else) a reason to hate you, or a reason to think of you as an emotional tampon. You showed her that you could still be a MAN in any situation.

Now, to reduce confusion, here is a small list of reasons NOT to keep her as a friend / social proof:

- 1) She breaks up with you: This is obvious. If she ends things, then you are not to blame for it. You need not blow your top about things, but you have no need to do anything about this. Just learn from whatever went wrong in this relationship and move on.
- 2) You get the LJBF line from HER: When she says LJBF to you, she doesn't mean it. She really means "I don't like you romantically, I want OUT, and I can't think up a better reason than this." Don't go berserk now, just accidentally "lose contact" with her (on purpose) – AND MOVE ON!!
- 3) She cheated on you: If she cheated on you, you dump her like diarrhoea - fast and as painfully as you want!! Never forgive a cheater, and never associate with a woman who cheated on you.

That about wraps it up. Any contributions are readily welcome here, as this concept is pretty much unexplored - and WORTH some exploration.

Exercises

To complete this week's lesson, we are to do the following things:

Exercise 1

Go for the third date with girls whom have proven worthy of our time and effort during the first two dates.

Exercise 2

Work on new skills discussed in the reading material above.

Exercise 3

Go out and collect more phone numbers, so that you have ten or more numbers in your active list.

Special exercise notes

This lesson is to be completed within **three weeks!** During this time period and even afterwards, you are to report back into the response thread with your results, and give feedback on your activities with this week's lesson.

Okay, guys. Let's get back on track. I've given us **three** weeks to complete this lesson, so even if you fell behind and haven't gotten numbers in a while, you now have sufficient time to go get numbers, and go out on multiple dates with a chick. How could you possibly ask for more grace time?

This is the real last lesson of this Boot Camp that will deal with getting and dating girls, so make it count. The last lesson, Week 8, will be based on going into a social situation, and becoming the Alpha male, which is one hell of an experience for anyone who has not experienced it before. In the meantime, go out there, and have a blast with this lesson!

Also, don't forget to take a look at the reading material from the past six lessons, as they will still be very useful for you in this lesson.

Master of the Universe (*signing off*)

DJ Boot Camp - Week #8

Theme: Becoming the Alpha Male

Number of reading articles: 5

Number of music picks: 3

Number of exercises: 2

Response thread: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35208>

Introduction to week 8

Gentlemen! Welcome to week eight. It has taken a long time to get here and all of you have come through situations of:

- Fear (making a cold approach on that elusive HB9)
- Exhaustion (going on five dates in four days with no sleep) and,
- Occasional triumph (getting that HB9's digits in front of a room full of astonished AFCs!).

Week eight, and the conclusion that follows, were pieces compiled by Walden.

Just a quick note on the scales used. **HB = Hot babe**. The rating goes from 1 to 9, normally. Most DJs agree there is no 10. A nine should obviously mean to you the fact that this particular girl is super hot. A five is average.

Have you ever noticed how, when some people enter the room, they're already an alpha male even though no-one there knows them yet? The goal for this week's training is to learn to project that alphaness and use it to your advantage.

It is time for the real test of a true Don Juan. In this final lesson, your goal will be to go into a social situation and become the dominant male.

You no longer have a fear of rejection. You are at ease approaching people, so the final concept now is to put it all together and dominate the place!

Reading material

Article 1 - Be a Man! (by Pook)

Alphaness is all about taking charge of how you project yourself and how you present yourself to others.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16903>

This article is a repeat of the second reading in the first week. I recommend you go back and read it again with your new perspective, having gone through so much in the past seven weeks. (Of course, the true amount of time is larger, since some weeks gave you a fortnight to complete the exercises).

The following article, **article 2**, was moved from week seven to this final week. MotU describes the article as follows: "Okay, so you've learned how to do most of the things required to acquire girls. Well, now that you've had some success, take a look at this post. You'll see for yourself why you've been successful, and why you may have failed in the past... and how to ensure even more success in the future."

Article 2 - The Holy Grail of Dating (by Darkdream)

Darkdream's conclusive article on how an alpha sees the world, and how an alpha deals with challenges.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=16971>

I was reading an article by Doc Love on "*Why Is That Babe with Such a Loser?*" which triggered a lightning bolt series of thoughts that culminated into a series of very shocking insights that left me at times almost disgusted in what I had discovered. I had found the holy grail of the dating world: the mind-set of the true master Don Juan. A mind-set that would cause extremely beautiful woman fall crazily in love with you to the point they would do anything for you. Pook and WildThang had hit upon it, but only in a circuitous fashion. I had found the heart of it.

The following work is an essay, if you will, it is long but well worth the read. All those who read this, take it in and ruminate on it will greatly benefit. Any truly good Don Juan advice and theory will be a mere echo from these pages.

I fully began to comprehend that the mating dance was nothing but trying to get the most powerful mate possible. I turned to evolutionary psychology to help me fully describe what a powerful mate was. A powerful mate was simply a mate that was able to survive, reach sexual maturity and produce viable offspring better than other individuals. Power was simply equated with the increased ability to pass on the "selfish genes" each one of us harbours. Through the course of evolution, those traits or characteristics that over time proved them selves to lead to the greater proliferation of those genes (that caused the traits in the first place) began to be selected with greater frequency by a genetic counterpart. Those genetic counterparts who were able to respond to these traits and mate with such individuals ended up passing on their own genes (the genes that were able to identify the "attractive traits" in the first place). Those individuals who possessed the more powerful genes and were able to identify those more powerful genes in others and mate with them ended up balancing the gene pool in their favour at the expense of the other less powerful genes. In the course of time, both male and females began to be "hard coded" with genes that would lead the sexes to fairly universally desire certain characteristics and traits that over the course of evolution proved to be features, that once mated with, greatly increased the chances of passing on one's own genes.

Now what are these key characteristics that men and woman find attractive in one another?

For men it is simply the woman's body. The perfect "10" female is a "genetic celebrity" as Doc Love adequately put it in his article mentioned above. Such a woman wields tremendous power. The human body contains a wealth of information on the health and potential reproductive success of the individual. Such beautiful woman are attractive to males because over the course of evolution the males who found these females attractive and mated with them produced more healthy and viable offspring because of their genetic make up. For example, it is a scientific fact that woman with certain waist and hip dimensions can produce more children than woman with other waist and hip dimensions.

For woman, the man's body did not matter as much as the woman's body did for the man. The woman's role in those early hunter-gatherer days was simply to gather food, bear and look after the children. Because of the incapacity of pregnancy and the difficulty of throwing a weapon at prey with a baby in the arms, the woman relied on the man to literally bring home the bacon. The woman became the instrument of bringing new life in the world while the man's role was simply to provide for the woman and the new offspring. While a healthy, genetically sound body was essential for a good hunter and healthy offspring, there were other important characteristics that clearly separated one successful hunter from another.

To be a successful hunter, the individual had to be controlled and patient. They had to have the ability to know when to strike and do so with force and conviction. They also had to be brave and not psychologically deficient. Those individuals that usually excelled at the hunt (due in large part of these characteristics) became natural leaders and usually got the most from the hunt and were able to provide the most food to their families. While an excellent body equalled a great potential as a hunter, without the nerves of steel, patience and willingness to take risks, such a body was like a well-made sword in the hands of an idiot. While the woman's power primarily resided in her body, the male's power essentially came from his actions and deeds that originated from his thoughts and emotional prowess. These types of characteristics, that were a product of a mental and emotional makeup, became qualities that females universally found attractive.

As Doc Love identified, the three characteristics that woman universally respond to emotionally is challenge (not psychologically needy or weak), control (able to not let passions overwhelm a person) and confidence (able to take charge of the situation and respond assertively). This has not changed much for thousands of years.

It became clear to me that what women find attractive in men is the qualities of an accomplished hunter: a killer.

Doc Love then goes onto explain in the same article that, "the Reality Factor says: beauty always finds the money and money always finds the beauty." Underlining the attractive qualities in a man is a woman's desire to find a good provider: a powerful individual who can get the job done. Women are extremely practical and they will go for the guy who can provide the most for them (as long as he is not a total genetic reject). Money is obviously a display of wealth and sometimes an indicator of personal success and high status (powerful man). However, I can imagine a lot of these beautiful women are simply mercenaries and are not actually responding to the individual at all but rather his income (money then becomes the powerful substitute for the powerful individual).

Do these mercenaries really love (greatly emotionally responded) to their millionaire or billionaire boyfriends? Doubtful, I would guess.

I was not interested in the women who went for the money. I wanted to know about those beautiful women who turned down the power avenue of money to go for the individual they emotionally responded to as being powerful. In order for these beautiful women to go for these guys (they can have any guy and remember they are going to find the one they consider the most powerful) there must have been something extremely attractive, from a female standpoint, for such a woman to go for such a guy. What type of guys attracted these women?

Why was I so interested in these individuals? Simple. If I could discover their mental frame set, I could find the babes.

To my dismay, as Doc Love noted, and from personal experience with a "9", the type of individuals these beauties would go for were drug dealers, crazed musicians, and sometimes "borderline (or even full on) criminal type[s]".

At first I thought this was crazy. How could these individuals get the babes? I pushed on and began to ask myself the series of questions:

What were these individuals like? What was their mental frame set? What was their general attitude to life?

Doc Love laid the clues for the answer:

Still, there is one thing that the types of males that I've described above have in common. They're all rebels in some way. They're not socially acceptable...

Also, as strange as it sounds, dangerous men make many women feel safe... She knows that he'll crush any other guy who hassles her, and beautiful women do get harassed a lot.

The other thing that all these types of guys tend to have in common is a kind of detached, "don't give a crap," attitude. So these 10s perceive them as extra manly, confident and a Challenge.

These guys displayed what appeared to be extreme qualities of confidence, challenge and control. What gave them these outward qualities was a severe somewhat detached outlook on things. A type of detachment that did not care about things in general. Here was your super hunter, a dangerous individual: cool, calculating, infinitely patient and not shaken by anything. Here was the mind of a true killer. Here were the outer manifestations of the master DJ mindset.

My mind began to spin at this point. I knew all the pieces were here to start to get inside the mind of these individuals. It was at this point **Nietzsche** came to mind that showed me the way.

What is good? – Whatever augments the feeling of power, the will to power, power itself, in man.

What is evil? – Whatever springs from weakness.

What is happiness? – The feeling that power increases – that resistance is overcome. Not contentment, but more power; not peace at any price, but war; not virtue, but efficiency . . . (The Antichrist - 2)

Here was the essential glue I needed to put the puzzle together. Power in the super hunter was the ability to overcome all resistance. This overcoming of resistance led to efficiency.

I was getting very close. Then it was something that **Pook** began to crystallize everything:

Masculinity is surmounting your environment. This is why girls want that 'trump' attitude, the attitude that you can do anything.

It is something biological. Women respond to jerks, to strength, first because they know the artificial world they live in may collapse and need someone to depend on. Masculinity is all about not being concerned of your environment and having that 'trump' attitude...

Be the master of your destiny. If she rejects you, she is merely showing she has bad taste. You're the **man**. It is your job to create the reality you would like. Don't let her do it because she never will.

What did the super hunter overcome? Sure he was able to get the prey, but that was a product of his actions that originated from his mindset. The greatest resistance the hunter faced was not his environment but his mental environment. This was the true source of his power: the overcoming of all his fears, memories, teachings and so on. His detached non-caring attitude let him discard all of it away. In its place was true simplicity and efficiency. Now the super hunter would simply note the values, use them

when appropriate or discard them when needed. He now ruled his world, because he now created it for he was the sole creator of value. He was the one who decided to go with an impulse; he was the one who decided whether the fear was appropriate. He did not care whether he succeeded or not; it was irrelevant. All that lay in front of him was movement of his mind and his emotions. He trusted only what he felt and saw and would only give value to things that he himself felt were good. The only thing he gave heed to was the moment.

He did not care that people found him mean. He did not care that they loved him. What were they to him? What did they know? He did not care to be defined by others nor did he let his emotions define him. He embraced his emotions when appropriate and threw them away when he did not think they were helpful to his cause. Finally, he overcame one of his greatest impediments: his ego. Instead of thinking that it would make me look better in the eyes of others, or to do so would make him look bad in others eyes, he simply did not care. Here we see the rebel emerge. A rebel who cares not what society thinks, what his mother or father thinks, what books say is right and not what his emotions or thoughts tell him. He could care less. He is the only one who decides if it is worth caring about.

Finally, the super hunter discarded the last hindrance to his goal: time. He is no longer obsessed with getting something achieved in a given time frame. Such pressures are useless and counter productive in attaining the goal. For he could care less when it was achieved: he was not living on anyone's timetable. Nature taught him that events occur when they occur and cannot be rushed or delayed: a tree could not be rushed to grow, a flower would only bloom in spring, a prey had to grow weary from the strain of pursuit. The only thing he concerned himself with was not the future or the past but the present moment where his realm of experience existed: the only time where he had a say in.

Pook further goes on to say:

You do not compete against the girl or against any guy. Your competition is yourself. Think when training for sports. When you think, "My, that guy is good. I am going to beat him!" you will either (a) fail or (b) succeed then stop. Your focus is on **him**, not yourself. Once beating him, you stop.

A woman is a woman. You are the one that makes an issue of it. You are the only one that gives it a value. If you make a big deal out of something, it will be a big deal. Conversely, if you make it a lesser deal than it is, it will be a lesser deal.

The greatest obstacle in getting a woman is not the woman but ourselves. The greatest act of power the super hunter achieves is to overcome all of our self-imposed limitations. How do get rid of all your self-imposed limitations? **Throw it all away!** Don't care what others think, what your emotions tell you, rationalize yourself and just do it! Let yourself be the focus and sole determiner of whether something is good or bad.

The super hunter no doubt treated women the same as the hunt or anything in his life. The following examples are mental demonstrations of the truly powerful mind set. To help accentuate the qualities of the powerful mindset I have in tandem also presented the un-powerful or AFC (Average Frustrated Chump) mindset to function as a foil. See and feel the far greater simplicity and efficiency in the overall thought process of the super hunter in comparison to the AFC's.

Also note the following qualities associated with the powerful mindset:

- 1) It is goal orientated with a final long-term situation envisioned. However, this is always implicit in every situation.
- 2) The powerful mindset does not recognize success and failure. It is simply the recognition that an obstacle has been put in place, or an obstacle has been removed. Success or failure becomes tied to simply degrees. One simply sees either one is getting closer to the goal or moving away from it.
- 3) The value of something or the course of action in the given situation always revolves around whether the value or course of action further or hampers the goal desired. No other subsidiary or tangents are taken into account.
- 4) The realm of attention is only focused at the current present situation at hand. The mindset neither adds nor removes anything from the situation. It is objective.
- 5) The various emotional value and thought values are taken into consideration but if are unwarranted they are discarded. Those values that are not discarded then influence the course of action. Emotional values are primary.
- 6) The moment is only taken into account. Any future or past considerations are put aside.
- 7) The final consideration in the course of action has to do with what is costs the individual in either furthering or delaying the goal.
- 8) The only past knowledge that is applied to the decision process is only knowledge the individual has personally experienced.
- 9) The final outcome is always action.
- 10) There is no doubt, fear or uncertainty.
- 11) Most importantly, the powerful man chooses, no one else, the course of action.

I have included in each example two scenarios: a hunting scenario and the other a dating scenario. As it is my hypothesis that the ultimate DJ mind originated from the ultimate hunter mind, it becomes easier to derive the dating scenario in reference from an analogous hunting one.

Italics will indicate either an emotional or thought associated value judgment that both the AFC and powerful male experience and responds appropriately to. Everything in braces [] indicates physical actions or reactions. Indents indicate a conversation.

Hunting Scenario: A Potential Prey is Spotted.

This prey doesn't look worthy enough to hunt.

AFC: Maybe I should still go for it though. May be a waste of energy though. But it doesn't look like there is much else here. I haven't had a decent prey in a long time. I guess this is better than nothing.

Powerful Male: Prey no good. Move on. [Moves to a different hunting area]

AFC Result: Spends useless amount of energy chasing something from the beginning did not look promising.

Powerful Male Result: Found better prey later on.

Dating Scenario: A Potential Woman to Approach and Talk to.

Woman is not all that attractive at all and has a folded body posture with a scowl on her face.

AFC: Maybe I should go talk with her. You know what they say, "It's not beauty that counts but what is inside." She looks not too happy maybe I can cheer her up or something. I haven't talked to a girl in a long time.

Powerful Male: Ugly. Uptight. Move on to other women. [Leaves premises]

Results: Same as above.

Hunting Scenario: An Excellent Looking Prey is Spotted.

Prey looks very good

AFC: Yes, a prey! I hope I don't screw up with this one. I should be extra cautious, no wait extra bold. I hope my spear is in good order. I did sharpen it, didn't I? [This continues].

Powerful Male: Prey appears to be worth the effort to hunt it. It is in a good position to strike.

Emotional fear is experienced.

AFC: My god, I don't know if I can do this. This is way too difficult for me. It's probably too much hassle anyway. Maybe in a minute I'll gather enough courage. [Looks at spear]

Powerful Male: Is this fear warranted? I am not in a position where I can be harmed. The fear is unwarranted. [Tosses spear]

AFC Result: In hesitation, the prey runs away and he loses his chance.

Powerful Male Result: Manages in wounding the prey and slows it down.

Dating Scenario: A Beautiful Engaging Woman is Encountered.

Beautiful Woman.

AFC: Oh, my gosh, a beautiful woman! My god, I'm sure she must have a boy friend. I bet she is out of my league.

Powerful Male: Strike the concept beautiful out. It adds nothing and it doesn't help. She is not a princess, someone special super human. She is simply a woman that a lot of men emotionally respond to.

Emotional fear is experienced.

AFC: Boy, I'm so afraid. I'll probably screw up. Maybe in a minute or after a few drinks, I'll find enough courage. I wonder whether I'm good enough looking, I wonder what she think of me?

Powerful Male: Is this fear justified? Is she holding a gun or appearing hostile to me? No. No justification. [Approaches woman]

AFC Result: Woman gets up and leaves while AFC is drooling and thinking how to approach her.

Powerful Male Result:

Powerful Male: "Hi, would you like to buy me a drink?"

Woman: "Boy, you seem confident, don't you?"

Powerful Male: "I know nothing about confidence: I simply am."

Woman: [Turns wet]

Hunting Scenario: Back at Camp wondering if Ever will get a Great Kill

Thought of never having a great kill.

AFC: I have not really ever made a great kill. I think I am not a good hunter. My family will be ashamed of me. I've just turned out to be an average hunter.

Powerful Male: By whose definition of "great"? How does this thought contribute to my hunting ability? It serves no useful purpose.

Feelings of depression.

AFC: I really am a bad hunter. [Starts crying]

Powerful Male: There has been no death, no loss. Unwarranted. Drop it. [Goes hunting].

Dating Scenario: At home Wondering if will Ever get a Girlfriend

Thought of not having girlfriend.

AFC: No one has ever really loved me. It must be something wrong about me. Maybe I'm not friendly enough. Maybe I should change the way I look. I don't know.

Powerful Male: Irrelevant. Past is past; I can't change it. How will this thought help my future? My plan is to meet women not dwell on them.

Feelings of depression.

AFC: I really suck. [Starts crying]

Powerful Male: I have not lost anything or nothing terrible has happened. Drop it. [Goes out and meets women]

Hunting Scenario: A Prey being Hunted appears to be more difficult to kill than first anticipated.

[Prey goes through rough terrain making it difficult to hunt.]

Feeling of frustration.

AFC: Oh, no prey is getting away. I can't let this happen, I must pursue at all costs. [Follows prey close behind]

Powerful Male: Is frustration warranted? Yes. Prey is posing obstacles in the pursuit of it. Need to get rid of obstacle. Try different route through terrain to catch it.

[Prey goes through rough terrain and is able to surmount a very difficult area full of streams and caves.]

Feeling of fear.

AFC: Oh, no the prey is getting more and more difficult to catch. I can't let up now. [Rushes blindly after it]

Powerful Male: Is fear warranted? Yes. Prey has a good chance of getting away. Is it worth pursuing it if I have low chance of success? No. Try to find other prey.

AFC Result: Spends a useless amount of energy pursuing a prey that eventually gets away from him.

Powerful Male Result: Cutting his losses, he regroups, learns a little more about the terrain and finds another suitable prey.

Dating Scenario: Going out on a first date with a woman to take her out to dinner.

Male: "We're going to eat at an Italian restaurant."

Woman: "No. I hate Italian food."

Negative feeling experienced.

AFC: Oh, no. She hates Italian food. Wait let me see. I can try Thai, no how about Chinese? I'm not too partial to Chinese, but maybe she'll like it.

Powerful Male: Is negative feeling warranted? Yes, she is making situation difficult. Try an alternative. I like Thai.

Male: "We're going to eat at a (Thai or Chinese) restaurant."

Woman: "No. I hate that as well."

Increased negative feeling.

AFC: Oh, this is getting real bad. Let me come up with something else. How about Mexican, my God I hope she likes that.

Powerful Male: Negative feeling is warranted. Situation is becoming very difficult. She is not helping at all and being unnecessarily difficult. I am not experiencing positive feelings. Amount of effort and ill feelings is outweighing the good ones. Drop her.

AFC: "How about Mexican?"

Woman: "No, I ate Mexican earlier today."

Powerful Male: "I'm taking you home."

AFC Result: Ends up driving her all over the place and making suggestions. She finally says she is not hungry and just want to go for a drink. He never gets anywhere further with this woman.

Powerful Male Result: He takes her home. Hits a bar and gets a home phone number.

Hunting Scenario: The kill is made and the Hunter enjoys the fruit of his labour.

Positive feelings of success.

AFC: I'm the greatest hunter there is. Everyone is going to think I'm the greatest. I'm going to tell everyone about my hunt tomorrow. I did so well . . .

Powerful Male: Is the positive feeling justified? Yes.

Feeling of sleepiness.

AFC: Oh, I'm tired. Who cares? I'm going to celebrate into the early hours, and sing me a tale.

Powerful Male: Feeling justified? Yes. It was a long hunt. Need to have energy for tomorrow's hunt. Will settle in contented sleep. [Goes to sleep]

AFC Result: He spends up all night, and does not go on the hunt the next day and looses out on gathering food.

Powerful Male Result: Fully rested, he does well on the next hunt.

Dating Scenario: Consummation is achieved with Female.

Uplifting and positive feeling.

AFC: Yipeeeeeeeeeeeeeeeeeee! I'm the man. I love her so much. I'll tell her tomorrow morning. I bring her roses and flowers. Maybe I should ask her to marry me? This is the greatest.

Powerful Male: Feeling justified. Yes. Nice. Was the pleasure worth the time spent with her? Yes.

Feeling of tiredness.

AFC: Boy, I'm tired but let me compose a poem for her. [Begins to write poetry]

Powerful Male: Is feeling warranted? Yes, it has been a long day with physical exertion. Tomorrow is another day. [Goes to sleep]

AFC Result: The next day he declares his undying love and scares off the woman.

Powerful Male Result: He's in her room with her right now.

In all these scenarios the crucial difference between the AFC and powerful man is that the powerful man is the one who does not let the situation and his emotions dictate him as opposed to the AFC who lets it control him. The hunter overcomes while the AFC is overcome.

As **Pook** points out:

A male who goes through life with the path of an arrow is a **man**. A male who goes through life bending himself to every desire in hopes of pleasing is **chump**, a nice guy.

The AFC is the one that bends over backward to try to accommodate his emotions, his environment and other people. He is ruled and defined by it. He does not possess the courage to choose for himself what is best for him and go ahead and do it.

The powerful male chooses his action himself. He does not let his mother, his brother, his teacher or the junkie on the street corner that gave him the finger let him choose the way he should think or act. He decides what is important. He decides what value to give things: he creates his own world because he interprets it and responds to it on his own terms.

Nietzsche talks about the three metamorphoses of the spirit:

Three metamorphoses of the spirit do I designate to you: how the spirit becomes a camel, the camel a lion, and the lion at last a child.

Many heavy things are there for the spirit, the strong load-bearing spirit in which reverence dwelled: for the heaviest longed its strength...

All these heaviest things the load-bearing spirit takes upon itself: and like the camel, which, when laden, hastened into the wilderness, so hastened the spirit into its wilderness.

But in the loneliest wilderness happened the second metamorphosis: here the spirit becomes a lion, freedom will it capture, and lordship in its own wilderness...

My brethren, wherefore is there need of the lion in the spirit? Why suffice not the beast of burden, which renounces and is reverent?

To create new values - that, even the lion cannot yet accomplish: but to create itself freedom for new creating - that can the might of the lion do.

To create itself freedom, and give a holy Nay even unto duty: for that, my brethren, there is need of the lion...

But tell me, my brethren, what the child can do, which even the lion could not do? Why hath the preying lion still become a child?

Innocence is the child, and forgetfulness, a new beginning, a game, a self-rolling wheel, a first movement, a holy Yea.

Aye, for the game of creating, my brethren, there is needed a holy Yea unto life: its own will, now the spirit; his own world wins the world's outcast. (Zarathustra I,1)

Do you have the courage of the lion to choose to create freedom in your life with a "holy Nay" to all that has burdened you? Do you then have the ability to forget and say a "holy Yea" to all that you are as a human male with sexual drives and desires, a "holy Yea" to what you and only you enjoy and hold dear?

Only you are responsible for your life and how you view it. You are responsible for your own destiny. Believe it or not, you choose if you are an AFC or not. No one chooses for you except you. Happiness is right in front of you because it is in your mind. You need to decide whether you want to reach out and grab it or simply continue the path that takes you away from being true to yourself and what it is to be a man.

You possess the most powerful tool to power and success: the ability to choose - the will of the spirit.

You have the choice. Choose life, choose happiness, choose power.

Article 3 - You've got a secret (by Xaneus)

Xaneus' advice on how to always give out a 'money' vibe.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=15622>

You know that moment right after you get a smile from a girl, and how you seem to lift up inside? And you carry with you a little smirk because you're ego has just been stroked.

Ever notice how right after you get a look from one girl, is when you are most likely to get a look from another? How it's almost as though there were no middle ground. You can either get zero looks or six? Why is this? I have an idea.

Right after I got a look from a girl the other day, a guy came up to me and said that I had a look like I knew something, like I had a secret that nobody else was privy to. And I did have a secret. I had a girl's heart, and nobody knew it but me.

I think the reason for repeated success is this look.

Think about it. If you look like you have a secret the rest of the world will never know, it makes you appear confident and mysterious.

And women love confident and mysterious.

Article 4 - How a Don Juan Socialises (By Milesman).

Milesman, on getting girls from group approaches and how to play to an audience (not giving the exercise away am I?).

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=15906>

Many of my college friends ask how they can get girls to notice them. I tell them to be outgoing and sociable. I'll take them with me to a gathering and observe their techniques. What I often find is their inability or unwillingness to contribute in a conversation. I tell them that this is **the** easiest way to sell yourself. Let me elaborate.

Socialising is an art form that must be sculpted for one to be successful. A common mistake I find guys make is talking technical talk that few in the party will understand. Yes, he thinks he's leading an interesting conversation but rather, he is boring the masses with his monologue. A Don Juan finds a topic that all can relate to and enjoy.

When trying to approach an unknown woman in a group, I find initially talking **around** her works wonders. The indirect approach is extremely difficult to pull off and if glances, nervous smiles, and distance are not kept in check, she will call your bluff. Take note of those in her party and find connections with her friends and any acquaintances you have (Try and always have at least one). When you find mutual friends, enter their conversation. Talk to your buds and laugh and smile. Do **not** overdo it but be noticeable. Your buddy's girlfriends will introduce themselves or your friend will and as names pass, your targeted girl will come over as not to be left out. Smile coyly and keep the conversation flowing smoothly but still don't pay her too much attention. Look at her only if she speaks. As smaller chit chat circles form, find a way to be in hers. Keep talking around her but don't show any closed gestures and stay friendly. The key is to be sociable, just not with her. Be patient, she will wait awhile to see your actions. She will be intrigued with your demeanour and assume that you have status.

By this time she will be dying for you to talk to her because any other schmuck would have hit on her by now. You however are a Don Juan and keep your wits about you. Most likely she will be asking you so many questions that you don't need to do much (because you are now a man of mystery) but if she's shy, now start talking to her and another friend, each time making the conversation circle smaller and smaller until it's just you two. Then ask her related questions or how her pals know yours. This is making her comfortable with you because of mutual friends.

Keep your patience and stay relaxed. I've seen so many guys get this far and then blow it by showing too much interest too soon. If she gets up to go with her friends to the bathroom, don't trail her. She will notice. Stay where you are and talk to your friends and she will come back to you if she's interested (she is). Repeat process; add a dash of charm, she's ready for serving.

Article 5 - The ultimate club guide (by pootwo)

This is the final article for the Boot Camp. It is a good description for what to do in a club environment.

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=26523>

Part 1

That's right: *The DJ's worst enemy*... The club. Many people have said that picking up women in a club is very difficult and that all your DJ skills count for nothing. But, whether you like it or not, we are the clubbing generation, and so, I think it's very important that handling a club environment should become part of your DJ skills.

Who to go with

Just go with your best mates. Simple as that. Though, if your objective were to get yourself a lady, then I wouldn't go in a huge group. I'll explain why later.

If you have friends who don't want to go out to a club cause "it's not their scene" then, well, you have a challenge on your hands. I've been there myself, but I managed to change their minds over time. You may not be so lucky. If not, then... you may just have to find more friends.

Some people on this site have said that they go out to clubs on their own. Personally, I could never do that. I just need to be around some friends. I wouldn't recommend going alone, especially if you're not experienced with going out.

Appearance

Now, what you wear when you go to a club is always important. Some of the people I go out with usually wear scruffy clothes like baggy jeans and a hoodie. As we mainly go out on "student nights" this kind of dress is allowed. They don't really make an effort cause they just go for the drink and laughs. But remember that you are a DJ. You must stand out and take pride in your appearance. I always wear a nice shirt, nice trousers and nice shoes. It gives you a respectable look and shows you're 'a cut above the rest'.

Also, try to groom yourself properly. Shave before you go out, and do something nice with your hair.

An essential item you should **always** take with you is a pen. Try not to get a normal sized one either as they are very fiddly and it is hard to find a place to keep it on you all night. I take one of those little tiny ones that you can steal from all good catalogue or betting shops. If you don't have one of these then you could just break a biro in half.

It's also a good idea to take some small scraps of paper or tissues in your pocket for scribbling down those digits.

Drink?

This is just a small section. It's been said a lot on this site that when you go out you shouldn't drink a lot as this hinders your DJ skills. I have to disagree with this. I think drink is an important part of the going out experience.

I'm not saying that you should get absolutely wasted to the point where you can barely stand and your conversation has turned to ramblings about why Thundercats is better than He-Man (yes, I have actually done that), but you should still have enough alcohol to enjoy yourself. Besides, the more you drink the more confidence it gives you. So, I think you should drink till you're 'merry'... but try not to get completely wan*ered.

Dancing

By far the most important part of going out to a club. After all, isn't that **the** reason people go? Now, if you can't dance then this will seriously damage your chances with the ladies. But, this will only be a minor set back.

There is a magic way that **will** let you become the lord of the dance... its called **practice**. I know it sounds like hard work but if you want to be a better dancer then this is the only way.

When I first started going out clubbing I was the worst dancer you can imagine. I had no flow, I felt awkward, and my moves were very rigid and un-natural. In fact, the first time I went clubbing I was so embarrassed with my dancing that I didn't go out again for over a year! After this time when I started going out again I was still the same, but instead of hiding in my room thinking about what I could be doing to those ladies, I did something about it!

What I did

I started watching a lot of those dance music channels on TV to see what kind of moves people were doing & I tried some stuff out myself in my room in front of the mirror.

Yeah yeah, I know it's a bit sad and pathetic, but it's better to practice on your own in your room than in the middle of a crowded dance floor.

I also read a lot of things on this website about joining a Salsa dance class to improve your moves. I did this, and it was a lot of fun and gave me more confidence with my dancing.

After all this I felt nothing could stop me. I hit the clubs and danced my heart out until sweat was dripping from my body. I certainly was enjoying myself.

BUT, I had been told that what I was doing looked very gay and my dancing embarrassed some people. I looked in the mirror at my moves and I couldn't believe what I was doing. My arms and legs were making very wild and extravagant moves, but the biggest problem was my hips. They were shaking around like mad. I was dancing like a camp Ricky Martin on ecstasy in a gay club.

It seems I went from one extreme (being under confident with rigid movement) to another (over confident with too much movement). So, I toned it down. I try not to move my hips as much (if at all) and try not to put too much energy into my legs. This has improved my appearance on the dance floor by miles. I'm still not the best dancer in the world, but it's a continuous development that will probably never end. The truth is, every time I dance I improve a little on last time. Which is why **practice** is the best way to improve.

Think of it like learning to drive. The first time you're behind the wheel you don't know what you're doing. You stall it, push the pedals down to far, almost crash into a lamppost, run over old man Robinson's cat, etc. Everyone is like that the first time. But the more time you spend driving the better you get. It's the same with dancing.

I also want to add that **variety** in your moves can help you as well. In clubs **every** guy is doing pretty much the same dance, and they do the same thing all night. I like to adapt my moves to whatever song is on.

For example, if a Justin Timberlake song comes on, then I do that Michael Jackson type dance that he does. I try to adapt my style with every song. Not only will you enjoy yourself more, but for anyone watching you'll seem like a much more interesting person than everyone else doing the same generic dance all night.

So, in short, practice practice practice. It's the only way you'll improve.
And a tip: Don't go wild or over the top with your dancing... it **does** look gay.
Also, try to put some variety in your moves.

Part 2

Approaches

Ah, the all-important approach. So, you're at the club, you want some female company, but what do you do about it?

At the bar

You've just gone up to the bar to get a drink. There are some extremely hot babes to the left and right of you. What do you do? You turn to one of them, and say "alright?" with a nice smile. That's it. That's how you break the ice. Simple as that. She will almost certainly give a warm response to this, unless she's a mega bi*ch, in which case, you're better off without her. From this moment you can get through the introductions, etc. If you have trouble thinking of what to say after this though, say something like "I haven't seen you here before", which should lead to a good conversation that could go anywhere. If there is a long queue you could comment on the service, etc. There are many things that you could go with from here. Use your imagination.

On the dance floor

Right. You're dancing away with your friends in your circle. How do you get action with the ladies? (NOTE: this tip is great for people new to clubs or who are a bit shy)

As I said earlier, it's best to dance in small groups. Dancing on your own makes you look like a bit of a loser with no friends. Two people is OK, but it can look a little gay. I have found that three is the perfect number of people in your group. Four is also great, five is pushing it, and anything over that seriously damages any chances for some easy action with the girls. A large group dancing together just looks like a bunch of guys out having fun. A small group is far more approachable. I've noticed that most girls dance in groups of 3-5, so you should go for the same thing.

Now, while you're dancing away in your circle, you spot a group of girls dancing together. So, you just gradually head in their direction until you're right next to them. You could try rubbing yourself against one of them or try to break into their circle. Once you've got this far, the girls are yours!

I find this is more respectable and easier than just grinding away at the nearest woman's behind.

The "Classic" approach

This is the age-old technique that is the foundation for every DJ approach. You know the one. You're there in the club; you spot a girl you like. So, you try to establish eye contact. Once she's looking at you, you give a little smile. If she smiles back then, maybe give her a wave, then get your ass over there and introduce yourself! That's it. Simple. Eh?

Now you're dancing with the girl!

Yeah, this section should be simple common sense. I'm ashamed that I even have to post this, but believe me, I have seen girls really coming on to some guys, being very suggestive and rubbing their asses against these guys crouches... and they just stand there, doing that stepping from side to side dance with a "Oh my goodness! A girl! What do I do?!" look on their face. Most of you can just skip this part, but if that guy I just described is you... then read on.

So, you're on the dance floor, you're dancing with that hot babe you had your eye on earlier. She's doing that leg-humping thing on you, and you're grinding away at her ass. But where do you go from here?

Now, of course every situation is unique, and there are no set rules of what to do with your woman on that dance floor, but here is a rough outline of what I usually do.

You're dancing away, you've gone through the intros, and then, after dancing for a few minutes, you hold her close to you, look into her eyes, and go for the kiss. Take it nice and slowly, no tongue, unless she initiates it. Then, pull back, and smile. If she does the same then go for those lips again. This time, get that tongue in there, but do it **slowly**.

Take this opportunity to move your hand down to her ass. If she's not ok with this she'll make a polite 'no-no' gesture, but most girls will love it. After you've been doing this for a while, move your hand up her body, to her boobs. Yeah, give that baby a little squeeze.

Again, if she doesn't want this she'll indicate this to you. In which case, she probably won't go home with you tonight anyway, so it's best to number close after kissing her for a short while more.

Anyway, if she's OK with the boob squeezing, do that for a while, then move your mouth to her ear and say something like "do ya wanna get outta here?" If she says "yes", then lucky you. If not then you can either number close, or get as much now as you can, though, if she's got one of those proper dress things then you should get her number now and get yourself a drink.

If she's got a separate top on...

Carry on kissing her, etc. but, after a while, try putting your hand up her top. If she lets you do this then you've got an interesting evening to look forward to. If she lets you play with her boobs in this way then you should use your other hand to direct her hand around your body.

After doing this for a while, move your hand from her top, down her belly, and down those panties. Use those magic fingers to do their work, and guide her hand to more adventurous places. Do this for a while, then move to her ear again and say "are you sure you don't want to get out of here?" Now, if she says "no" now then she isn't coming home with you tonight. So, carry on for a bit, stop, make some excuses like "I need a drink" or "my friends will be wondering where I got to", ask for her number, and you're away.

Well, that's pretty much it I think. All the information here is based on all my experience going clubbing over the years. Good luck! I hope it's been enlightening.

Music Picks

Momma Said Knock You Out! - LL Cool J.

If that doesn't get the testosterone flowing, check your pulse you might be dead.

Betta Listen - De La Soul

The ultimate DJ line: "*I said listen dear or rabbit or whatever the hell you be, I'm not the one to embarrass but I'm the one to emcee*".

Meet me at the Copa - Saint Frank

The original clubbing anthem.

Exercises

Exercise 1

Recruits, somewhere in your town is a 9 who is about to get very lucky. This exercise is that at some stage this week you're going to see a 9 (ie the hottest a babe can appear to you without the aid of drugs). Your mission is to rock up and go for a number close wherever you happen to be whether it's

the club, the supermarket, the podiatrist, the gym, wherever! A DJ can project alphaness regardless of the situation.

Exercise 2

Here it is, guys, the biggest challenge of the DJ Boot Camp.

This week you are to go out to a social venue you like such as a club, a bar, the improv or whatever, anywhere people gather socially to mingle. But here's the rub, you have to go somewhere where no one knows you. This exercise is to go out and approach several groups of women (groups with three or more people) and close on at least one woman from those groups. Try on two or three different groups and try it in at least a couple of different clubs or bars.

"Making" social proof first can be quite handy. Meet some guys first and befriend them. It may be a better idea to meet guys who are also alone and seem confused rather than those who are already alpha males - but that is up to you. You need to be confident before going alone. My personal tip is to do a strenuous workout to get your testosterone flowing.

Social proof: When girls look at you, they expect to see you with someone. If they see you dancing alone, for example, for an extended period of time, they will know that you are alone and the only reason you are there is to either dance or pick them up. Some guys, with the correct mindset, can get away with even this and succeed. The mindset for getting away with it is the unquestionable fact that "you don't care".

Special exercise notes

You have 14 days to complete these tasks.

They are the last. You've come this far - don't stop!

Good luck gentlemen, and good hunting!

*Coming up... **the Graduation Ceremony***

DJ Boot Camp – Conclusion

Boot Camp passing out parade.

“Paraaaaaaaaaaaaade Ah-tennnn-shun!”

Sound of a hundred DJ’s snapping to attention in perfect unison.

“Those of you who have completed DJ Boot Camp have come a long way from being the frustrated, snivelling and whining average chumps who even give flowers to new dates. You were like this just a few weeks ago.”

“Many of you have made more cold approaches, closes and kinesthetical moves in the past eight weeks than you would have made in the rest of your lives put together”.

Sound of a button snapping off Ashlee’s uniform and flying into the air

“Many of you think you are the ducks gonad’s having competed your training... Wait... Pimpologist! **Do not** flirt with the audience while I am speaking! Get back on parade!”

Sound of three other DJs also scampering back into line

“However, all of you have only just begun your training. Your responsibility is now to pimp harder, mack faster, and philander nastier than any DJ has gone before you. You owe it to the next generation of those way-below chumps to share your knowledge. To never grow frustrated when they ask ‘how many days to wait’ or whether they should ask their podiatrists’ nurse out.”

Sound of Paradox getting distracted by a passing HB-9 and dropping his drill cane

“Recruits when you are dismissed, go on and take those hot babes you met last week out once more for dinner dancing and heterosexual callisthenics.”

“DJs to your duties! Dismiss!”

The eight response threads

Here are the hyperlinks to the eight response threads for you to read and add to.

- **Week 1:** Developing / Conveying Confidence
Located: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35201>
- **Week 2:** Initiating Conversations with Strangers
Located: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35202>
- **Week 3:** Approaching and Initiating Conversations with Girls
Located: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35203>
- **Week 4:** Handling Objections and Dealing with Rejections
Located: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35204>
- **Week 5:** Setting up Initial Date / What to do on First Date
Located: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35205>
- **Week 6:** Setting up Subsequent Dates / Increasing Interest Level
Located: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35206>
- **Week 7:** Building up Intimacy
Located: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35207>
- **Week 8:** Becoming the Alpha Male
Located: <http://www.sosuave.net/forum/showthread.php?s=&threadid=35208>

Where next?

Nicholas Hill, writes:

Now that you have completed the Boot Camp, or at the very least, gotten very far, you are probably wondering what to do next.

You have learned a lot, but surely not everything, about girls. The truth is this: Because you have come such a long way, you should already have an idea on what to do next.

Write a list of everything you have done with / to / on women that made you feel good, and notice how long the list is.

I hope you enjoyed the Boot Camp, and I'm about to do something strange. I'm going to write a list of problems with this style of teaching at the end, instead of putting it at the front. My reason for this is so that you can all just get on with the weeks rather than have this pathetic attitude of "its not going to work" in your head had you read this before you began.

- "Boot Camp" is a phrase associated with America. The entire programme was created by Americans, including about 90% of those included articles. This means that if you are not American, you may have had differing levels of success. For consolidation, consider the fact that I am Welsh and compiled this entire guide. I still have faith in it.
- This material may have been too *hard* for you! Its possible, but the truth is that everyone should have the very least passed weeks one and two. I quote myself from the FAQ:

Can you motivate me to get out there and become better with women?

You will die one day. You may make it to be seventy years old. You want encouragement to live nicely for the next few years? Fine. Get a calculator. Enter the number 75 – for that is the age you are likely to live to be. Take

away your current age and then take away 40. That is how many years you have to make the most of your youth, and then its old age pensions and relaxing in a house – you will get to decide over the next few minutes whether or not you spend that time alone or with a sexy wife.

The number is small, isn't it? Are you going to spend that time, from this point on, just sitting around waiting for a girl? A girl, with a rose in her mouth, knocking at your door and kneeling. A girl with perfect breasts and a tan, asking you to be her husband? You put your beer down and get off the couch, walk up to the girl and embrace her. Cuckoo, Cuckoo.

Ask any older person who is single whether or not they would change their past in any way in regards to women. Their response should be enough bloody encouragement. If you can't get off your fat backside to even ask an older person that question, then there is absolutely no way I can encourage you.

There is nothing in life more depressing than missing an opportunity. A long time ago, I didn't even try with certain women that I liked a lot. Thank God you're still young. I do.

- This material may not have been *hard enough*. Even that is possible. Maybe there was demand for a more advanced version of the Boot Camp. Maybe with half the number of weeks.

To close I say this: if you want a localised Boot Camp, or if you would like the Advanced Boot Camp, then you're going to have to persuade me. The best way of persuading me is by emailing me a course outline and to have already written up the first week in its entirety.

If you have, email me: nick@nick-hill.com
(Put "DJBC" in the subject line)

So that's it. All that remain are the appendices.

Anticipate and enjoy your future successes, guys! Become a member of the Discussion Forum and continually post your field reports and respond to requests for help. Having been out there on the field, you know more than so many other people ever could.

This is Nick, signing off.

*Consider all things: The events of the past and the possibilities for tomorrow.
Let nothing stop you from becoming the Architect of the future.*

Appendices

Important notes before reading the appendices

Nicholas Hill writes:

Everything from this point on is my own text except for the places in which I have specified otherwise. I have included promised articles from previous sections and other interesting stuff. The article on Walden's success is highly recommended reading.

Pook's supplementary article: More Womanese!

As promised from Week Five of the Boot Camp, here is the extended version of Pook's article regarding double-meanings from girls:

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=28726>

More Womanese!

Gentlemen, I have concluded that women desire THREE men. One is the man for her heart, another is the man for her words, and the third is the man in her arms!

Likewise, the cryptic code of Womanese, whose very utterance causes men to pace nervously and shakes the foundations of language, divides into three splinters: The first splinter are words she **SAYS** she has, the second are words she **THINKS** she has, and the third are words for why she **ACTUALLY** does it.

Therefore, we must look at Womanese in these three ways. **BOLD** will be what the woman is saying. REGULAR TEXT will be what the Translator is saying. *ITALICS* will be what Da Pooky is saying, and my quotes will be indented.

Do you have a girlfriend?

You are CUTE! Are you on the market?

You are certainly attentive tonight!

Is sex ALL you think about?

Do you love me?

Watch me ask for something expensive.

How much do you love me?

I did something you are NOT going to like.

We need to communicate better.

You need to agree with me more.

Smile, nod head, repeat.

I don't want to ruin our friendship!

Let me continue to tell you about all the guys I'm sleeping with.

WOMEN are the reason why Nice Guys can't get laid.

I want HONESTY. No games!

Tell me what I want to hear.

I would rather focus on my career.

Focusing on something as boring and dull as her career is MORE FULFILLING than you'll ever be.

Do what you want.

You'll pay for it later.

I don't remember how much it costs.

I'll never tell you it cost a fortune.

Let's paint the room!

You paint the room, I'm going shopping. Oh, and don't make a mess.

Uh huh

Oh, did you say something? Whatever it was, it must not have been important.

No, take out is fine for dinner.

You cheap basta*d!

I want a stable future.

I need to marry a sugar daddy!

You wouldn't understand.

I don't even understand, but I'm not going to tell you that.

Hell, we ALL don't understand.

My screen name is JennySmalt

I have nothing to hide. There is nothing exciting about me.

My screen name is DoltToMeNow69696969

If you need this explained, you aren't a guy.

*OK Mr. AFC. Since you cannot get this (and thus have no chance of becoming a guy), girlproblems.com is your home.
(Inside joke – Nick)*

So why did you and your ex break up?

What is wrong with you?

Because I was Mr. NiceGuy who skipped around in fantasy land and... No, don't tell her. Say "I dunno!"

This guy was STARING at me today. He then came over and asked me out...

She wants YOU to ask her out RIGHT NOW!

It seems she is talking about other guys, but she is actually trying to convey that she is beautiful and desirable. She wants you to see that because she wants you to ask her out NOW.

What do you think of [insert girl's name]? What do you think about that girl [insert another girl's name]?

Do I have competition?

I don't want a boyfriend now.

I don't want YOU as my boyfriend.

EVERY woman is on a lookout for a man. It's a life purpose.

I don't know. What do YOU want to do?

I can't BELIEVE you have nothing planned.

No, you are absolutely dead in the water. Congratulations, flotsam!

I'm picky!

There are no dating prospects here!

I'm VERY picky!

I'm a religious virgin girl, still under the umbrella of her parents, and demand perfection.

Can we say 'unrealistic expectations'?

Maybe [insert old woman] thought you were hot!

You are what is hot.

Women are not direct. They project their thoughts through a prop. In this case, the old lady is the prop.

Come here!

My puppy dog does this too!

And her attention scraps are "Nice Guy Chow".

This apartment is SO inconvenient!

I want a new apartment.

And I want a new girlfriend!

I want new furniture.

I want new furniture, carpeting, curtains, wallpaper...

I heard a noise!

I noticed you were asleep.

Be careful she doesn't take your covers when she gets back!

I'll be ready in a minute.

Sit back, kick off the shoes, and find a good show.

My ex...

I'm still in love with my ex-boyfriend.

NEXT!

I like you, but...

I don't like you.

It is a 'Girl's Night' tonight!

We're going to get sloppy and make fun of you and your friends.

And how does this differ from any other night of the week?

It's OK

It's NOT OK.

YOU'RE not OK.

I need space.

...without YOU in it.

I AM NOT YELLING!

This is important.

When is it NOT important?

Nothing is wrong.

Everything is wrong.

YOU are what's wrong.

I DON'T want to talk about it!

I'm still building evidence against you!

The volcano is building, ready to erupt with rhetorical smoke and vomit lava-like lies. Flee!

I'm an artist!

I'm unreliable!

And I'm poor.

I'm affectionate!

I'm possessive!

And you'll always be seen as cheating!

I'm an adventurer.

I've had more lovers than you can imagine.

And you get the baggage of her past!

I'm seeking friends first.

I'm trying to live down my reputation as a slut.

See the 'adventurer' translation

I'm mature.

I won't let you treat me like a farm animal in bed like my last boyfriend.

MOO!

I'm open-minded and outgoing.

I am desperate and loud.

She's a NICE GIRL. Hah!

Are you GAY?

Why won't you go out with me or anyone?

The highest compliment a man can receive. All women are interested in you, and YOU get to pick.

Yet, translating womanese IS NOT ENOUGH. We must be able to speak it back.

Speaking the Womanese

For this, **BOLD** will be what YOU say. Normal text will be the what is actually said while *italics*, and indented text will be the narration.

For example, if an UG is chasing you, say:

I am not looking for a relationship right now...which means...I am not looking for a relationship WITH YOU!

She will get the hint and drop off her pursuit. If she is persists,

I think of you as a sister!...*meaning*...I find sex with you as revolting as incest.

Just change the phrasing and you can deliver the womanese straight back at them. But be warned, if you say:

I am not looking for a girlfriend...which means...I do not want YOU as my girlfriend.

Women will realise that you are subtly rejecting them and they will all gang together and try to break you (provided you are attractive. You are doing the rest of the Don Juan stuff, right?). Men would just be sad and go on. But women understand their own language and accept that as a challenge.

If you are a player, you do not say, "I am a player." No, you say:

I like to meet new people and explore the adventures of life.

Translated into Womanese, this means... I like to date / sleep with many since it is part of the fun of life!

See how it works?

I think you should just embrace the pleasures that life has.

You should embrace your passion with ME.

One chick kept going after me, and I ignored her (haha). A dork came and talked to us and left. So I said,

Maybe he thought you were hot!

Which means: You are what is hot.

Her exact reply: "Why thank you, Pook!" (This is not a joke. Womanese is a real language and they do speak it. For fun, try speaking it back to them!)

*Ahh, another Womanese lesson over. **A job well done, Mr. Translator.***

You're welcome, Pook.

And remember that the best guide is your GUT!

Walden's success

Source: <http://www.sosuave.net/forum/showthread.php?s=&threadid=30105>

His reports are too much to include here for the moment. Read through it all – it shows an actual person going through the entire Boot Camp and succeeding.

His original text is included here for your viewing pleasure.

Gentlemen!

Having lurked for a while I think I've got a lot in common with the guys when they start posting here. Like most of the DJ crew I'm not a dweeb, I'm in good shape, and I have a good job that I even like, and have a lot of great friends.

And I can't meet women to save my life.

The reason is definitely in my AFC attitudes.

I know heaps of guys who are fat, scruffy and unemployed and are beating the women off with a stick! Man that is but frustrating, what am I doing wrong?

So, having read the posts from guys here who have a range of experience levels it seems that the Boot Camp program is a good start. I figure "If I do the Boot Camp at least I'm doing something about the situation".

So my plan is, I'm going to go through the entire boot camp program and record it in this thread. Hopefully

- 1) You guys with more experience will be willing to share your experiences and tips
- 2) When I'm done it'll make an interesting story about a man who progressed from AFC to DJ. It will encourage others to do the programme.

So, lets call this Day One. It's Friday, it's going to be awesome, will report back soon.

Mike.

Troubleshooting

Err, if at first you don't succeed, try try again.

The Don Juan Bible

Moderated by Nicholas Hill, contact nick@nick-hill.com

Don Juan Bible: <http://www.jbspencer.com/djb/>

Contains the largest source of the best articles for doing well with women. I am its administrator.

Sosuave

So-suave resource centre: www.sosuave.com

Don Juan Bible: <http://www.jbspencer.com/djb/>

Don Juan Discussion Forum: www.sosuave.net